

Mary's Healthy Broccoli Salad

Prep 20 min Cook 0 min - 4 Servings

Ingredients

- 1 head broccoli cleaned & cut into bite sized pieces
- 1/2 cup raisins or dates chopped
- 1/3 cup chopped red onion
- 1/4 cup unsalted raw or roasted sunflower seeds
- 1/4 cup raw cashews chopped

Dressing:

- 1/2 cup vegan mayonnaise
- 4 Tbsp apple cider vinegar
- 6 tsp date syrup or maple syrup (more or less to taste)

Instructions

Put all the ingredients except the dressing into a large bowl.

Mix the dressing ingredients in a separate bowl, adding syrup last to your taste. Pour over broccoli mixture and stir to coat.

Before serving, refrigerate for 2-4 hours and toss occasionally to mix well.