

# link

Sun City Summerlin's Monthly Magazine  
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## HOLE IN FUN!

**Friendly Cart Attendants Keep a Playful Pace at Palm Valley, Highland Falls**

**PLUS:** Budget Hearings begin; Sun City Welcomes the Home Expo,  
Shred Fair & Senior Town Hall





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## The Hot Topic is Golf



**Paul Henderson,**  
SCSCAI  
Executive  
Director

*Improving the practice area will increase revenue through higher green fees and additional outside play.*



If you attended the February 2 Board of Directors' meeting you know that golf is a "hot" topic in Sun City Summerlin. The golf course consultant had a long list of recommendations regarding our golf operations, and following his presentations your Association staff has been evaluating those recommendations. Staff felt that immediate action was warranted on a few of the recommendations, those being: 1. The development of a new Golf Summerlin Website; 2. Implementation of a dynamic pricing tool; 3. Renovation and removal of sand bunkers on Highland Falls Golf Course; and 4. Reconstruction and refurbishment of the Highland Falls Golf Course practice facilities.

**New Golf Summerlin Website on Its Way.** The Board approved the development and maintenance of a golf website by contract with 1-2-1-Marketing, a very experienced golf course website developer. The cost for the creation and maintenance of the site is very reasonable – \$219 per month. For that fee, 1-2-1-Marketing will develop a new website, provide easy tee-time booking, assist with email marketing; collect statistical details; and assist with online pro-shop sales and event registration. An improved website will help solve one of our current challenges—not enough outside play on our golf courses.

**Dynamic Pricing.** Dynamic pricing or demand pricing for our golf courses is similar to the tool used by the airline, rental car and hotel industries that adjusts the price structure taking into account seasonal demand, tourist traffic, market conditions, weather and other factors that affect the value of each individual tee time. Dynamic Pricing is supposed to maximize revenue hour by hour, and thereby maximize revenue.

The Board directed staff to research dynamic pricing tools and bring back a cost-effective solution for implementation at our three golf courses.

**Bunker Removal and Refurbishment.** Recurring complaints from Golf Summerlin golfers is the poor quality of our sand bunkers. To confirm this sentiment, the golf consultant recommended that we remove some bunkers and rebuild others. By doing this, the general feeling is that we will improve the playability of the courses and gain more repeat rounds from golfers.

**Reconstruction of Highland Falls Golf Course Practice Area.** At the gateway to the Highland Falls Golf Course, the practice area is not as attractive as it needs to be and is not functional for larger events, training, maintenance and quality practice. Improving the practice area will increase revenue through higher green fees, additional outside play, improved playing conditions and reduced maintenance expenses.

These improvements will enable us to better fill our tee sheets, while reducing the amount of revenue required from SCSCAI to pay operating costs at all three golf courses.

# link

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Our office is located in the  
Mountain Shadows Community Center

### Editorial Board

Tammy Collins, Stu Gershon, Beth Nappe, Betty Weltman, Ellen Greenspan, Ken Carocchia [SCSCAI Board Liaison]. The Editorial Board meets the fourth Friday of each month. The next meeting will be on March 25 at Desert Vista.

### Mission

The Link is the official notification of Sun City Summerlin Community Association, Inc. The primary mission of the magazine is to provide residents with information on official Association business. In addition, the Link provides unbiased communications to residents on community news, events and services. The Association provides this publication for informational purposes only and neither endorses nor promotes any of the products or services advertised herein and assumes no responsibility or liability for the statements made in this publication. We reserve the right to edit, condense and verify all articles.

### Classified Advertisements

April deadline is March 1. Advertise your items for sale at \$2 per line based on the required Classified Advertisement Form. This service is restricted to residents only and if space is available. Purchase ads at the link Office, located at Mountain Shadows Community Center, behind the fitness center overlooking the tennis courts. SCSCAI card required at purchase. No business advertisements. Ads will also appear at [www.suncitylink.com](http://www.suncitylink.com).

### Credits

link Layout: Jeff Young Design. Cover photo by D.J. Minella. Cart attendants Amber White, left, and Kathy Cornelius keep a playful pace at Palm Valley, Highland Falls golf courses.

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# STATION CASINOS

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# CONTACT **How to Contact Us**

## Get In Touch With the Board of Directors

Jim Akers, (Assistant Treasurer), Fitness: jima@scscai.com . . . . .	966-1458
Bruce Alitt, CAP: seawolf1963@aol.com . . . . .	271-4795
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Glenda Rogers, CCOC: gar929@cox.net . . . . .	255-7755
David Steinman (President): CPC: dwsteinman@cox.net . . . . .	493-9728

## COMMUNITY CENTERS

### Mountain Shadows Community Center, 9107 Del Webb Blvd.

Administration Office, Mon.-Wed & Fri., 8 a.m.-5 p.m., Thu. 8 a.m. - 7 p.m. .	966-1401
Social Monitor Station, Mon.-Sat., 8 a.m.-10 p.m., Sun., 8 a.m.-9 p.m. . . .	966-1410
Fitness Monitor Station, Mon.-Sun., 6 a.m.-9 p.m. . . . .	966-1414
Community Standards, Mon.-Fri., 8 a.m.-4:30 p.m.. . . . .	966-1411

*(Includes CC&R/Architectural Review Committee)*

Facility Maintenance, Mon.-Fri. 6:30 a.m.-3 p.m. . . . .	966-1417
Link Magazine, Mon.-Fri., 8 a.m.-4:30 p.m . . . . .	966-1436
Library, Mon.-Sat., 8 a.m.-10 p.m., Sun. 8 a.m.-9 p.m. . . . .	966-1410

### Desert Vista Community Center, 10360 Sun City Blvd.

Community Services, Mon.-Fri., 8 a.m.-4:30 p.m. . . . .	363-3581
Room Scheduling, Mon.-Fri., 8 a.m.-4 p.m. . . . .	363-4790
Social Monitor Station, Mon.-Sat., 8 a.m.-10 p.m., Sun, 8 a.m.-9 p.m. . . . .	363-1341
Fitness Monitor Station, Mon.-Sun. 6 a.m.-10 p.m . . . . .	363-1278
Director of Fitness, Mon.-Fri., 8 a.m.-4 p.m. . . . .	363-1486

### Pinnacle Community Center, 2215 Thomas Ryan Blvd.

Social Monitor Station, Mon.-Sun., 8 a.m.-8 p.m. . . . .	240-1301
Fitness Monitor Station, Mon.-Sun., 6 a.m.-8 p.m. . . . .	240-1326
The Summit, Mon.-Sun., 8 a.m.-9 p.m. . . . .	240-1313

### Sun Shadows Community Center, 8700 Del Webb Blvd.

Fitness Monitor Station, Mon.-Sun., 6 a.m.-8:30 p.m.. . . . .	363-1719
Library, Mon.-Sun., 6 a.m.-9 p.m. . . . .	363-1719

## GOLF COURSES (Open 1/2 hour after daylight)

Highland Falls, 10201 Sun City Blvd., Mon.-Sun., Closes 6 p.m. . . . .	254-7010
Palm Valley, 9201 Del Webb Blvd., Mon.-Sun., Closes 6 p.m. . . . .	363-4373
Eagle Crest, 2203 Thomas Ryan Blvd., Mon.-Sun., Closes 6 p.m. . . . .	240-1320
Golf Course/Landscape Maint., Mon.-Fri., 6 a.m.-3 p.m. . . . .	363-7655

## RESTAURANTS

Five Star Tavern at Palm Valley G.C., Daily, 24/7. . . . .	363-5330
Tavern at the Falls at Highland Falls G.C., Daily, 6:30 a.m.- 5:30 p.m. . . . .	254-1581

*(Kitchen closed 3:30 - 4:30 p.m.)*

Summit Snack Bar at Eagle Crest G.C., Daily, 6 a.m.- 5 p.m. . . . .	240-1313
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## SECURITY PATROL

Located at the rear of Desert Vista, 10362 Sun City Blvd. 24-hour service . . 254-2303

## SEND US AN EMAIL

Several Sun City Summerlin departments have added email addresses to their contact information to give residents an additional way to get in touch. Please add these email addresses to your list of contacts to help us serve you better. (email addresses are not case sensitive.)

- allgolf@suncitylv.com
- bod@suncitylv.com
- communitystandards@suncitylv.com
- programs@suncitylv.com
- securitypatrol@lvcoxmail.com
- summitrental@suncitylv.com

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# FINANCE **Finance Committee**

## Association to Review Proposed Budgets, March 14-16



**Ken Resnik,**  
Finance Committee  
Chairman; Treasurer,  
SCSCAI Board of  
Directors

The formal budgeting process began on January 25 with budget preplanning meetings between our executive director and the department heads. The next step in the process will take place on February 25 at the Finance Committee meeting, 1 p.m., Desert Vista. It will deal with the result of the preplanning meetings and assist in developing the proposed budget.

Hearings on the details (line items) of the proposed budget will be held over three days, March 14-16, from 9 a.m. to 2 p.m., in the Committee Room at Desert Vista.

The Finance Committee will meet on March 24 at 2 p.m. to review the result of the

hearings and make its recommendations concerning the budget to the Board of Directors

On April 5 the proposed budget will be presented to the Board for approval. Since the Board will have participated in the budget and Finance Committee hearings, there is every likelihood that the budget will pass on April 5 or very shortly thereafter. All members will receive a summary of the proposed budget and notification of the Board's approval before April 30.

On June 28, the Board will meet to obtain member ratification of the new budget for the fiscal year of July 1, 2016, to June 30, 2017.

### 2016-2017 SUN CITY SUMMERLIN BUDGET DISCUSSION SCHEDULE

Monday, March 14 – Golf

Tuesday, March 15 – Landscaping, Building Maintenance and Administration

Wednesday, March 16 – Food & Beverage, Information Technology, Security, Community Services, Fitness and the Link.

## LOOK AHEAD WITH RENEWED VISION!



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# FOOD & BEVERAGE

By Barbi Meinel, SCSCAI Food & Beverage Manager  
Photos by D.J. Minella

## FOOD

### Team Spirit Helps Boost Golf Experience

If you golf in Sun City you may have met our cart attendants on the course or grabbed a drink at The Summit Snack bar. Perhaps while taking advantage of golf's year-round twilight rates you have enjoyed an early dinner at Tavern at the Falls after a late round? If so, fantastic. But if not, I wanted to give you the opportunity to meet some of our team members and learn about the ways Sun City Summerlin Food & Beverage helps support our great golf community.



Above: Anthony Marrone puts a sweet twist on a classic Manhattan with Honey whiskey at The Summit.

I am excited about some simple improvements that have enhanced service on the golf course. We now offer refreshment carts every day at Palm Valley and Highland Falls golf courses. Although our executive course at Eagle Crest does not have a refreshment cart, it has a snack bar that offers more healthy, grab-and-go snacks along with the popular pizza menu.

At the eighth hole at Highland Falls and Palm Valley, golfers will see new signs reminding them to call in their food orders for a quick pickup at the turn. In addition, our cart attendants have menus and can help you place an order.

### **Quiet, Please!**

Have you ever had the experience of putting on the green with your group and waved off one of the refreshments carts only to see that they park and wait for you to finish your round? They do this because they are trained to let golfers play their game in silence. Our carts can be a little loud and we are very conscious of being courteous to our golfers so that they can have the best experience possible.

Next time you're out on the course, come meet our friendly refreshment attendants. Amber White has been with us since last fall. She is a mother of three young boys and is currently adopting two of her nephews. She brings Southern hospitality to Sun City and will brighten anyone's day. Our own Sun City resident Kathy Cornelius moved here with her husband, Darryl, in 2013 from Cannon Beach, Ore. She retired in 2007 from sales and marketing. Kathy is an avid walker and you can see her power-walking the hills of Sun City when she is not golfing or attending her cart. Kathy's positive energy and smile is infectious.

Are you new to golf or thinking about starting? If so, then you have something in common with Anthony Marrone, our lead server at The Summit Snack bar. Anthony joined the Army after high school and is now studying business full time at CSN. He started golfing in the spring when he started working here and plays at Eagle Crest on his days off. Come meet Anthony every Friday Night during the popular Band Night concerts in the main room at The Summit, from 7:30 to 9 p.m. There is a \$10 cover charge and a one-drink minimum with dancing and live music.

### **TAVERN AT THE FALLS**

#### Tavern Twilight Special

One free draft beer, house wine or soft drink with any meal that costs \$5 or more.

One discount per person in household (couple or single only).  
Must present coupon at checkout. Good from March 1-31  
Management reserves all rights.



*Cocktails anyone? Cart attendants Kathy Cornelius, left, and Amber White stock more than beverages and snacks on their carts. Kathy can help hungry golfers place their food orders at Hole No. 8 on Highland Falls, while Amber keeps an eye out at Palm Valley.*

### **\$2 SUMMIT SNACK BAR SPECIALS**

Mexicali Beer, \$2. Buy two watermelon beers for \$2. Honey whiskey drinks, \$2.

While supplies last. Management reserves all rights.

Buy one drink and get one drink free of equal or lesser value.  
Limit one discount per coupon. Must present coupon at checkout.  
Good from March 1-31.

### **GOLF COURSE SPECIAL**

#### VALID WITH CART ATTENDANT ONLY.

**Buy one item and get one item free**  
of equal or lesser value. Limit one discount per  
coupon. Must present coupon at checkout.  
Valid only at Palm Valley or Highland Falls golf courses  
Good from March 1-31. Management reserves all rights.

# HAPPENINGS **RSVP for SCSCAI Events and More**



## **11th ANNUAL HOME EXPO 2016**

**Saturday, March 5, 9 a.m. to 2 p.m.**

*Desert Vista Ballroom*

### **Free Admission**

It's that time of year to talk with the experts. We're bringing an entire home-remodeling showcase to the Desert Vista Ballroom so you can get all the information you need without leaving your community. Are you looking to remodel your home and give it a fresh new look? Do you need new lighting? Awnings? or are you just ready for a change? Representatives will be on hand to answer your questions, conduct demonstrations and show you some of their products. Don't miss this great opportunity to check out some creative ideas for your next home-improvement project.



## **FASHION SHOW MALL**

**Thursday, March 10**

*Bus departs Pinnacle at 9:45 a.m.; returns at approx. 3 p.m.*

### **\$10 per person includes transportation only**

What could be better than shopping, eating and hanging out with your friends from Sun City? It's a great time to take advantage of a wonderful array of the finest department stores in the world: Neiman Marcus, Saks Fifth Avenue, Dillard's, Macy's, Nordstrom, Forever 21, and more than 200 spectacular and unique specialty shops. Enjoy casual to upscale dining at California Pizza Kitchen, The Capital Grille, Grimaldi's Pizzeria, Johnny Rockets, Maggiano's Little Italy or the food court.



## **THE MOB MUSEUM**

**Thursday, March 17**

*Bus departs Pinnacle at 9:30 a.m.; returns at approx. 12:30 p.m.*

### **\$35 per person includes guided tour and transportation**

The Mob Museum is housed within the historic former federal courthouse and U.S. Post Office building and includes three floors of exhibition space. Take a guided tour of the museum, where fascinating stories are brought to life through one-of-a-kind artifacts and interactive touch screens. Visitors can "shoot" a simulated Tommy gun, listen to real FBI surveillance tapes on wiretapping equipment and take part in FBI weapons training. The interactive exhibits provide an insider's look into many of organized crime's biggest names, including Alphonse Capone, Meyer Lansky, Charlie "Lucky" Luciano, Sam Giancana, Tony Spilotro and John Gotti.



## SPRING GARAGE (AND ARTS & CRAFTS) SALE SIGN-UP DAY

**Wednesday, March 23, 8 a.m. · Desert Vista**

*\$30 per space · \$10 to rent a 6-foot table with two chairs*

Calling all garage-salers! Calling all artists and crafters! Come on down and get in the early bird line at Desert Vista to sign up for one or more parking spaces. The popular Sun City Summerlin Annual Garage (and Arts & Crafts) Sale is planned for **Saturday, April 30, 7 a.m. to noon**, at the Mountain Shadows parking lot. Clean out your cupboards, show off your talents, sell your crafts, make a few bucks and have some fun. Spaces are available and sold to Sun City residents only. No prepared food sales allowed. Please bring a check or the exact cash. **NO REFUNDS.**



## “GOLDEN ERA BANDSTAND”

**With Art Vargas and Laura Shaffer**

**Thursday, March 31, 7-9 p.m. · \$18 per person**

*Desert Vista Ballroom. Doors open at 6:30 p.m.*

Las Vegas entertainers Art Vargas and Laura Shaffer with a live, swinging band take you down memory lane to the music and style of the great dance bands of yesteryear in era of the 1940s and 50s. For your dancing and listening pleasure this show swings with the music of Bobby Darin, Louis Prima & Keely Smith, Frank Sinatra, Peggy Lee and more. There will be a cash bar. Seating is first-come, first-served. Tickets may be purchased online at [www.scscai.com](http://www.scscai.com), as well as at the Desert Vista, Mountain Shadows and Pinnacle community centers.



## APRIL DANCE FEATURING “LOVE, SWEAT & TEARS”

**Saturday, April 9, 7-9 p.m. · Doors open at 6:30 p.m.**

*Desert Vista Ballroom · \$10 · Doors open at 6:30 p.m.*

Get ready for the sounds of one of the most successful bands of all time. Love, Sweat & Tears pays homage to the band that beat The Beatles out of a Grammy for Album of the Year. Dance to the iconic jazz/rock songs of “You Made Me So Very Happy,” “Spinning Wheel” and “When I Die.” Throw in a little comedy interaction with this very popular eight-piece band, including four horns, drums, keys, guitar and bass. There also will be light snacks, coffee and a cash bar. Seating is first-come, first-served. Tickets are available at the Desert Vista, Mountain Shadows and Pinnacle community centers.

Transportation to all events is provided. All bus trips depart from the Pinnacle parking lot, east of the softball field, near the posted signs. Unless otherwise specified, driver gratuity is not included in the ticket price. Tickets may be purchased at Desert Vista, Mountain Shadows and Pinnacle community centers; cash or checks only. No credit cards.



## SUN CITY SUMMERLIN ARTWALK

**Saturday, April 9, 10 a.m. to 5 p.m.**

**Sunday, April 10, 10 a.m. to 5 p.m.**

*Mountain Shadows Community Center*

### Free Admission

Sun City Summerlin brings ArtWalk to the community, a weekend celebration of artwork and fine crafts. Formerly held at the Trails Village Center, the Summerlin ArtWalk has brought together some of the finest artisans from southern Nevada, as well as California, Arizona, Utah and Colorado. Art categories include painting, mixed media, sculpture, jewelry, and glass and unique crafts. According to Mark Vranesh, local artist and show organizer, "Mountain Shadows Community Center is the perfect location for the ArtWalk, a 16-year tradition in Summerlin."



## GOLDEN NUGGET LAUGHLIN

**Thursday, April 14**

*Bus departs Pinnacle at 8:30 a.m.; returns at approx. 6:30 p.m.*

### \$15 per person

Get away for a nice relaxing day at the Golden Nugget by the Colorado River. Enjoy a leisurely day of gambling and shopping. Sit back and relax while we do the driving. The trip includes transportation and \$5 food voucher that may be used in The Deli, Claim Jumper or Bubba Gump's Shrimp. You must sign up for a Players Card in order to receive the food voucher.

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Hollywood Walk of Fame



## LOS ANGELES FASHION DISTRICT, HOLLYWOOD WALK OF FAME AND GRIFFITH OBSERVATORY

**Monday, May 9**

*Bus departs Pinnacle at 7 a.m.; returns at approx. 12:30 a.m.*

**\$65 per person includes chaperone and transportation only**

California, anyone? See itinerary below (times are approximate):

- 7 a.m. Depart Sun City
- 9:30 a.m. Breakfast stop in Barstow
- 10:15 a.m. Depart Barstow for Hollywood, Calif.
- 12:15 Lunch and L.A. Shopping District
- 3 p.m. Depart L.A. Shopping District for Grauman's Chinese Theater
- 3:30 p.m. Grauman's Chinese Theater, Hollywood Walk of Fame, Hollywood Sign
- 5 p.m. Dinner at Walk of Fame
- 6 p.m. Depart Hollywood for Griffith Observatory
- 6:30 p.m. Griffith Observatory
- 7:30 p.m. Depart for Las Vegas
- 9:30 p.m. Restroom stop in Barstow
- 10 p.m. Depart Barstow for Sun City

# TECHNOLOGY Information Technology

## Behind-the-Scenes Projects Boost Service, Cut Costs



**Leo Crawford,**  
IT Committee  
Chairman

**T**he Information Technology Committee recommends to the SCSCAI Board of Directors new projects that will improve the operations of Sun City. One of the great things about advances in IT is that new technologies often can be cheaper, better and faster, and that is what the IT Committee does when it looks for ways to use IT to improve services to our staff and residents.

Many IT projects are very technical in nature and not readily seen by our residents. Examples include projects for improving our computer backups and making better use of our servers. Other projects directly benefit our residents – for instance, buying Starbright tickets online with reserved seating. No more standing in line before each performance hoping to get a good seat! The most recent IT project that the

Board approved was the replacement of the SCSCAI telephone system that will save about \$30,000 per year while providing a more feature-rich telephone system.

And there are more projects being looked at. To name just two, the IT Committee is exploring implementing WI-FI at SCSCAI facilities and installing electronic message boards.

SCSCAI is lucky to have an IT Committee that has members who have a wealth of knowledge and experience that they are willing to contribute to help improve our Association. Our members have incredible backgrounds in IT that have indeed made IT support cheaper, better, faster with more to come.

Drum roll please: A big thanks to our committee members Sy, Jim, Chuck, George and Tom.

## Emily L. Fant, M.D.

Dr. Emily Fant was born and raised outside of Cleveland, Ohio. She attended Wellesley College in Wellesley, Massachusetts, where she earned freshman honors and was elected to the Sigma Xi Honors Research Society. She attended the Boston University School of Medicine and completed her ophthalmology training at Tufts University in Boston. Dr. Fant was awarded the Charles Preefer Prize for Outstanding Research and was chosen to be Chief Resident during her last year in training.

Dr. Fant was Board Certified by the American Board of Ophthalmology in 1987. She practiced in the Boston area, where she also served as Teaching Clinician for ophthalmologists-in-training at Tufts and Harvard Medical School.

Dr. Fant's hobbies and interests include: cooking, music, tennis, skiing, and traveling around the U.S. and Europe on bicycling trips a few times a year. Additionally, Dr. Fant is scuba-certified.



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## Do You Know About the Great Options You Have in Sun City?

*As a resident, you get perks at the golf and pro shops*



**Donny Long,**  
Director of Golf

**A**s a Sun City resident with a valid Association card, you are entitled to several perks at the Association-owned golf and pro shops that include:

- ◆ Discounted guest green fees for family and friends, whether you play golf or not.
- ◆ Discounted twilight rates all 12 months of the year.
- ◆ A 20 percent discount on all regularly priced apparel in the golf shops.
- ◆ Gift cards for merchandise/green fees. This amenity is coming soon. Stay tuned for details.
- ◆ Practice facilities at all three locations.
- ◆ Free clinics throughout the year for Sun City residents.
- ◆ PGA-certified teaching professionals at all three locations for individual lessons.
- ◆ 9&Wine events once a month from February through June.

- ◆ Beautiful views from our restaurants overlooking the lakes, mountains and city.
- ◆ Residents can go to [www.SCSCAI.com](http://www.SCSCAI.com) to reserve tee times online.

## Hole-In-Ones

<b>Robert Van Schoick</b> Eagle Crest Hole No. 16 January 13	<b>Richard Burton</b> Palm Valley Hole No. 3 January 18	<b>Terry Yeager</b> Eagle Crest Hole. No. 4 January 20
---	--	---



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# HEALTHY Health and Fitness

## Eat Right for a Long & Healthy Life

*Food is about 25-30 percent of the reason why certain people live longer.*



**Kristie McWhorter**, MS, CPT, GFI, Director of Fitness  
[kristiem@suncitylv.com](mailto:kristiem@suncitylv.com)  
[fitness@suncitylv.com](mailto:fitness@suncitylv.com)

**E**ver wonder why some people live longer? Research shows that food is about 25-30 percent of the reason why certain people live longer. Eating a plant-based diet with minimal processed foods and eating less is the key to good nutrition and living longer. The Japanese, for example, follow a principle called hari hachi bu, which means eat until you're 80 percent full. By the time your brain catches up with your stomach, you will be full!

Here are some tips, from people who live the longest:

**Eat from a smaller plate or bowl.** A standard 3-ounce serving of protein (the size of a deck of cards) is dwarfed by our 12-inch plates. A half-cup of pasta (the size of a billiard ball) barely covers the bottom of our oversized pasta bowls. Use a small bowl and a salad plate for your meals, and you won't feel deprived.

**Eat less meat.** You don't have to swear off meat completely. Just forgo the beef, chicken or pork one or two nights a week. You'll save money and consume less fat and cholesterol.



### Keep healthy food around and ready to eat.

Wash and chop up veggies, display fruit on the counter in a bowl, and cook healthy whole grains in batches so they're ready to eat. Keep dips and salsas on hand for guilt-free dipping. Veggies and low-fat dip or hummus are suddenly more appealing when you can just grab them and go.

**Eat whole food.** The closer a food is to its original state, the better it will be for you. You can make pasta with a fresh tomato sauce in the time it takes to make a box of macaroni and cheese, but you'll feel much better after you eat it.

It's never too late! With a few small changes, we can all add years to our lives.

## MARCH GROUP FITNESS CLASS SCHEDULE

*Effective Tuesday, March 1*

	MON	TUE	WED	THU	FRI
<b>8 A.M.</b>		Walking Group @ DV		Walking Group @ MS	
<b>9 A.M.</b>	Body Sculpting Doris		Core Strength & Balance Doris		
<b>10 A.M.</b>	Sit & Be Fit* Doris	Sit & Be Fit* Charli	Sit & Be Fit* Doris	Sit & Be Fit* Kristie	Sit & Be Fit* Charli
<b>11 A.M.</b>	Body Sculpting Doris	Int. Body Sculpting Charli	Body Sculpting Doris	Int. Body Sculpting Kristie	Body Sculpting Charli

All classes are held at Desert Vista and are subject to change. See [www.scscai.com](http://www.scscai.com) for updates.

- ◆ Please check with your physician before starting an exercise program.
- ◆ Classes are free to residents and guests.
- ◆ Class space is limited due to safety reasons.
- ◆ Please pick up a numbered ticket from the Fitness Monitor no more than 30 minutes prior to class. Resident must be present. No cards will be held.
- ◆ No back-to-back classes.
- ◆ Classes are 50 minutes long and are closed 3 minutes after they begin
- ◆ Participants must wear appropriate workout clothing and athletic shoes.

- ◆ Please bring water and a towel to class for your health, safety and comfort.

◆\*Priority is given to participants of limited physical abilities and to those who require a chair for a majority of their activities.

**Body Sculpting:** Use dumbbells, bands, tubing, body bars, gliding discs and balls to tone, shape and strengthen the muscles of your upper and lower body. All fitness levels are welcome. *Increase the intensity of your workout with the Intermediate Body Sculpting class!*

**Core Strength & Balance:** A standing and floor class that will focus on strengthening your core and improving your balance using gliding discs, tubing and dumbbells.

\***Sit & Be Fit:** Easy on the joints, this class is gentle yet effective. You will use dumbbells, bands and other fitness toys to develop your muscular strength and flexibility as you move all your joints through an appropriate range of motion **while seated**.

**Walking Group:** Join us on a morning walk around our community. A fitness specialist will guide you through a dynamic warmup and stretches, then send you on your way giving you a pre-determined route between 2 and 4 miles long. When you return you will be guided through a stretching routine.

**Walking Bootcamp** occurs during the 2nd and 4th weeks of the month. A shorter route is wmingled with fun strength exercises and led by a fitness specialist.

## Seminars and Events

### IMPORTANT INFORMATION ABOUT SEMINARS

All seminars are held at Desert Vista and require **advance registration** with the Social Monitor at the Desert Vista, Mountain Shadows or Pinnacle community centers **beginning the first of the month**, unless otherwise indicated. **Space is limited.**

#### Your Diabetic Feet

*Tuesday, March 8, 12 noon*

Peter Bregman, D.P.M., from the Foot, Ankle and Hand Center, will be here to discuss diabetic neuropathy and current trends in the diagnosis and treatment of this troubling condition. Light refreshments will be provided.

#### You Are What You Eat – Lunch & Learn

*Thursday, March 10, 12 noon*

Join Monica Serna, R.D., Clinical Nutrition Manager for the Valley Health System, as she explains why eating a colorful diet with lots of fruits and vegetables is the way to go to get our daily nutrients. She also will discuss how nutrition supports a healthy lifestyle. Lunch provided by Summerlin Hospital. Advance signup required with any Social Monitor.

#### Insomnia

*Friday, March 11, 12 noon*

Richard Kyo Mitchell, O.M.D., will discuss the problem of insomnia, how the quality of sleep declines as a person ages, and what can be done to improve your sleep. Sleep has a profound effect on health and well-being and can be a factor in physical and mental deterioration. Light refreshments will be provided.

#### What You Need to Know About Colon Health

*Tuesday, March 15, 12 noon*

Doctors Andrew Kim, Gary Chen and Christian Stone from the Comprehensive Digestive Institute of Nevada and the Durango Outpatient Surgery Center will be here to talk about the importance of colorectal screenings in protecting your overall health. Colorectal cancer is the second-leading cause of death in the United States, yet it is one of the most preventable forms of cancer. Learn about simple steps you can take to reduce your risk. Light refreshments will be provided.

#### UNLV Mobility Study

*By Appointment: Wednesday March 16, 1-4 p.m.*

Help the Physical Therapy Department at UNLV learn more about “Walking Function and Mobility of Older Men and Women.” Are you over the age of 50? Can you walk 150

feet without help from others? Then come to the Desert Vista Social Monitor and sign up for an appointment to assist UNLV collect data for a research study. The appointment should take no longer than 20 minutes and consists of a Timed Up & Go (TUG) test and a 6-minute walk test.

#### Diabetes and Your Eyes

*Tuesday, March 22, 12 noon*

Diabetes-related eye conditions are a leading cause for decreased and lost vision in the U.S. Join our friends from the Brimhall Eye Center to learn about different eye conditions associated with diabetes and what you or your loved ones can do to prevent and treat these conditions. Light refreshments will be provided.

#### Planning a Good Goodbye

*Thursday, March 24, 12 noon*

Laura Sussman from Kraft-Sussman Funeral Services will join us to talk about the legal, religious and social aspects of funeral planning. Don't leave the planning of your funeral to others – let your goodbye reflect your wishes. Light refreshments will be provided.

#### ARE YOU A HEALTH NUT?

Share your story with us by contacting the Fitness office at 363-1486.

#### MR. GYM ETIQUETTE

Treadmills are wonderful for keeping us moving when the weather outside isn't welcoming, but please remember the following safety guidelines: 1.) Wear the safety clip to stop the treadmill in the event of an emergency; 2.) Mount and dismount from the side decking instead of the rolling tread area and 3.) Straddle the belt, standing on the side decking, when starting the machine for your workout.



#### EQUIPMENT ORIENTATION CLASSES

Learn how to use the strength and cardio equipment properly and safely in each fitness center. A fitness specialist will demonstrate proper equipment usage and answer your exercise questions. Classes are limited to five participants and are 60 minutes long. **Participants must wear closed-toe, closed-heel shoes. Advance signup is required with the Fitness Monitor prior to the day of class.**



#### WEEKLY IN MARCH

Desert Vista – Tuesdays, 1 p.m., Wednesdays, 10 a.m.  
Mountain Shadows – Thursdays, 10 a.m.  
Pinnacle – Fridays, 10 a.m.

# HEALTHY Health and Fitness

## Charli's Corner

*The One Exercise That Will Save Your Dignity*

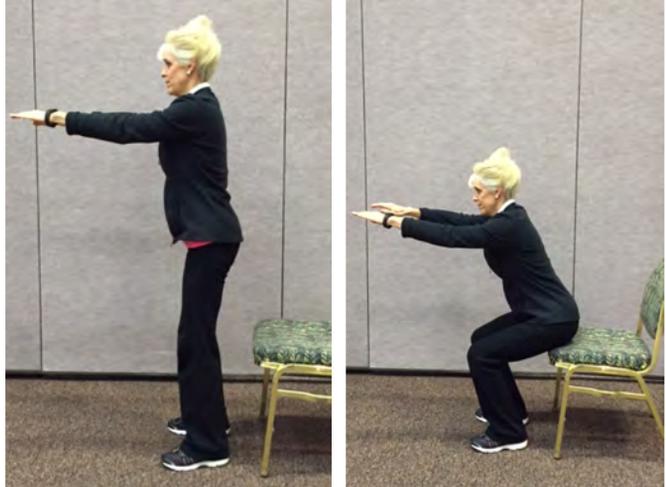


**Charli Sue Douglass**  
SCSCAI Fitness Specialist, CPFT, GFI

**S**quats are one of the most effective exercises you can do in your daily life. Doing a proper squat helps to strengthen your entire body – joints, bones and muscles – increases your flexibility and helps you to stay independent and strong.

### How to do a Proper Sit to Stand Squat:

1. Stand with your back to a sturdy chair, about 12 inches in front of the chair. Your feet should be slightly wider than your hips, toes turned outward 5 to 15 degrees. Look straight ahead, put your arms straight out in front of you, keeping your back straight.
2. Bend at your hips, pushing your butt back toward the chair. Keep sending your hips backward as your knees begin to bend. It's important to start with your hips, followed by your back and knees. Stay centered over the middle of your feet. (I call this position the PPP, "porta-potty position.") If you lead



your squat with your knees, you will end up making a mess on your shoes!

3. Touch the chair with your butt without sitting. Keep everything tight and push yourself back up off the chair by pushing through the heels and balls of your feet, keeping your knees over the center of your feet. Stand and repeat.

If you can't quite reach the chair, go as far as you can and make touching the chair your goal. Practicing your squat will make you stronger and may keep you from having to call someone to help lift you off the potty, saving your dignity. Happy squatting!

## March 2016 Pool Schedule

### Desert Vista Fitness Center

(Indoor and Outdoor Pool & Spa – Salt)

Hours: Monday – Sunday 6 a.m. to 10 p.m.

Children: Monday – Sunday 1 – 4 p.m.

*(Indoor pool only)*

Aquacize: Monday – Saturday 8 – 8:45 a.m.

Monday – Saturday 7 – 7:45 p.m.

Arthritis: Tuesday & Thursday 10:30 – 11:30 a.m.

Swim Club: Mon., Wed., Fri. 9 – 10 a.m.

Lap Swim: Monday – Sunday 6 – 8 a.m.

Monday – Sunday 4 – 6 p.m.

*(Indoor pool lanes 1-3 reserved for lap swimming and lane 4 reserved for walking during lap swim times)*

**Outdoor pool and spa CLOSED for the season.**

**Children must be 42" tall without shoes.**

### Pinnacle Fitness Center

(Outdoor Pool–Salt, Spa – Chlorine)

Hours: Monday – Sunday 6 a.m. – 8 p.m.

**Outdoor pool and spa CLOSED for the season**



### Sun Shadows Fitness Center

(Indoor Pool & Spa – Salt)

Hours: Monday – Sunday 6 a.m. – 8:30 p.m.

Aquacize: Monday – Saturday 8 – 8:45 a.m.

Monday – Saturday 10 – 10:45 a.m.

WateRobics: Monday – Friday 9 – 9:45 a.m.

Mon., Wed., Fri. 1 – 1:45 p.m.

Lap Swim: Monday – Sunday 6 – 8 a.m.

Monday – Sunday 4 – 6 p.m.

*(Lanes 2-4 reserved for lap swimming and lane 1 reserved for walking during lap swim times)*

### Mountain Shadows Fitness Center

(Outdoor Pool & Indoor Spa – Salt)

Hours: Monday – Sunday 6 a.m. – 9 p.m.

**Outdoor pool CLOSED for the season**

## TENNIS BALL MACHINE

**Tuesdays 1:30 to 4:30 p.m.**

Practice on your own or with a friend with our tennis ball machine. The cost is \$4 per half hour for up to three people. Advanced signup is required at the Mountain Shadows Fitness Center.

## BLOOD PRESSURE SCREENINGS

*Provided free by Summerlin Hospital at our fitness centers:*

**1st Wednesday** 9 to 10 a.m., Mountain Shadows

**2nd Tuesday**, 9:30 to 10:30 a.m., Sun Shadows

**3rd Wednesday**, 9 to 10 a.m., Desert Vista

## FEE SERVICES

### CERTIFIED PERSONAL TRAINERS

All trainers are insured and certified through nationally accredited programs and are authorized to train residents in all Sun City fitness centers.

**Cece Ceccarini** - Balance & Personal Trainer - 326-3236

**Daria Clarke** - Personal Fitness Training - 375-7154

### MASSAGE THERAPY

**Molly Sher, L.M.T.** - \$60 per 1 hr, no gratuity - 240-1327, L.V.  
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# Walk Into Spring 5K!

*Celebrate spring with the Sun City Summerlin Fitness Department! Our exciting day will start with a 5K and 1-mile walk and continue with free health screenings provided free by Summerlin Hospital and other local doctor's offices.*

### EVENT SCHEDULE (Subject to change)

- 7:30 a.m. Check-in for 5K and 1-mile walk
- 8:00 a.m. Walk into Spring begins
- 8:30 a.m. Exercise equipment demonstrations  
Health screening (available through noon)

Sign up **FREE** for the 5K and 1-mile walk by Wednesday, March 16, with any Social Monitor and receive a goodie bag. Last-minute registrations are welcome, but does not guarantee a goodie bag. Bags will be distributed after the walk.

  
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*For more information, call  
Kristie McWhorter, SCSCAI  
Fitness Director 363-1486*

## Coffee With the Board

*March 18, 10:30 a.m. · Desert Vista*  
Residents are welcome to address the Board of Directors in a casual setting. While Board members are not allowed to vote on issues during the meeting, they are able to share background information on key decisions, answer questions and ask a few of their own. Sweets and coffee are served.



## Driver Safety Program · Desert Vista

Wednesday, March 9, 8:30 a.m. · Wednesday, March 23, 5:30 p.m.  
Tuesday, April 5, 12 noon

*\$15 AARP members · \$20 non-members by check to AARP*

Drop by the Desert Vista monitor station to sign up for this classroom refresher designed for those 50 years old and over. Improve your knowledge of traffic laws, learn to anticipate the actions of other drivers, and identify and correct poor driving habits. Upon completion of the four-hour course taught by an AARP-certified instructor, you will receive a certificate that may qualify you for an insurance premium reduction for up to three years. Max: 30. Signup available now at Desert Vista.

## Shredding Event Set for March 19

10 a.m. to noon

*Mountain Shadows parking lot*

Spring cleaning gets under way this month when Las Vegas City Councilman Stavros Anthony brings the popular shredding event to Mountain Shadows. Residents can drive their cars or golf carts up to the shredding trucks and drop off up to five boxes for disposal. Limited coffee and doughnuts will be available. Shredding services are provided by Opportunity Village.



## Free HOA Class to Cover Renters, Responsibility and Bullying

The Office of the Ombudsman, Real Estate Division, will offer a free class on understanding a board's responsibility to the Association, as well as volunteering, frustrations of the board, renters and bullying. The class will take place on Tuesday, March 15, 3-5 p.m., Room 3, Desert Vista. No RSVP required.

## RELIGIOUS SERVICES DIRECTORY

### Mountain View Presbyterian · 341-7800

Pastor David W. Dendy · 8601 Del Webb Blvd.  
Sundays, 8:30, & 10:30 a.m.

### St. Andrew Lutheran · 255-1990

Rev. Phillip Shuart · 8901 Del Webb Blvd.  
Sundays, 8:30, 10 a.m. · Sunday School 10 a.m.

### S.C. Community Church · 255-PRAY (7729)

8560 Del Webb Blvd. · Sunday Worship 11 a.m.  
Bible Study Sunday 9:45 a.m., Tuesday 1:30 p.m.

### Temple Bet Emet · 240-3719

Rabbi Craig Rosenstein, Janet Seidel  
1st & 3rd Fridays, 7:15 p.m., Mountain Shadows

### Temple Bet Knesset Bamidbar

President Steve Commander, 304-1768,  
Rabbi Emeritus Hershel Brooks 256-9433  
2nd & 4th Fridays, 7:30 p.m. at Desert Vista

## SUN CITY SERVICE ORGANIZATIONS

### New Resident Happy Hour

Happy hours take place the last Tuesday of the month, 5 to 7 p.m. at The Summit. This month, it is Tuesday, March 29. If you are a new resident, our volunteers would like to present you with information about Sun City. Contact Linda Hertz, 228-6898, or lasvegashabel@yahoo.com.

### Sun City Summerlin Charities · 254-5831

10362 Sun City Blvd. · Mon. - Fri., 8:30 - 11 a.m.  
Provides residents unable to drive transportation to medical appointments, shopping; offers handyman service and assists in contacting local and government services.

### Sunshine Service Club · 341-9741

10362 Sun City Blvd. · Monday - Saturday, 9-11 a.m.  
Loans medical and children's equipment for resident use. Association ID required. Next general meeting will be Monday, March 7, 10:30 a.m., Desert Vista. Our speaker will be Bill Henreid, Sun City Patrol's new Security Chief.

## SUPPORT GROUPS

### Alcoholics Anonymous

St. Andrew Lutheran Church · Thursdays, 12 & 7:30 p.m. Call Stan, 809-7475

### Alzheimer's

Desert Vista · First & third Wednesday, 10 a.m.  
Call Marlene Wilson, 254-6144

### Bereavement/Grief Support

Sun Shadows · First Monday, 1 p.m., third Monday, 1:30 p.m. Call Harriet Miller, 471-0203

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## Coyote Season Returns

Due to the hazard coyotes pose to small pets, the Association reminds residents to be extra careful when letting their dogs and cats outside this month. Remember always to keep your dog on a leash on its walk as the practice leads to increased safety. Never leave pet food outside and be sure to seal your garbage curbside to help prevent coyotes from frequenting your neighborhood. Overall, be alert, practice good common sense and you and your pets should be fine.



## Appointments Available for Free AARP Tax Help

AARP volunteers provide free income tax preparation for Sun City residents through April 15. The service is offered in the Mint room at Mountain Shadows on Thursdays and Fridays. Appointments are necessary and must be made in person with the Social Monitor at Mountain Shadows. Taxpayers need to bring a copy of last year's return and Social Security cards along with all W2s, 1099 R, INT, DIV, MISC, Social Security SSA-1099, W2Gs and broker statements with purchase date and cost of any stocks or bonds sold. Add 1095-A if health insurance was purchased through Nevada Health Link and 1095-B if provided by employer. You also will need receipts for itemized deductions for medical expenses, mortgage interest, real estate taxes paid, gifts to charity and any other miscellaneous deductions. Note we can prepare returns only for electronic filing with the Internal Revenue Service. Paper returns are not permitted. We cannot prepare state returns or returns with rental, business or partnership (K-1) income, other than simple interest, dividends and capital gains.

## Talent Show Moves Into Starbright Theatre, March 23

Grab a seat and get ready to enjoy one heck of a show as your neighbors host Sun City's Talent Show at the Starbright Theatre, March 23. The show is free, and seating is first-come, first-served. Doors open at 2:30 p.m.; show starts at 3 p.m. If you missed this season's casting call, but would like to star in the fall show on October 19, please call De Carney at 778-0276.



## Guardianship Law Topic Of Assemblyman's March 12 Office Hours



Nevada Assemblyman  
Glenn Trowbridge

Trowbridge invites all Sun City residents interested in learning more about the state's guardianship law to his monthly meeting at Desert Vista, Saturday, March 12, 10 a.m. to noon. Trowbridge will be joined by Vegas Voice writers Rana Goodman and Dan Roberts, who have covered the issue for over a year.

Trowbridge, who has talked on the subject in Sun City before, said the meeting is designed as an educational opportunity. "The more you know about (the law) the less likely you are of becoming a victim," he said about current legislation that he described as "a form of senior abuse." Trowbridge and other representatives are currently working on a draft for amended legislation, which he hopes will be presented at the next Legislative session that begins in February 2017.

"These meetings are a great way to exchange information," Trowbridge said about the March 12 event. "I often learn more about the topic than I knew before when I hear someone share their experience."

~ Jeannette Carrillo/Link

## Congressman Planning Seniors Town Hall, March 8



U.S. Congressman  
Cresent Hardy

Join United States Congressman Cresent Hardy as he presents a Seniors Town Hall on Tuesday, March 8, 10 a.m. to noon, at Desert Vista. Las Vegas City Councilman Stavros Anthony will moderate the event in which residents can pose questions to the Congressman on issues from Medicare to Social Security to Veterans' topics and more. Please RSVP to Kent Alexander at 912-1634, or email him at [kent.alexander@mail.house.gov](mailto:kent.alexander@mail.house.gov).



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# RESIDENTS' FORUM Monthly Meeting

## Free Bingo With Cash Prizes!

*Wednesday,  
March 9, 7 p.m.  
Desert Vista*

**F**or the first time ever, Residents' Forum is bringing free bingo to the Desert Vista ballroom.

At 6:45 p.m. the doors will open and 216 residents will receive a single bingo card for each of the four games. There will be a cash prize for the winner of each game and multiple winners will divide the cash. Between games enjoy refreshments and socialize with your neighbors. Sun City will provide a bar offering good \$3 California wine, \$3 beer and \$2 soft drinks.

This should be a fun night to play a Vegas game without risking any money, and who knows, you might win!



## Flag Etiquette



According to universally accepted etiquette for the flag of the United States, the American flag may be displayed 24 hours a day; however, it must be properly illuminated during hours of darkness. In addition, did you know that the Security Patrol collects flags that show signs of wear and tear? If you have a flag you would like to retire, you may drop it off at Security Patrol's headquarters at Desert Vista or any of the three information centers. Security Patrol hosts two flag retirement ceremonies a year in Sun City.

## Spring Forward on March 13

Remember to set your clock ahead one hour when you go to bed on Saturday night, as Daylight Saving Time begins at 2 a.m. Sunday morning.



## Catch Band Night Every Friday in March

The popular Band Night series returns to The Summit every Friday night throughout the month. Doors open at 7 p.m., music runs from 7:30-9 p.m. Admission is \$10 with a one-drink minimum.

In March, catch:

- 4 – Double Standards
- 11 – Diane Kallay Band
- 18 – Donna Lynne
- 25 – StefNRock

# PREPAREDNESS **Community Preparedness Committee**

## Make Sure Medications Do Not Impair Your Driving

**W**hen we read about motorists who are stopped by police because they appear to be driving while under the influence (DUI), most readers assume that the driver has had too much alcohol to drink. In fact, under the influence also may be someone who is taking illegal drugs or driving after taking legally prescribed medications.

Many older drivers are taking legally prescribed medications ranging from a simple low-dose aspirin to stronger meds that treat blood pressure, cardiac illnesses or other major medical problems. While taking these medications, whether over the counter or by prescription, it is vital that instructions on the medicine vial are heeded.

Most state laws do not differentiate between alcohol and other drugs when it comes to impaired driving. A driver impaired by prescription or over-the-counter medications could just as easily be arrested and charged with a DUI as

someone impaired by alcohol. Penalties of impaired driving while using alcohol or any other drug, elicit heavy fines, possible jail sentences and revocation of license. Drug Recognition Experts (DREs) are specially trained police officers who follow specific guidelines to determine drug impairment in motorists. DREs closely evaluate a driver's eye movements, behavior and other clues pointing to drug impairment before measuring for the presence of drugs. Sedatives, antidepressants, decongestants and pain relievers are among common medications that can impair drivers.

If a medication you are taking is labeled, "Do not use while operating heavy machinery," that warning includes a 4,000-pound automobile, as well as a golf cart. Remember, while you have a responsibility to maintain your own health, it is important to understand cautious use of your medicines, so as not to endanger yourself or others.



*Dick Bennett, CPC  
and Site Coordinator  
for LVMPD's  
Community Volunteer  
Program*



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# CCOC Chartered Clubs and Community Organizations Committee

## What Do The Letters CCOC Stand for?

*A resident has the privilege of joining as many or as few of our clubs and organizations as they wish*



**Glenda Rogers,**  
Chairwoman,  
Chartered Clubs  
and Community  
Organizations  
Committee

**A**s a member of the Sun City Summerlin Community Association, a resident has the privilege of joining as many or as few of our clubs and organizations as they wish. The rules and regulations of these clubs and organizations fall under the purview of the Chartered Clubs and Community Organizations Committee (CCOC).

Inasmuch as my term as a director on the Association's Board expires and I am not seeking re-election, I will no longer be chairwoman of this committee. However, I do hope to remain on the committee. Residents are invited to attend all meetings of the CCOC, which are generally held on the first Thursday of each month in the Committee Room at Desert Vista.

The CCOC is composed of residents interested in being appointed to serve on this committee. The CCOC approves charters for new clubs and organizations, mediates problems a club may have as to rules and regulations, assures

that all the necessary financial documents are filed, and it can revoke a charter with the Board's approval. If you wish to form a new club, you need only to obtain 50 signatures of residents interested in forming such a club. Once that is accomplished the club must file an application with CCOC. If CCOC approves the club, it makes a recommendation to the Board of Directors, as the BOD also must approve the charter. With the approval of Sun City's Board, the club becomes an official community club.

Melissa Spina is the Director of Community Services. Melissa sets the agenda of the CCOC with the approval of the committee. She also answers questions concerning the documents a club or organization must file. She holds an annual meeting for all new officers of the various clubs and provides each club with a copy of the Chartered Clubs and Community Organizations Procedures manual. Her phone number is 242-4153.

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## Keeping Hungry Rabbits at Bay

*Choose plants that are stinky and gooey to rabbits . . . even plants we might think smell good may be icky to rabbits*

**T**hey can be our furry, cute little friends that make wonderful pets and sometimes even deliver colorful, sweet-tasting eggs, but they also can be very bad for the landscape. Most plants are edible and very tasty to rabbits. As they eat their way through our landscape and as the areas outside Sun City dry out, those fuzzy little friends will be looking at your garden as a smorgasbord with no cover charge.

Rabbits have very sensitive noses so chemical barriers work very well, but you have to apply them frequently. Of course, physical barriers work, too, but most barriers are not allowed in the community unless you are very artistic, and they tend to take away the beauty from your garden. The last option is to choose plants that are stinky and gooey to rabbits. Even plants we might think smell good may be icky to rabbits.

I have included a list of plants here that rab-

bits usually pass up; however, please remember that hungry rabbits will eat just about anything. If it's a plant that they usually do not like, they may still be attracted to it when the plant is young. In general, rabbits will stay away from cactus and yucca. The plant's genus, Euphorbia, has more than 200 varieties known to repel rabbits. Some of the varieties around Sun City include the gopher plant, fire stick and Turk's caps. You also might want to search the Internet for rabbit-resistant plants of the Southwest.

Keep in mind the word "resistant" does not mean it's guaranteed that rabbits will not eat it.

I hope this helps as you plan your spring gardens, and that the season is a wonderful time for everyone.

*~ Louis Darling, SCSCAI  
Director of Landscape*

The Landscape Department is now watering three days a week; turf on Tuesday, Thursday and Saturday nights.

### Rabbit-Resistant Plant List

*(See the entire list of rabbit-resistant plants on our website, [suncitylink.com](http://suncitylink.com), on the Community tab.)*

Adam's Needle	Yucca filamentosa
Astilbe	Astilbe x arendsii
Barrenwort	Epimedium x rubrum Red
Bear's Breeches, Spiny	Acanthus spinosa latifolius
Bee Balm	Monarda didyma
Blanket Flower	Gaillardia x grandiflora
Bleeding Heart	Dicentra species
Bugbane	Cimicifuga racemosa
Bugleweed	Ajuga reptans
Cactus	Cactus species
Cardinal Flower	Lobelia cardinalis
Clematis	Clematis species
Columbine	Aquilegia hybrida
Cranesbill	Geranium species
Candytuft	Iberis semipervirens
Cinquefoil	Potentilla verna
Creeping Lily-Turf	Liriope spicata
Daffodils	Narcissus
Euphorbia	Euphorbia species
False Indigo	Baptisia aurestralis
Foam Flower	Tiarella cordifolia
Forget Me Not	Myosotis sylvatica
Foxglove	Digitalis purpurea
Germander	Teucrium chamaedrys
Ginger (wild)	Asarum europaeum
Goat's Beard	Aruncus dioicus
Gooseneck Loosestrife	Lysimachia clethroides
Hardy Ageratum	Eupatorium coelestinum
Hardy Chrysanthemum	Dendranthema x morifolium
Heartleaf Bergenia	Bergenia cordifolia
Hollyhock	Alcea rosea
Hyacinth	Hyacinth orientalis
Ladybells	Adenophora lilifolia
Lady's Mantle	Alchemilla mollis
Lamb's Ear	Stachys byzantina
Lavender	Lavandula angustifolia
Leopardsbane	Doronicum orientale
Lily-of-the-Valley	Convallaria majalis
Monkshood	Aconitum napellus
Pachysandra	Pachysandra terminalis
Pasque Flower	Pulsatilla vulgaris rubra
Peony	Paeonia hybrids
Persian Onion	Allium giganteum
Primrose	Primula x polyantha
Queen of the Meadow	Filipendula ulmaria
Red Hot Poker	Kniphofia
Rose Mallow	Malva alcea
Russian Sage	Perovskia atriplicifolia
Salvia	Salvia x superba
Shasta Daisy	Leucanthemum x superbum
Siberian Bugloss	Brunnera macrophylla
Siberian Iris	Iris siberica
Small Globe Thistle	Echinops ritro
Speedwell	Veronica species
Stokes Aster	Stokesia laevis
Tickseed	Coreopsis grandiflora
Trumpet vine	Campsis radicans
Virginia Bluebells	Mertensia virginica
Wormwood	Artemisia species



### Being a Leader Means Making No Excuses

*Are there born leaders, or can one learn to be a great leader?*

All of us are a leader of one sort or other in our current life. We may be a leader in our church or synagogue, the head of a family, a civic leader, a leader on the Patrol board or in a lead staff position, a club president or just leading by the example we set wherever we may be.

So what are the principles and tactics of leadership? Are there born leaders, or can one learn to be a great leader?

Jocko Willink and Leif Babin, two U.S. Navy SEAL officers, present four principles and eight tactics in their book "Extreme Ownership (How U.S. Navy SEALS Lead and Win)." Both were

combat veterans tasked with bringing Ramadi, Iraq, under control. Chris Kyle, America's best sniper, was on their team. After their combat duty was completed, Willink and Babin became instructors in leadership at the West Coast SEAL training center in California. They now consult with large and small business leaders that want to be better.

The first principle is in the title of the book – Extreme Ownership. One bad day in Ramadi the team experienced friendly fire, where a friendly Iraqi soldier was killed by a member of the SEAL team. Upon hearing about the incident, a meeting with all concerned personnel was called. Team leader Willink gathered the facts from the team

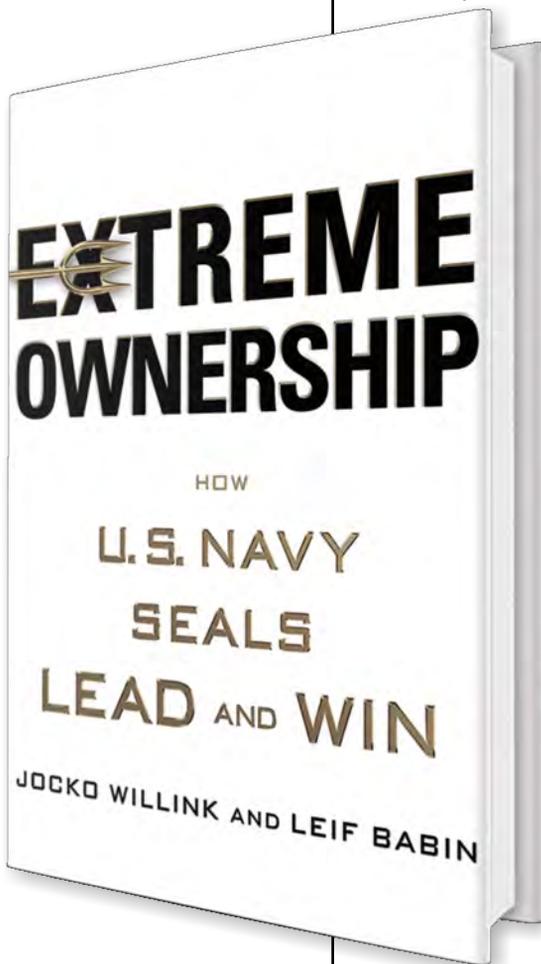
members and prepared a PowerPoint presentation. After reviewing what he had prepared, he stewed about it for several days as he thought something was missing. It finally dawned on him that he was missing. When the meeting started several days later he asked the group, "Whose fault was this?" Interestingly, each member claimed the incident was his fault (taking

extreme ownership), and stated why. Each time Willink said, "No, it wasn't your fault, and he again asked, "Whose fault was it?"

After all members had responded, Willink said, "There is only one person to blame for this: Me. I am the commander. I am responsible for the entire operation. As the senior man, I am responsible for every action that takes place on the battlefield. There is no one to blame but me. And I will tell you right now: I will make sure that nothing like this will ever happen again."

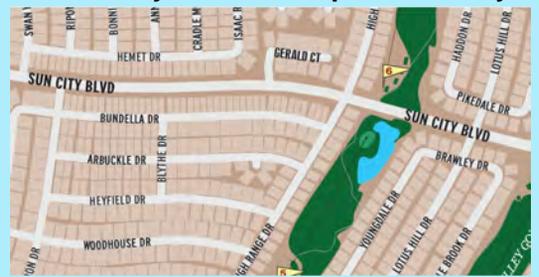
The top leader took full (extreme) ownership of the event, as did the subordinate leaders. No excuses, no blaming others, no pointing fingers at anyone else. The team leader also indicated he was going to fix the problem.

None of us are perfect; we are human beings very subject to making mistakes. No leader expects perfect performance, he/she only expects the best effort and a willingness to learn from the mistake or error, and then improve our performance.



**Bill Henriod,**  
Security Patrol  
Chief

### Do You Know? How Many Streets Comprise Sun City



Do you know there are 73 miles of Las Vegas city streets within our Sun City Summerlin? These streets are controlled and maintained by the city of Las Vegas. Any issues pertaining to these public streets should be addressed directly to the city. The Sun City Summerlin Security Patrol has no jurisdiction over these public streets. However, our all-volunteer Security Patrol does drive these 73 miles 24 hours a day, seven days a week, observing and reporting happenings that help our residents to enjoy a more safe and secure community. So the next time you see a neighbor/volunteer passing by in one of our patrol cars, give them a friendly wave of thanks. Or better yet, consider becoming a member of this fantastic group.

~ Tammy Collins/Link

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# BOARD OF DIRECTORS

## Motions Recap for January 2016

**Listen to the Audio Recording of the Board meeting at [scscai.com](http://scscai.com)**

*Copies of the minutes in their entirety can be purchased for 10 cents per page at the Administration office 30 days after the meeting*

- ◆ The Board of Directors unanimously approved a motion to purchase three (3) recumbent stationary bikes through KRT Concepts at a cost not to exceed \$8,029.33.
- ◆ The Board of Directors unanimously approved an age waiver request for Stacey Schnebelen.
- ◆ The Board of Directors unanimously approved a motion for a professional services agreement with NetEffect to replace the current phone service and system at a cost not to exceed \$36,500.
- ◆ The Board of Directors unanimously approved a motion to extend the Desert Vista fitness hours to 10 p.m., seven (7) days a week.
- ◆ The Board of Directors unanimously approved a motion to approve the license agreement for all personal trainers for the use of SCSCAI facilities based on budget requirements and fees to be established annually by the executive director and the director of fitness.
- ◆ The Board of Directors unanimously approved a motion for Resolution No. 16-003 authorizing Paul Henderson and Lavonda Raylene Elmore as designees for actions as required for the 401k plan.
- ◆ The Board of Directors unanimously approved a motion for the retention letter of Holley, Driggs, Walch, Puzey & Thompson regarding intellectual property.
- ◆ The Board of Directors unanimously approved a motion to ratify the settlement agreement between Leavitt vs. SCSCAI for \$25,000.
- ◆ The Board of Directors unanimously approved a motion for the conversion of tennis court No. 4 at Desert Vista to either three (3) or four (4) pickle ball courts at a total cost not to exceed \$15,000. Final design to be determined.
- ◆ The Board of Directors approved a motion to reschedule the Board of Directors meeting on June 7, 2016, to June 1, 2016, at 6 p.m.
- ◆ The Board of Directors unanimously approved a motion for the emergency purchase of a heating/air conditioning unit for the Pinnacle Art Room at a cost not to exceed \$5,200.

\*\*\*\*\* ELECT \*\*\*\*\*

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## CASINO SHUTTLE SCHEDULE

All casino shuttles pick up and return to Mountain Shadows Fitness Center



### Cannery Casino

Friday, 10 a.m.

Departs the casino at 2:15 p.m., and returns to Sun City Summerlin at 2:45 p.m. Each passenger receives a coupon for FREE food at Vino's Deli, or \$2 off at Victory Café or the buffet. CAN Club members receive Bingo session discounts and FREE kiosk offers each week.

### Red Rock Casino

Daily at 12:30 p.m.

Departs the casino at 4:10 p.m., and returns to Sun City Summerlin at 4:30 p.m.

# Official Notice Board of Directors

March to December 2016 Meeting Schedule

Month	B.O.D. Meetings
March 2016	03/01/16
April 2016	04/05/16 (Evening) 04/19/16
May 2016	05/03/16
June 2016	06/01/16 (Evening) 6/28/16 *
July 2016	None Scheduled
August 2016	08/02/16
September 2016	09/06/16
October 2016	10/05/16 (Evening)
November 2016	11/01/16
December 2016	12/06/16

\*Annual and 2016 budget ratification meeting Tuesday, June 28, 2016 at 9:00 a.m. Desert Vista. Board meeting will commence after annual meeting. All daytime meetings will be held at Desert Vista, Room 5, at 9 a.m.

Executive sessions will be held typically after the general meetings (if an E.S. is scheduled); however, executive sessions are sometimes held during a recess of the general meeting for various reasons.

Evening meetings: All evening meetings will be held at Desert Vista, Room 5, at 6 p.m. Executive sessions are held prior to any evening meeting(s).

**Note: A resident has the right to:**

- ♦ Have a copy of the minutes, a summary of the minutes or a recording of the meeting upon request (\$.10 per page and \$1 for the recording per meeting) (NRS116.31083). Copies of the minutes and recordings of recent board meetings may be downloaded from the website without charge.
- ♦ Speak to the executive board, unless the executive board is meeting in executive session (NRS116.31085).
- ♦ The agenda is posted on the Association bulletin boards and website on the Friday prior to the meeting.

Recordings of board meetings will be made. The recordings will be kept for 10 years in the Administration's executive director's office in the Mountain Shadows Community Center.

Recordings, minutes or a summary of minutes will be available not more than 30 days after the meeting (NRS116.31083). Depending upon meeting schedules, on occasion, the minutes or summary of the minutes may be in draft form.

## SCSCAI Board and Committee Meetings

**ARC** – Architectural Review Committee  
**Board** – SCSCAI Board of Directors  
**CAP** – Common Area Properties  
**CCOC** – Clubs and Community Organizations Committee  
**DRHC** – Deed Restriction Hearing Committee  
**IT** – Information Technology

CPC	NO MEETING	
Board	March 1	9 a.m. (DV)
CCOC	March 3	1 p.m. (DV)
IT	March 4	1 p.m. (DV)
CAP	March 8	9 a.m. (DV)
DRHC	March 8	10 a.m. (P)
Legal	March 9	9:30 a.m. (DV)
Fitness	March 10	8:30 a.m. (DV)
ARC	March 10	1 p.m. (DV)
Golf Oversight	March 17	2 p.m. (DV)
Finance	March 24	2 p.m. (DV)

The Board agenda is posted on the Administrative bulletin board, on the website, and in the community centers. Copies may be obtained in the Administrative office on the Friday prior to the meeting. All meetings will be held at Desert Vista except where noted on the calendar. For updates, please visit [www.scsc.ai.com](http://www.scsc.ai.com).

## Residents' Forum Meetings

### Residents' Forum Workshop

Wednesday, March 2, 1 p.m.  
Pinnacle

### Residents' Forum

Wednesday, March 9, 6:45 p.m.  
Desert Vista

## Supplemental Financial Information

### December 2015 NORA

Current YTD	\$352,448
Prior YTD	\$325,300

### December 2015 Home Sales

Current YTD	272
Prior YTD	231

### December 2015 Rounds of Golf

Current YTD	38,869
Prior YTD	40,643



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# Living Safely in Today's World

**Life is great!**

When everything in life seems to line up,  
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*But if evil steps out of the shadows and catches you  
off guard, your life will be changed forever.*

**Vantac International wants your life to stay great!**

*Our seminar series is designed to keep you safe, period.*

*With awareness, education, deterrence, mindset and defense;*

**Allow us to enhance your safety while you  
pursue a life of happiness.**

*Knowledge and safety have no age limit. From teen to senior, Vantac International's  
safety seminars will help to ensure you live a happy and healthy life. "Life is precious...protect it"*

## Welcome to the first of our 6-Part Safety Series!

### Part 1: Awareness (2 hours)

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Each part of this series has four showings available for  
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March 22, 2016 - 6:00pm      April 5, 2016 - 6:00pm  
April 1, 2016 - 6:00pm      April 15, 2016 - 6:00pm

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- Part 3 - "Warrior Mentality"
- Part 4 - "Implementing Safety Practices"
- Part 5 - "Weaponless Defense"
- Part 6 - "Weapon Defense"

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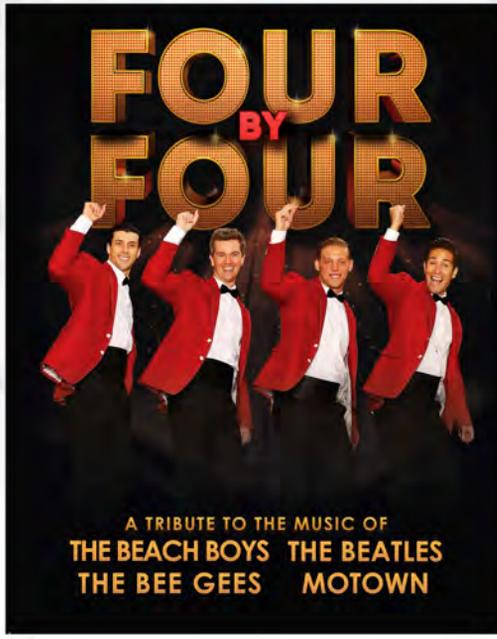
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# CALENDAR March 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LOCATION OF EVENT</b>						
Desert Vista . . . . . (D) Mtn. Shadows Fitness Ctr . . . . . (MF) Desert Vista Fitness Ctr . . . . . (DF) Pinnacle . . . . . (P) Highland Falls . . . . . (HF) Starbright Theatre . . . . . (ST) Mountain Shadows . . . . . (MS) Sun Shadows . . . . . (S) Palm Valley . . . . . (PV)		<b>Board of Directors' meeting</b> 9 a.m. (DV) 1 U.S. Congressman Cresent Hardy office hours 10:30 a.m. (DV) IRS tax assistance throughout the month (MS)	<b>Residents' Forum Planning Workshop</b> 1 p.m. (P) 2 9 & Wine, 2:30 p.m. (HF)	<b>CCOC</b> 1 p.m. (DV) 3	<b>IT Committee</b> 1 p.m. (DV) 4 Band Night 7 p.m. (P)	<b>Home Expo</b> 9 a.m. (DV) 5
<b>6</b>	<b>"Remington Ryde and Friends"</b> 6 p.m. (SBT) 7	<b>CAP Committee</b> 9 a.m. (DV) 8 <b>DRHC Committee</b> 10 a.m. (P) Congressman Cresent Hardy's Senior Town Hall, 10 a.m., (DV) Your Diabetic Feet Noon (DV)	<b>Driver Safety</b> 8:30 a.m. (DV) 9 <b>Legal Services Committee</b> 9:30 a.m. (DV) <b>Residents' Forum</b> 6:45 p.m. (DV)	<b>Fitness</b> 8:30 a.m. (DV) 10 <b>Fashion Show bus trip</b> 9:45 a.m. (P) <b>You Are What You Eat Noon</b> (DV) ARC, 1 p.m. (DV)	<b>Insomnia</b> Noon (DV) 11 Band Night 7 p.m. (P)	<b>Assemblyman Glenn Trowbridge Guardianship Law forum</b> 10 a.m. (DV) 12
<b>Daylight Saving Time starts</b> 2 a.m. 13 "I Love a Piano" 3 p.m. (SBT) 	<b>SCSCAI Budget Hearings</b> 9 a.m. to 2 p.m. (DV) 14	<b>SCSCAI Budget Hearings</b> 9 a.m. to 2 p.m. (DV) 15 What You Need to Know About Colon Health Noon (DV) HOA class 3 p.m. (DV)	<b>SCSCAI Budget Hearings</b> 9 a.m. to 2 p.m. (DV) 16	<b>Happy St. Patrick's Day</b> 17 The Mob Museum bus trip 9:30 a.m. (P) Golf Oversight 2 p.m. (DV) 	<b>Coffee With the Board</b> 10:30 a.m. (DV) 18 Band Night 7 p.m. (P)	<b>Shredding Fair</b> 19 "Best of Kander & Ebb" 7 p.m. (SBT)
<b>Spring begins</b> 20 	<b>21</b>	<b>Diabetes and Your Eyes</b> Noon (DV) 22	<b>Garage sale and Arts &amp; Crafts signup</b> 8 a.m. (DV) 23 <b>Talent Show</b> 3 p.m. (SBT) <b>Driver safety</b> 5:30 p.m. (DV)	<b>Planning a Good Goodbye</b> Noon (DV) 24 <b>Finance</b> 2 p.m. (DV)	<b>Link editorial meeting</b> 9 a.m. (DV) 25 "Four by Four" 7 p.m. (SBT) Band Night 7 p.m. (P)	<b>"Four by Four"</b> 7 p.m. (SBT) 26
<b>Easter</b> 27 	<b>28</b>	<b>New Resident Happy Hour</b> 5 p.m. (P) 29	<b>30</b>	<b>"Golden Era Bandstand"</b> 7 p.m. (DV) 31	<b>SCSCAI COMMITTEES</b> ARC—Architectural Review Committee Board—SCSCAI Board of Directors CAP—Common Area Properties CCOC – Clubs and Community Organizations Committee DRHC – Deed Restriction Hearing Committee IT – Information Technology	

# Starbright



## “FOUR BY FOUR”

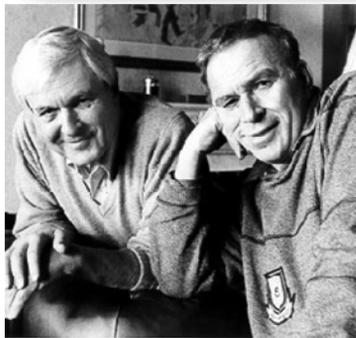
Friday, March 25, 7 p.m.  
Saturday, March 26, 7 p.m.  
\$20

After their sold-out shows in 2015, they're back for 2016! The creative team that brought you the smash hit “Oh What a Night! A Musical Tribute to Frankie Valli & The Four Seasons,” Michael Chapman and Chapquist Entertainment present a unique concept in tribute shows, “Four by Four!” This exciting retrospective features a stellar cast of four incredible performers

celebrating the legendary music of The Beach Boys, The Beatles, The Bee Gees and Motown, all in one show. The stars of “Four by Four!” perform all of the greatest hits of these pop icons in fully choreographed production numbers. Informative and often humorous banter ties all of this extraordinary music together for an evening of feel-good, raise-the-roof entertainment!



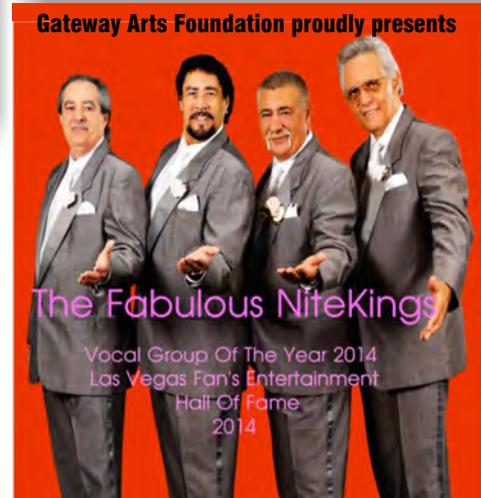
the Society for the Preservation of Bluegrass Music in America. They have been performing more than 100 shows in the United States and Canada. The group just released their new album “Bluegrass Ramble.” Their distinct sound is a blend of the Bluegrass-rich area of Pennsylvania and the Bluegrass of the South. Led by Ryan Frankhouser on guitar, the group also features Billy Lee Cox on banjo and bass, Greg Moore on fiddle and tenor vocals, and Greg Moore on fiddle and



## Mistinguett Productions presents “BEST OF KANDER & EBB”

Saturday, March 19, 7 p.m. · \$20

Composer John Kander teamed with lyricist Fred Ebb to forge one of the longest-running and most successful creative partnerships in Broadway history. Their bold, brassy style gave rise to enormously popular and provocative musicals, including “Cabaret,” “Chicago,” “Kiss of the Spider Woman,” and many others. Combining a cast of the most talented entertainers in Las Vegas, Mistinguett and Bill Fayne collaborate once again, merging their talents to produce another evening of song, dance and the “Best of Kander & Ebb” on Broadway. This show is sure to delight you with great Tony award-winning songs and pure essence of Kander & Ebb’s Broadway hits. Dance productions and costumed performances pay honor to two of the best writer/composers on Broadway.



Coast, Riviera, Rampart, Aladdin, Sahara, and many others. They have performed with such legendary artists as the Righteous Brothers, and has opened for many other acts. NiteKings’ performance will make you want to sing along. Admission is free, and all ticket proceeds benefit the Gateway school of music studies for outstanding Las Vegas

Be sure to get your tickets early for all Starbright Theatre shows. If an event sells out, every attempt will be made to sell tickets as well as at the Mountain Shadows, Desert Vista and Pinnacle community centers. All tickets can be purchased online with a credit card, or pay with cash or check at the community centers (except for the Sahara).

# Star Theatre

Now you can purchase tickets to all Starbright Theatre shows online at [www.scscai.com](http://www.scscai.com)  
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## “REMINGTON RYDE AND FRIENDS”

Monday, March 7  
6 p.m. · \$15

Together for 12 years, Remington Ryde and Friends are bluegrass crowd-pleasers. Just nominated for 2016 Best Vocal Band and Best Fiddle Player awards by Bluegrass Music of America, the band has performed each year throughout the United States. Their sixth studio album “LIVE at the Ryde” and old-time flair can be attributed to the band members from which they hail and borrow their sound. Lead guitar and lead vocals, Remington Ryde; bass vocals, Richard Egolf on bass and lead vocals, and baritone vocals.

## “THE NITEKINGS”

Sunday, April 3, 2 p.m. · \$18

A streetcorner R&B doo-wop sound would best describe the group the NiteKings. The NiteKings consists of Angelo Mastro, Vic Moea, Skip Petronzio and Eddie B. The group's repertoire consists of songs from the 1950s, 60s, 70s and 1980s consists of pre- and early Motown or classic soul. Performances have been in major Las Vegas casinos such as the Gold Coast, Barbary Coast, Sam's Town and Rio. The group has performed at the Miracles, Drifters, Coasters and more for Leslie Gore at Sunset Station. The group wants you to get up and dance. A portion of the group's scholarship program for advanced private students.

## “CARY LONG'S COMEDY ACT”

Saturday, April 2, 7 p.m. · \$15

Cary Long is a fresh new face on the comedy scene. He got his start on the hit television show “Star Search” with Ed McMahon and has been seen on “Evening at the Improv,” “VH-1 Stand-up Spotlight With Brian Regan,” as well as two appearances on the “Tonight Show.” His act is full of everyday situations that everyone can relate to. Cary combines accents, cultures and nationalities into a rib-tickling performance that will have audiences laughing at themselves. His comedy is observational, and he gets a lot of his routine from people he sees that day. So, if you are in the vicinity, be warned! Cary's take on relationships between men and women will have couples pointing at each other saying, “I told you so.” In short, he is clean, funny and a must see!



## “WHITNEY PHOENIX “I LOVE A PIANO”

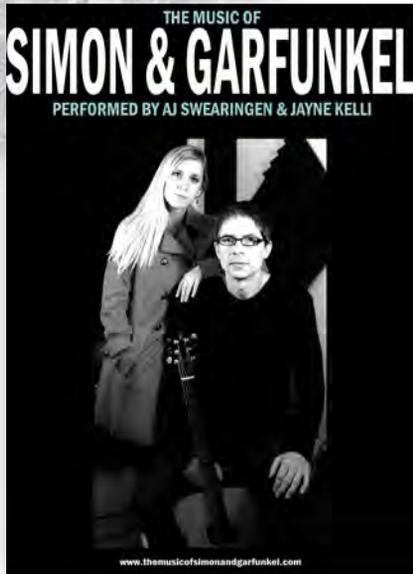
Sunday, March 13, 3 p.m. · \$20

Gateway Arts Foundation is privileged to present Las Vegas pianist Whitney Phoenix in a rare concert appearance featuring a range of favorites from standards to Broadway to film to pop to classical. Since 1993, Whitney has performed as a solo artist in Las Vegas, appearing at Caesar's Palace and MGM Grand, and currently at the Bellagio. What sets Whitney apart from so many other pianists is his depth of expression and his ability to touch hearts. He will draw you gently into his world of emotion and paint musical images on the canvas of your imagination. In addition to his own program, Phoenix will highlight the talent of one of the young Gateway Arts scholarship recipients. Don't miss this extraordinary concert experience!



Shows may be made to provide additional shows if possible. Tickets may be purchased online at [www.scscai.com](http://www.scscai.com), and all ticket prices include Live Entertainment Tax. Tickets are non-refundable. Purchases may be made in person (subject to change required). For information on Starbright Theatre shows, call 240-1301.

# Starbright Theatre



## **"TRIBUTE TO SIMON & GARFUNKEL"**

*Saturday, April 16, 7 p.m. · \$22*

The magic of this iconic duo is reimaged in impeccable vocal harmony. AJ Swearingen and Kelli re-create the music, memories and magic of the most famous folk-rock duo of our time, Simon and Garfunkel. Swearingen has been performing this music for 20 years with the mastery of Paul Simon's intricate guitar playing. His deep baritone blends perfectly against Kelli's angelic vocals that invoke a true sound in the spirit of Art Garfunkel. The duo has been performing since 2010. Together and separately they have shared the stage with Kenny Rogers, Crystal Gayle, Livingston Taylor, John McCutcheon and more. Two voices in perfect harmony balanced against one acoustic guitar delivers a true tribute to the sound of the 1960's Greenwich Village coffeehouse performances.

**Mistinguett Productions presents**

## **"SOUNDS OF THE SEVENTIES"**

**The Music of Carole King, James Taylor, The Carpenters,  
Simon & Garfunkel and Neil Sedaka**

*Saturday, April 23, 7 p.m. · \$20*

Spend an evening listening to the music that painted the canvas of our lives. Share the history of an era celebrating the greatest singers, songwriters and unforgettable performances of that great decade. Listen to hit songs like "You've Got a Friend," "How Sweet It Is," "Fire & Rain," "Love Will Keep Us Together," "Breaking Up Is Hard To Do," "Bridge Over Troubled Water," "Mrs. Robinson," "Rainy Days and Mondays," "Only Just Begun," "Nobody Does It Better" and so many more. Starring Michelle Johnson, Rita Lim, Tim Molyneux and Mark Hall Speights, along with Bill Fayne and his band. This truly will be a feel-good music show!



**Sun City Musicmakers presents**

## **"A SOUND BOUQUET"**

*Saturday, April 30, 7 p.m.*

*Sunday, May 1, 2 p.m. · \$10*

Enjoy the sounds and feelings of spring. The Musicmakers spring concert features Robert Frost's "The Road Not Taken," songs of the Beach Boys, the Supremes and more. Under the direction of Dennis Gazso, with Eddie Fluellen tickling the ivories, hear the soothing sounds of music old and new. Come and listen to the harmonies of beautiful music.



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# CHARTERED CLUBS

Look What's in the Window

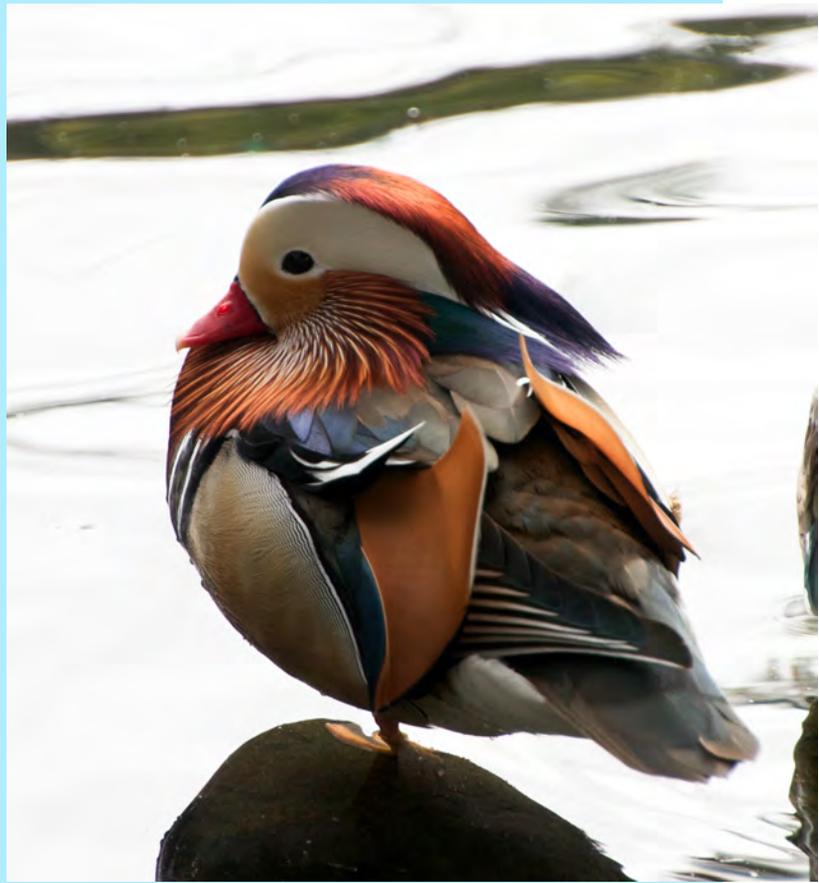
## CLUB SPOTLIGHT:

### Photography Club at Mountain Shadows

**F**or all newcomers to Sun City and people who don't go to Mountain Shadows to play cards or know that the library is there to check out books for free, we would like to tell you about the windows in the Mountain Shadows lobby. Throughout the year, each one of the crafts clubs is featured for a month, with members showing off their creations in the three display cases. This month you can enjoy the work of the very talented members of the Photography Club.

If you like to take pictures and want to learn more about photography, slide shows and photo themes then this is the club for you. Attend a meeting, held on the second Thursday of the month. In March that's March 10, 7 p.m., at Desert Vista. President Mary Miles can be reached at 838-3716. Annual club dues are \$15. You can attend two meetings for free to see if the club is for you.

~ Betty Weltman/Link



(The deadline for April 2016 chartered club articles is Tuesday, March 1. If you have any questions, call Jeannette Carrillo, 966-1436, or email [jeannettec@suncitylv.com](mailto:jeannettec@suncitylv.com).)



### **Aquacize**

Aquacize and socialize! That's what our club is all about. We get healthy doing exercises in the pool and have fun socializing at the same time. It's fun! Come and join us. Current classes

are on the winter schedule and meet Monday to Saturday, 8 a.m. and 7 p.m. at Desert Vista, and 8 and 10 a.m. at Sun Shadows. In the summer, some classes will move outdoors. You can try out a class twice before paying the \$10 annual fee to join the Club. We have general meetings four times a year and hope everyone had a great time at our February Valentine's gathering. (A big thank you to everyone who helped.) Our next get-together will be a June 22 potluck with an Independence Day theme. More details as the time gets closer. Call President Marianne Jagmin, 243-3932.

### **Art**

We will have another interesting meeting of the Art Club on Monday, March 21, 1 p.m., Desert Vista. Visitors are welcome. May Shaw's watercolor class will display their work. Please stop by the display at Mountain Shadows to see the wonderful oils by Clayton Rippey. Keep your calendar open for our annual art show, "IMAGINE," Saturday and Sunday, April 2-3, at Desert Vista. Come and see the paintings by our talented Sun City artists. Many beautiful pieces will be up for sale. Call Steve Brenner, 749-7737.

### **Arthritis**

This low-impact pool exercise club meets on Tuesdays and Thursdays, 10:30-11:30 a.m., Desert Vista indoor pool. The exercises safely move every part of the body. Stretching, range of motion, flexibility and balance exercises improve health and wellness. Check with your doctor to make sure you are fit enough for the class. Our instructor, Tim, is certified for water exercises and first aid from the American Red Cross. Annual membership dues are \$45. Contact Jim and Linda Gaughan, 233-1087.



### **Beading and Jewelry**

The Beading and Jewelry Club meets on Tuesdays at 1 p.m. The first Tuesday of each month is our business meeting at Desert Vista.

All other Tuesdays we meet in the Silver Room at Mountain Shadows for instruction, socializing and additional projects related to jewelry-making. Whether you're a beginner or experienced beader you are welcome to join us for some fun. The featured class for March is Vicki Socol's beaded name tag (this time in green, of course). Members will be shown other options using wire and polymer clay. If you have an interest in our craft and would like to register for an introductory class, call Ellen Crawford, 478-8806. For other questions, call Pat Tarabek, president, 604-9296.

### **Bicycle Club**

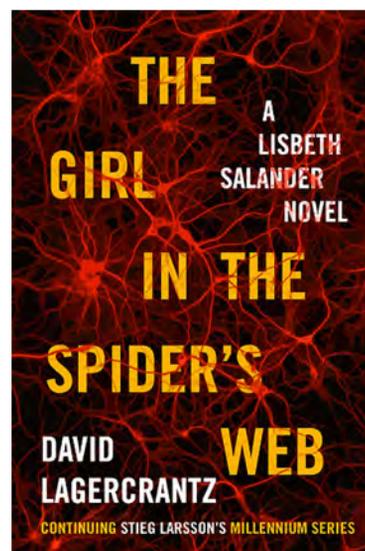
The Club is now up and operating all year around. Ride consistently and keep in shape year around. We now have about six to seven regular rides per week with five to 12 riders attending. Winter weather has not hampered our regular riders. After all, it is warmer than skiing. If you think it is cold, try wearing your ski outfit. Soon the warm sun will bring out more of you and we can add more rides. Visit our new website <https://groups.yahoo.com/group/SCSCBike>. We also will have a program that will be announced to members by the weekly email. Guests are welcome. Call 920-3983, or email [SCSCBikeGroup@yahoogroups.com](mailto:SCSCBikeGroup@yahoogroups.com).

### **Billiards**

Join our club for \$1 per year. See Bob, Ron or Bill for information. They can be found in the pool room Monday, Wednesday and Friday around noon. Have any questions? Please contact William Mahoney at 869-3667.

### **Bocci Ball**

The Club plays bocci ball at Sun Shadows on Mondays and at Desert Vista on Thursdays. Bocci begins at 2 p.m. For information, call Rose, 463-9861.



### **Book**

We invite you to visit the Sun City Book Club. If you like to read, discuss books and meet new friends, you will enjoy our club. Our monthly meetings are held at Sun Shadows on the second Thursday of every month at 2 p.m. Our March selection is "The Girl in the Spider Web" by David Lagercrantz. It is sure to inspire a lively discussion.

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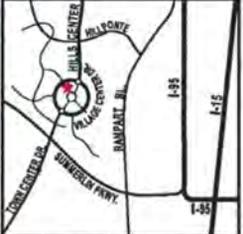
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# CLUBS Chartered Clubs

If you enjoy your visit, we invite you to join as a member. Dues are \$2 for the entire year. Want to know more? Call Jean, 660-221-6514, or email [jebsnv@yahoo.com](mailto:jebsnv@yahoo.com).

## Boomer Connection

It's going to be spring soon. Flowers will bloom and you should, too. Why not try a new club and see how you blossom? The Boomer Connection is a social club for the young and young at heart, active residents of Sun City. Our quarterly dinner meeting is on March 1. For more information, email Julie Zerbel, [juliezerbel@yahoo.com](mailto:juliezerbel@yahoo.com).



## Bridge (Duplicate)

Duplicate Bridge meets at noon on Wednesdays and Saturdays at Mountain Shadows. Need a partner? Call Wilma, 341-6376, or Martha, 255-8316. Welcome new members Rose Bell,

Eileen DeDoelder and Carolyn Curtis. For bridge lessons, contact [peretz.shelly@gmail.com](mailto:peretz.shelly@gmail.com), or call 708-610-3375. Great Games: 71%, Carole & Dick Gerck; 70%, John Jeffrey & Allan Paul, Janet Olson & Shelly Peretz; 69%, Arlene Daly & George Stull, Diane Brown & Janet Sulerud; 67%, Marilyn Pekrul & Glennis Pomerence, Carole & Dick Gerck (twice); 66%, Jolene Fried & Mary Ann Michaels, Rita Barcus & Gail Yangas, Elizabeth Anderson & John Jeffrey; 65%, Carolyn Palubinskas & Herb Resnik, Carole & Dick Gerck. For information, call President Richard Colwell, 255-8320.

## Bridge (Friday Night)

Join us for a game of bridge at Mountain Shadows on Fridays, 6:30 p.m. Please arrive 15 minutes early. Annual dues are \$5 and \$1 each time you play. If you need a substitute, call Mary Jo, 254-4640, or JoAnn, 255-6452. Recent winning pairs were Rod and Doris Hamburg, Wanda Fennell and Connie Morris, Bob Hiltz and Donna Duncan.

## Bridge (Rubber)

Come and join us for bridge at Mountain Shadows Community Center at 12:30 p.m. on Mondays and Thursdays. We like all our players to arrive by 12:15 p.m. Call Mary Jo, 254-4640, or Mickie, 838-8547, to set up foursomes.



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## CLUB SPOTLIGHT: Chicago/Midwest Club: Friendly Is as Chicago/Midwest Club Does

**M**y kind of town...Detroit, Des Moines, Milwaukee, Indianapolis, Lincoln, Syracuse, Cleveland, Pittsburgh and CHICAGO!

Webster's Dictionary defines the Midwest as a region in the north central United States, including the area around Great Lakes and upper Mississippi River valley from Ohio on the east to North Dakota, South Dakota, Nebraska and Kansas on the west.

Midwesterners are widely considered to be open, friendly and straightforward. A recent visit to a Chicago/Midwest Club meeting supported this generalization. Myra Feldgreber, the vice president of the Club, put it this way: "I think people from the Midwest are friendly. When they meet each other, they have a kind of bond. The people are down to earth."

Elaine Ruda is from suburban Chicago. She made it clear that she doesn't miss the weather, which was the sentiment expressed by most, but agreed that Midwesterners are a friendly bunch.

If you hail from the "middle" you probably know that the Midwest is the Land of Lincoln, Mark Twain, the Wright Brothers, Henry Ford, Ernest Hemmingway, Ray Kroc, Walt Disney, Benny Goodman and Jack Benny.

Chances are pretty good that, if you are not from the Midwest, you don't know what a Hoosier or a Buckeye is. You might never have tasted a Vienna beef hot dog, a loose meat sandwich, deer sausage or Lake Superior whitefish.



*Clockwise from top right, Club President Jerry Minsky, and members Ceci Schreiber and Marla Modes.*



And while Midwesterners might not recollect fondly the winters in this part of the country, they share a constitution made tough by their long ancestry of adverse conditions and the hard work of farming.

Jerry Minsky is the new president of the Chicago/Midwest Club. He hopes to increase the participation and bring some new activities to the Club's 42 members.

You don't have to be from the Midwest to join the club, but if you are interested in meeting a friendly group that shares a similar heritage, contact Jerry at 360-2776.

*~ By Beth Nappe, photos by Stu Gershon/Link*

### Bunco

We meet the fourth Saturday of the month at Mountain Shadows High Sierra Room. Check-in is at 6:30 p.m. Remember to bring your Association card for the monitor to see. Game starts at 7 p.m. and is finished by 9:30 p.m. Call Trudy, 838-9959.

### Canasta

The Canasta Club meets every Thursday from 6-9 p.m. We play in the High Sierra Room at Mountain Shadows. New members are always welcome. The fee is \$10 to join. Lessons? Contact Linda Collins, 912-1615. A canasta tournament is held every Monday at 6 p.m. For more information, contact Marge Miller, 228-7462.

### Ceramics

Come in and join us! Ceramics Club has ongoing workshop classes available for members, as well as beginner classes for new members. Sign-up sheets are posted in the Club room. We are always happy to see new members or

just drop in and see what we are doing. If you need a gift for any occasion, visit our display window in the Club Room at Mountain Shadows. We have items for sale. For questions, contact Angie at 463-9175 or chorley461@gmail.com.

### Chicago/Midwest

On Sunday, March 20, the Chicago Midwest Club will have its meeting at 6:30 p.m., Desert Vista. Our guest will be Mickal Peterson. She has spent most of her life performing in Las Vegas hotels as a singer and dancer. She is sure to entertain us. Refreshments will be served. Call Jerry at 360-2776. New members and ideas are always welcome.



### Classical Music

Our meeting on March 28 at the Starbright Theatre will feature Mykola Suk. This UNLV faculty member is greatly responsible for the success of our club.

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# CLUBS Chartered Clubs

He recently told me a story of one of the Club's first meetings when he performed in a member's living room in the 1990s! He also has taught some of our favorite performers, including Spencer Baker. On more than one occasion, he has performed the entire recital from memory, with no written music in front of him. His last show with us on November 30 was spectacular, with six hands on the piano. Whatever he presents is sure to delight our knowledgeable Sun City audience. Doors open at 6:30 p.m., show starts at 7. Arrive early if you have not paid your \$1 dues for 2016. Contact Will Rydell at 580-0727 or lledyrw@aol.com.



### Computer

The March meeting will be held on Thursday, March 3, 7 p.m., Desert Vista. Our guest speaker will be announced prior to the meeting. Come join us for an informational presentation, refreshments and fellowship.

For Club information, go to [www.scscclub.com](http://www.scscclub.com), contact Howard Verne, president, at 527-4056 or at [pres.scsc@gmail.com](mailto:pres.scsc@gmail.com).

### Conservatives Club

In March we meet on the fourth Thursday of the month at Desert Vista. The meeting date is March 24. Doors open at 6 p.m. Come join us for coffee, cookies and good fellowship. Meeting starts promptly at 6:30 p.m. Call Richard Jones, president, 240-9863 or Marti Bender, vice president, 233-8295.

### Cribbage

The Cribbage Club meets at Mountain Shadows every Wednesday and play starts promptly at 6 p.m. We welcome new members. Our club members are extremely friendly. We had three players achieve a 400 game this month – Bill had a 406, Marty Sabell had a 429 and Jim Dunbar had a 409. Congratulations to these members. For information, call Bob Fitzgerald, president, 233-1233, or Ruth Nevins, 804-5664.

### Cruise & Foreign Travel

For information on the Cruise & Foreign Travel Club, please call Brenda Izen at 233-4473.

### Dance Company "A Class Act"

The Sun City Dance Company is pleased to announce the installation of their new officers. They are: President Suzanne

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Rosenthal, Vice President Jolene Carter, Secretary Joanne Hess and Treasurer Phyllis Whited. Congratulations! Our next business meeting is March 9, Desert Vista, Room 5. Doors open 10:30 a.m. The spirit of giving is still very much alive as members generously give back to the community by donating their time and talent to teach tap classes at Kermit R. Senior, Innovative Elementary School. This initiative was spearheaded by Lida Derrin of the Razzle Dazzlers class and supported by Jane Ross, director, who will be instructing the children. The Club and students of Booker E.S. will perform at the school on March 1. To join this dynamic dance company, please contact Suzanne Rosenthal, 901-4947.



#### Dance Connection

The club is now offering another great class called Absolute Beginner Movin' & Losin'. This easy-going, easy-to-follow dance class is designed for those who

have never danced before, feel they have no rhythm or who are a little older and need a class just to keep moving while enjoying getting together and having fun. No partner needed. There is no jumping or twisting with only modified, low-impact moves. The class meets at 1:30 p.m. on Friday at the Pinnacle. Dance Connection also offers Absolute Beginner Line Dance, Hula, Round Dance, Absolute Beginner Ballroom, Movin' & Grovin', DanZfit, Flamenco, Line Dance 1 and 2, Ballroom, Island Style Cardio, Movin' & Losin' and Z-Moves. A few of these classes meet on Saturday and Sunday for those who want to continue moving on the weekends. Pick up the new Dance Connection schedule at any fitness center or Dance Connection class. Call Kris, 443-8759. Come join the fun!

#### Euchre

Euchre is a card game usually played with four players per table (two partnerships). It is a trick-taking game with a trump suit and played with only 24 cards (cards below 9 are removed from the deck). We rotate tables and partners, so euchre is a very social game for all levels. No partners are necessary. Lessons are available. Join us at 6 p.m. Wednesdays at Mountain Shadows. Call Dolores, 838-7902.

#### Fishermen & Friends

The Club meets the second Saturday of each month, 10 a.m., Desert Vista. At our meetings we share fishing information and make plans for local group trips. Please call Bob, 242-4240, or email bobmccauley2@cox.net.



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# CLUBS Chartered Clubs



## Fitness

March 19 is the deadline for initial registrations for the spring term that begins March 28 and ends June 18. The Club's full class schedule,

registration details and updates are posted on the Club's bulletin board at fitness centers and on our website. After the deadline, sign-ups may continue for unfilled classes. Current students have priority to continue the same class next term. Besides \$10 annual dues (pro-rated at mid-year), you pay for classes taught by certified instructors whom we contract. Day, evening and weekend classes can include Stability Ball and Chi Ball Flexibility plus Cardio and More, Pilates Sculpt, Strength and Toning, Zumba/Zumba Gold and Total Body Conditioning and Yoga/Beginning Yoga. The fee for each class' 12-week term is \$25 (except TBC is \$5); partial term registration fees are on our website, [www.scsfitnessclub.us](http://www.scsfitnessclub.us). For information: Kim, 253-347-5608, Mery, 228-8417; or e-mail [scsfit@fastmail.us](mailto:scsfit@fastmail.us).

## French

Le Cercle Francais has three groups – advanced, intermediate and beginners. We meet at Sun Shadows every Friday, 2-4 p.m. Membership fees are \$1 per year. If you would like more information, contact Danielle Luthy, 360-5141, or Jenny Barbier Bruce, 850-5450, or you can stop by to observe our classes before you join the Club.

## Gin Rummy

The Gin Rummy Club meets every Sunday night at Mountain Shadows. Singles and couples are welcome. Sign in between 6-6:20 p.m. Play starts promptly at 6:30 p.m. If you're a beginner and need information, call Linda, 586-1007, or Jim, 367-1669.

## Golf (Guys and Gals)

You are invited to join us for a round of golf at Highland Falls Golf Club on March 13. The format will be four-person, 6-6-6, 2 best balls. Tee time will be 8 a.m. Please check in by 7:30. You may sign up on our bulletin board located at the Palm Valley Golf Club and deposit your check in the Guys and Gals box. For more information, contact Aggie Zinn, 478-9503, or Amos Barcus, 463-1046.

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**Golf (Ladies) 18 Hole**  
 Our Handicap Chairwoman Sue Ko and 2015 Most Improved Player Lana Soloman are pictured, left to right. Congratulations, Lana! We are proud of you for your work to improve. Our general meeting will

be Tuesday, March 8, Desert Vista, following golf at approximately 12:30 p.m. We will be playing best ball partners, pick your own partner, 7:30 a.m., Palm Valley. Golfers of all levels are welcome. Ask about our buddies for new members and join our friendly women on Tuesdays for great golf. March team play will be on Monday, March 14, at Wildhorse and Monday, March 29, at Oasis. For information, visit [scswomensgolf.com](http://scswomensgolf.com) or call Rita Barcus, 549-5707.

**Golf (Ladies) Executive**

Spring has sprung and that means our invitational “Swinging to the Far East” is just around the corner, May 3, to be exact. It is not too late to submit your application, but hurry as you don’t want to be left out of all the fun. You can obtain an application on our website, [www.scslegc.com](http://www.scslegc.com). We are accepting new members. We play every Tuesday morning at Eagle Crest. If interested in joining our club, please call Garnet, 951-240-2114. Tee times for March are 8 a.m., with a 7:30 a.m. check-in. Our general meeting and lunch is the fourth Tuesday of the month, Desert Vista. Lunch is at 11:30 a.m., meeting at noon. This month the meeting is March 22.

**Golf (Men’s) 18 Hole**

Spring is here and start times for March will be at 8 a.m. We have a busy month in March with our first special event, Saint Paddy on March 14, followed by club championship qualifying, March 17, and home and home with Revere golf, March 22. Anyone interested in information on the 18 Holvers, can call Dave Anderson, 256-2104.

**Golf (Men’s) Niners**

No matter if you are a hacker or an experienced player, if you feel that four-plus hours of the day dedicated to playing golf are just too much, then this is the club for you. The Niners have weekly tournaments alternating among our three great Sun City golf courses. You will be teamed with players of similar abilities and it is a great way to meet new golfing friends. We play nine holes when we play Palm Valley or Highland Falls, and alternate between 9- and 18-hole scrambles during our monthly visits to Eagle Crest.



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# CLUBS Chartered Clubs

Planning for our spring trip is well under way and you won't want to miss it. If you are interested in sharing in the fun, visit us at [www.scsniners.com](http://www.scsniners.com), or contact Membership Chairman Vin Richards, 233-2618.

## Gun Club

If you're new to firearm ownership, have been considering purchasing a firearm or are an old hand at firearms and looking for others to practice with, we encourage you to join our club. The next Gun Club meeting will be Friday, March 11, 1 p.m., Desert Vista. The Club provides a resource for CCW permits, maintaining/cleaning firearms, looking for resources for local range facilities, ammunition/firearm purchases or participating in club practice shoots are encouraged to join. Dues are \$10 per year. Contact Allen at [scgunclub@yahoo.com](mailto:scgunclub@yahoo.com) or 331-3390.

## Hawaiian

Our next business meeting will be Tuesday, March 8, 6 p.m., Desert Vista, Rooms 1-2. We were very pleased at our last meeting to have Las Vegas Metro detective Michael Gomez, who educated us with information on identity theft. It was

well-received by our many members who attended. Back by popular demand, Sally Pearlman will again enchant us with her Hawaiian stories. Interested? We welcome you. Refreshments will be served. Contact Sandy, 612-5908.



## Hiking

The monthly meeting will be held March 3, 8:30 a.m., Desert Vista. The Lone Mountain Spring Hike and Breakfast will be Wednesday,

March 16, at Lone Mountain picnic area. \$5 per person will be collected at the membership meeting. Hiking carpools leave from the Desert Vista's lower parking lot at 8 a.m. on Mondays (easy/moderate) and Wednesdays (moderate/challenging). Visitors welcome. Annual dues, \$5. Call Ann Cronin, 737-5758.

## Horseshoes

We practice daily at 8 a.m. at the Mountain Shadows pits. New players are welcome. Call Ray, 228-6939.

## Investment

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**CLUB SPOTLIGHT: Musicmakers**  
**New Director, Dennis Gazso, Extends His**  
**Chorale Legacy in Sun City**

**S**un City resident Dennis Gazso is currently the music director of the Musicmakers. This has been a lifelong dream of his. Dennis is a music addict. He always has sought the great choral sound, the infrequent feeling you get when you're listening to music and hoping to hear the sound of a great choir. He says the sound is addictive, and it is why he chose to get into music education as his career.

He was born in Michigan and lived in Flint, Traverse City and Petoskey, and worked in the public schools. His choir at Petoskey High School (about 900 students) grew from a six-member group to the Outstanding Public High School Choir in the State in 1980!

Dennis then went on to teach music in some private schools, and he and his wife, Shelle, finally decided to go west in 1994. They used Las Vegas as their entry point to Southern California, and after four interviews there decided to come back to Vegas where he found a music job and they became permanent residents.

In 1996, Dennis started work at Cheyenne High School and was offered the job of both choir and orchestral director at the new Centennial High School in 1999. He worked there until 2002 when he retired from teaching due to the development of hyperacusis, a condition he said, causes "a collapsed tolerance to normal environmental sounds and the ears lose most of their dynamic range." It was painful and quite distressing for a man, who, so dearly loved the sound of perfect music.



Dennis and Shelle moved into Sun City Summerlin and have lived a quiet life since 2008. Recently, his sister Sandra, who also lives in Sun City and is a member of the Musicmakers, told the other members of the group about her musical brother and his special talents. After discussions and interviews, Dennis was named music director of the Musicmakers. He is currently rehearsing for the Club's upcoming concert in May.

About his new job, Dennis said, "The rehearsals with the Musicmakers every week are two of best hours of my life. I try to have them be two of the best hours for the members of The Musicmakers, as well.

~ *Stu Gershon/Link*

many benefits associated with different kinds of stocks. Learn how to identify quality investments with attractive prices. You also can participate in our camaraderie, 50/50 raffle and refreshments. Annual dues are \$10. See you on March 23, Desert Vista, 7 p.m. Call Steve Commander, president, 304-1768.

**Italian**

Friday, March 18, 6 p.m., will be our annual St. Joseph Dinner. The event will be catered and take place at Desert Vista. Doors will open at 5:30 p.m. Dinner, drink and dessert will be provided. The cost is \$14 per member. There will be additional entertainment, featuring vocalist Kevin DeCasa for your listening pleasure to round out the evening. Hosts for this dinner meeting will be Joanna Domina, Pat Ashbaugh, Dean and Vi Graham, and Peter and Maria Bentivegna. For Club information, call Del Bennett, 240-8584 or Helen

Zannotti, 341-5836. Members: you can submit your fees ASAP to Helen Zannotti, 2909 Billy Casper Drive, Las Vegas, NV 89134. (Also, if you haven't already done so, \$15 membership fees are due and payable, now.) NOTE: For Italian language lessons, Italian Club members only, contact Joan Jones, 869-3999.



**Jewish Friendship Club**

Our March meeting will take place on Tuesday, March 15, 7 p.m., Desert Vista. We will have wonderful entertainment for you. Refreshments will follow.

The Jewish Friendship Club Board meeting will take place on Monday, March 14, 2 p.m., at Sun Shadows. For information, call Ed Turken, 341-9516.

# CLUBS Chartered Clubs

## Krafty Kritters

If you enjoy doing crafts, please come and join us on Tuesdays, 1-3 p.m.; Saturdays, 9 a.m. to noon; also tile painting on Thursdays, 9:30 a.m. to 3 p.m., in the multipurpose room at Desert Vista. This month's meeting is Saturday, March 5, 9 a.m. We would like anyone, non-members included, who have used or old keys that you no longer need to please drop them off as we will be using them for a wind chime project. We accept donations of craft items and yarn. Please check out the window display of members' handcrafted items. We welcome all new members. Call President Michele Kocinski, 658-0767.

## Liberal Club

The next Liberal Club meeting will be Monday, March 7. The Clark County Democratic Party President, Chris

Miller, will speak on plans for GOTV (get out the vote) for 2016 and 2018. The April meeting will feature U.S. Senate candidate Catherine Cortez Masto, former Attorney General for the State of Nevada. Club meetings are the first Monday of each month, 7 p.m., Desert Vista. All residents are welcome to join. Annual dues are \$5 per person. Call Joe for more information, 823-1748.



## Mah Jongg

The Sun City Mah Jongg Club meets every Tuesday, 11 a.m. to 4 p.m. at Mountain Shadows. Dues for 2016 are \$10. We play Mah Jongg using the standardized hands of the National Mah Jongg League. We welcome experienced players as substitutes and permanent players. We give complimentary lessons for Sun City residents who wish to

# DIRECTORY SCSCAI Chartered Clubs & Community Organizations\* Directory

## AQUACIZE

Marianne Jagmin, 243-3932

## ART

Steve Brenner, 749-7737  
Mar 21

## ARTHRITIS

Jim Gaughan, 233-1087

## BEADING & JEWELRY

Pat Tarabek, 604-9296

## BICYCLE

Dick Edmister, 920-3983

## BILLIARDS

William Mahoney, 869-3667

## BOCCI

Henrietta Rapp, 987-3456

## BOOK

Jean Smith, (660) 221-6514

## BOOMER CONNECTION

Julie Zerbel, (512) 775-1309

## BRIDGE (DUPLICATE)

Dick Colwell, 255-8320

## BRIDGE (FRIDAY NIGHT)

George Horvat, 255-6452

## BRIDGE (RUBBER)

Mary LaFerney, 562-1550

## BUNCO

Charles Durden, 838-9959

## CANASTA

Linda Collins, (918) 630-7104  
(702) 912-1615

## CERAMICS

Angie Smith, 463-9175

## CHICAGO/MIDWEST

Jerry Minsky, 360-2776  
Mar 20

## CLASSICAL MUSIC

William Rydell, 580-0727  
Mar 28

## COMPUTER

Howard Verne, 527-4056  
Mar 3

## CONSERVATIVES

Richard Jones, 240-9863  
Mar 24

## CRIBBAGE

Robert Fitzgerald, 233-1233

## CRUISE & FOREIGN TRAVEL

Brenda Izen, 233-4473

## DANCE CO. "A CLASS ACT"

Suzanne Rosenthal, 901-4974  
Mar 9

## DANCE CONNECTION

Kris Steinwand, 443-8759

## EUCHRE

John Miller, (330) 603-7863

## FISHERMEN & FRIENDS

Bob McCauley, 242-4240

## FITNESS

Kim Holtman, (253) 347-5608  
Mar 19, registration deadline  
Mar 28, classes begin

## FRENCH

Danielle Luthy, 360-5141

## GIN RUMMY

Linda Ray, 586-1007

## GOLF (GUYS & GALS)

Amos Barcus, 755-9623  
Mar 13, tourney

## GOLF (LADIES) 18 HOLE

Debby Smith, 685-5548  
Mar 8, meeting  
Mar 14, 29, team play

## GOLF (LADIES) EXECUTIVE

Joann Zornow, 242-1331  
Mar 22

## GOLF (MEN'S) 18 HOLE

Marion Rotolo, 485-6847  
Mar 14, 17, 22, tourneys

## GOLF (MEN'S) NINERS

Lynn Grotewold, 675-4699

## GUN CLUB

Allen Sakaguchi, 331-3390  
Mar 11

## HAWAIIAN

Sandy Weiser, 612-5908  
Mar 8

## HIKING

Susan Feinberg, (312) 330-3471  
Mar 3

## HORSESHOES

Ray Leavitt, 228-6939

## INVESTMENT

Steve Commander, 304-1768  
Mar 23

## ITALIAN

Del Bennett, 240-8584  
Mar 18

## JEWISH FRIENDSHIP

Ed Turken, 341-9516  
Mar 15

## KRAFTY KRITTERS

Michele Kocinski, 489-7726  
Mar 5

join the Club. Please contact Sharon for lesson information, 243-8271. For current members who need a player for their game, and for players who wish to find a game, please call Bobbie, 242-4467.

**Men's Club**

Great program, great breakfast, great events, great friends. Men in Sun City are doing it! You should, too! Join us for our March 29 breakfast meeting (last Tuesday of the month), Desert Vista, 9 a.m. Yearly dues are \$10, continental breakfast meetings are \$3 each. Our speaker will be Dan Leishra, who is an audiologist. He will tell us how to take care of our hearing and brief us on ways we can deal with hearing loss. This should be a very interesting program about an important problem for many seniors. Our club has monthly happy hours, discussion breakfasts at a local restaurant, small group get-togethers, poker games, volunteer projects to help our community, men's discussion group, monthly lunch outings, trips, hike/walks, many other special events

for men and their significant others. Our club is growing every month, and we are one of the most active clubs anywhere. We are redefining friendship and have a ton of fun, as well. Call Alan, 847-558-5423.



**Military and Friends**

Our Valentine's party was well attended and enjoyed by all. We invite members and guests to join us at our annual picnic on June 4, 11 a.m. to 3 p.m. It will be held at the Desert Vista picnic area. Contact Andy, 341-8746, for information. Membership in our club is open to all residents in Sun City. Annual dues are \$10 per person. Join us for fun and comradeship. For other information, call Herman, 255-9625, or Lorraine, 456-3958. Visit our Club website, [www.scsmilitaryandfriends.com](http://www.scsmilitaryandfriends.com). On March 3, 1931: The "Star Spangled Banner" became the "National Anthem."

**LIBERAL CLUB**

Joe Cerva, 823-1748  
Mar 7

**MAH JONGG**

Sharon Chaiken, 243-8271

**MEN'S CLUB**

Lynn Grotewold, 675-4699  
Mar 29, breakfast meeting

**MILITARY & FRIENDS**

Rick Cornstuble,  
(765) 430-4400

**MODEL BUILDERS**

Bruce Adams, 463-9921

**MUSICMAKERS**

Pat Bedunnah, 384-4222

**NEW YORK**

Estelle Cohen, 869-6021  
Mar 2

**ORGAN, PIANO AND KEYBOARD CLUB**

Marti Stimpson, 243-3662

**PAN GAMES**

Linda Harrington, 778-1436

**PHOTOGRAPHY**

Mary Miles, 838-3716

**PICKLEBALL**

August Costanzo, 375-4533

**PINOCHLE**

Richard Mitchell, 341-5314

**POKER**

Jean Modes, 363-1939  
Mar 6 & 19

**QUILTING**

Theresa Cooper, 421-2150  
Mar 12, tea  
Mar 14, meeting

**RACQUETBALL**

Elizabeth Anderson, 873-0972

**RESIDENTS' FORUM\***

Glenda Rogers, 255-7755  
Mar 9, bingo

**R.V.**

Dave Stahlhut, 592-0581  
Mar 14

**SAWDUSTERS**

Bev Pasco, 838-2621

**SECURITY PATROL\***

Bill Henriod, 254-2303  
Mar 23

**SEWING (JUST SEW)**

Linda Habel, 228-6898  
Mar 2

**SHUFFLEBOARD**

Andrew Lawson, 242-1540

**SILVER FOXES**

Jean Modes, 363-1939

**SILVER, LAPIDARY & GLASS**

Sam Miller, 629-6278  
Mar 12

**SILVERTONES**

Joan Messineo, 363-3330

**SOFTBALL-MEN'S**

Jim Parker, 858-0569

**SPANISH**

Norm Hirata, 503-4584

**STAINED GLASS**

Sam Policicchio, 704-4492

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**SUNSHINE SERVICE\***

Mary 'Lou' Pasqualin, 360-0683  
Mar 7

**SWIM**

Carol Rudolph, 869-3303

**TABLE TENNIS**

James Ko, 586-7787

**TAI CHI**

Doyle Kloehn, 371-3475

**TENNIS**

Ellen Crawford, 478-8806

**THEATER (COMMUNITY)**

Benny Ruda, 838-3849  
Mar 3

**TRAVEL**

Marise Mizel, 242-2704  
Mar 9

**WATEROBICS**

Joan Lambert, 228-2060

**WOMEN'S CLUB**

Judy Auerbach, 242-0727  
Mar 17

**WRITER'S WORKSHOP**

Maxine Muccigrosso  
360-1863

**YOGA**

Carolyn Palubinskas  
243-3758

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# CLUBS Chartered Clubs

## Model Builders

Our next Model Builders Club meeting will be held on Wednesday, March 9, at 10:30 a.m. at Desert Vista. Meeting dates are the second Wednesday of the month. The Club’s goal is to provide a creative environment that allows our members an opportunity to achieve excellence in scale model building (in plastic or wood), as well as to enjoy model rail-roading, featuring our extensive HO layout. Club members are also involved in leather crafting, wood carving, and doll house building. The Club welcomes new members who are interested in working in wood, plastic or leather, or who would enjoy running our fantastic HO Model Railroad. Call Bruce Adams, 463-9921.

## Musicmakers

It’s never too late to join us. Making beautiful music is so much fun. For our spring concerts we will be performing songs from the Beach Boys and Supremes, along with other great music. Rehearsals are on Mondays and Wednesdays at 1 p.m. in the Music Room at the Pinnacle. We will perform our concerts on Saturday, April 30, 7 p.m., and Sunday, May 1, 2 p.m., at the Starbright Theatre. Contact Pat BeDunnah, 384-4222; or Jeanne O’Shea, 228-4429.



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## New York Club

The New York Club will be honored to have detective Michael Gomez as its guest speaker on Wednesday, March 2, Desert Vista, Room 5, 7 p.m. He is a train-

ing officer for the Las Vegas Metropolitan Police Department Identity Crime Unit. It will be of great interest to us. Refreshments will be served. Bring a friend. Call Linda, 363-7377, or Fred, 869-6021.

## Organ, Piano and Keyboard Club

Music lovers come join us. Club meetings are on the second Tuesday of the month, but we meet at 9 a.m. Tuesdays in the Music Room in the Starbright Theatre building at the Pinnacle. Members play either a Roland, Lowery organ, or piano. The teacher uses Hal Leonard E-Z Playbook #200, “Best Songs Ever.” Dues are \$5 per year. Visitors are always welcome and members may use the Music Room by reserving a time at the Social Monitor’s station. Call Marti Stimpson, 683-4112, for Club information.

## CLUB SPOTLIGHT: Table Tennis Sun City Hosts Anthem Players for a Day of Friendly Competition

Our club recently hosted a fun and play event at the Pinnacle table tennis center with our friends from Sun City Anthem. More than 30 players participated. The format was a mixer, double play. Each team was made up of one member and one guest partner. After each game we changed partners and/or rotated to a different table so that everyone ended up playing a lot of games. All players had a good time.

The activities lasted about two hours with a lunch break in between outside on the patio area. Our friends from Anthem also brought with them some USA Table Tennis-ranked players to exhibit their skills. They were generous enough to share some of their techniques with our members. It was a very memorable and exciting event for both clubs.

From the photo, you can see the fine facilities at the Pinnacle table tennis center with four tables. Our guests and members are all very active seniors in the Sun City communities. Table tennis helps keep one mentally sharp and improves hand-eye coordination, along with offering many other health benefits.

This summer, world-class table tennis players will compete in the 2016 Olympic in Rio de Janeiro, Brazil.

Table tennis started in England around 1900, modeled after the lawn tennis game, except that players used the dining room table. Rumor has it that players used the lid of a cigar box as the paddle. Nowadays, the table tennis game is truly global in scope.

Our members meet and play in the mornings from 9 to noon at the Pinnacle on Sunday, Monday, Wednesday and Friday, and Tuesday evenings from 6-8 p.m. We welcome all levels from beginners to advanced. The annual membership fee is \$10, and the Club is open to all Sun City residents. For more information, look for our club's flier posted in each of the Community Center's bulletin board.

~ Jim Ko/Table Tennis



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# CLUBS **Chartered Clubs**



## Pan Club

Pan is played at Mountain Shadows on Tuesdays, 11 a.m. to 3:30 p.m. Dues for the year are \$10. Learn to play Pan with Al Weiner, 256-9415, on Thursdays from 11:30 a.m.

to 1 p.m. For any questions, please call Linda, 778-1436.

## Photography Club

Dust off your camera and join the Photography Club. We meet the second Thursday of the month at Desert Vista at 7 p.m. We would love to have you as a new member. Share your love of photography with slide shows, photo theme contests and photo critiques. Join us! Check out our cabinet display at Mountain Shadows Community Center this month. For more information, please feel free to call Mary, 838-3716.

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## Pickleball

If you enjoy paddle/net competition and tennis is out of reach and racquetball is too much, Pickleball is your answer. We are looking for

interested folks to participate. You can find more information at our website, [www.scpickleball.com](http://www.scpickleball.com), or you can reach President Augie Costanzo, 301-2183; Vice President Jo Ramsey, 460-0812; or Treasurer/Secretary Bob Altomondo, 743-3901.

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## Pinochle

We meet Tuesdays at 5:30 p.m., Mountain Shadows. If you're an experienced player, we would love to have you join us. New members are always welcome. Play begins at 5:30 p.m. Come 15 minutes early to register. For information, please call Richard, 341-5314.

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## Poker



The Poker Club meets the first and third Saturdays every month at Mountain Shadows' High Sierra Room, 6 p.m. Our next sessions are March 6 and 19. Club dues are \$5 annually. We welcome you to attend our club, bring a friend and make your own table. We have the cards, chips and poker tables; all we need is you. We serve coffee, tea and light snacks. Call Jean Modes, 363-1939.



### Quilting

Our club is growing lots of quilters! We will celebrate our new members with a tea, which will take place on Saturday,

March 12, 1-3 p.m., in our Quilt Room. A special program will take place at our general meeting on Monday, March 14, when we welcome Christa Watson, a well-known quilting author, who will do a trunk show for us. Board meeting, Thursday, March 10, 11 a.m. For information, call Theresa, 421-2150, or the Quilt Room, 240-1322.



### Racquetball

We have doubles and singles available every day of the week. Check out our schedule for Club time, or just pick a partner and come on down to the Mountain

Shadows fitness center. If you are a squash player or a handball player, give it a go. We have four levels of play to ensure you get the competition you'd like. Get to our website for more details, [www.scsrball.com](http://www.scsrball.com). Our elections were held on December 9 and we have on our board President, Liz Anderson, 413-2108, Vice President Larry Feinman, 804-5543, and Treasurer/Secretary Al Aimone, 778-1216.

### Residents' Forum

The Residents' Forum is an organization that all residents belong to. Its mission is to bring programs of interest and fun to residents on the second Wednesday evening of each month. On March 9, 7 p.m., Residents' Forum will host free bingo with cash prizes at Desert Vista! This is a first-time event that does not involve gambling, as it will cost residents nothing. Everyone will receive one bingo card for use on all six games and there will be refreshments between games. Multiple winners will share prizes. If you have questions or ideas for future programs, call President Glenda Rogers, 255-7755, or come to the planning meetings every first Wednesday, 1 p.m., Pinnacle. April's program will be announced at a later date.



### R.V.

March is a busy month for with the start of Daylight Saving (March 13), St. Patrick's Day (March 17), the start of spring (March 20), Easter (March 27) and on



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# CLUBS Chartered Clubs

top of it all we'll be driving to Goodyear, Ariz., for the spring training attendance. For information regarding our club and its activities, you are invited to attend our monthly meeting at Desert Vista on March 14, 7 p.m. For information, call David, our president, 592-0581.



## Sawdusters

Come join our club and get those projects done that you have been setting aside. We are open seven days a week from 8 a.m. to 5 p.m. Safety classes are given to all members and refresher courses, too. We do repairs for Sun City residents. For more information, please call Bev, 838-2621, or the Wood Shop, 240-1325.

## Security Patrol

Security Patrol is a community organization of resident volunteers who dedicate themselves to making Sun City Summerlin a safe place to live. They are all about neighbors helping neighbors. We welcome new volunteers for positions including drivers, dispatcher and information center officers. For information, call 254-2303, any time. Someone is always there to help you. Our next general meeting will be March 23, Desert Vista. Potluck dinner starts at 6 p.m.; the general meeting will begin at usual at 7 p.m.



## Sewing (Just Sew)

Please join us on Wednesday, March 2, Desert Vista, for our monthly meeting. New and prospective members are welcome. Save the date: Saturday, April 23, 9 a.m. to noon, Sewing Room craft sale. Craft workshops, first and third Thursdays, charity workshops, second, fourth and fifth Thursdays, all beginning at 9 a.m. Donations of yarn are always welcome. For information, contact Gillian MacKenzie, 243-0997.

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**Shuffleboard**

Our club is ready to begin a great year of play. New members are joining and friendly competition is rampant. Games are played Tuesdays, Thursdays and Saturdays, 9 a.m. You are welcome to play all days or whichever days meet your schedule. Much different from other spots, shuffleboard does not commit you to a specific team. We pair up the day of play. Come by and give the game a try. It will take about five minutes to learn. The courts are located behind Mountain Shadows, between the tennis courts and putt-putt golf. Call Andy Lawson, 242-1540.



**Silver Foxes**

Please join us for exercise classes to Richard Simmons' tapes at Sun Shadows. We welcome new members to get moving at our classes on Mondays, 10-11 a.m.; Tuesdays and Thursdays, 9-10 a.m. and 10-11 a.m.; Saturdays, 10-11 a.m. the Club's yearly dues are \$8. For more information, please call Sue, 739-9696.



**Silver, Lapidary & Glass Fusion**

Do you love rocks, silver and gold, and artsy glass? Join us. Classes are held quarterly. Our studios are open from 8 a.m. to noon every day except Tuesdays and Sundays. Stop in for a visit to see how creative

you can be. Our next Club meeting for members will be held March 12 at 9 a.m. in the Silver Room. Please contact Sam Miller, president, 629-6278, for more information about our club.

**Silvertones**

Celebrate Mother's Day weekend on Broadway! The Silvertones' Spring Concerts on May 7-8, titled "Everything's Coming Up Broadway," will make you "Guys and Dolls" feel the "Steam Heat" from "Bali Ha'i" to "Glocca Morra." If you feel "Bewitched, Bothered and Bewildered," you'll find tickets will be on sale at the monitor stations for \$10. We rehearse on Thursdays from 1-3 p.m. in the Music Room at the Pinnacle with additional Tuesdays closer to show dates. Contact Joan, 363-3330, with any questions.



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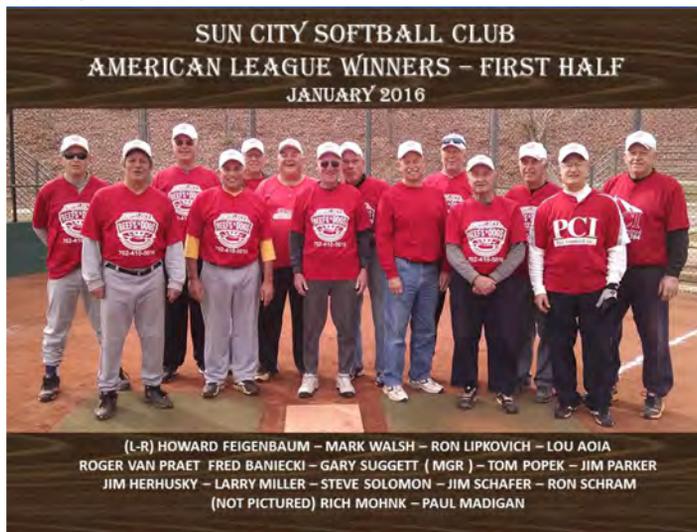
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# CLUBS Chartered Clubs

## Softball-Men's



*Congratulations to the American League Red Team, playing in the Sun City Summerlin Softball Club, for finishing in 1st place for the first half of the season. They were one of three teams that were in contention for the top spot, and they held on to finish by one and a half games in front of the second-place team. The second half of the season started February 25 and will continue through April 29. There are more than 85 players participating in the softball league with new residents adding to the roster every year.*

The Sun City Men's Softball Club will have a general meeting either in April or May to review the Club by-laws. The by-laws require a vote of the membership to change, and you will receive the current by-laws and the proposed changes in advance of the meeting. You will receive notice of the meeting date in advance. Officer elections will be held May 2, 9 a.m. at the softball field. Visit [www.scsssoftball.com](http://www.scsssoftball.com).

## Spanish

The Spanish Club offers classes at beginning, intermediate and advanced levels that include conversation and composition, all taught by experienced instructors. Classes are held on Wednesday and Friday mornings, Sun Shadows. To join or obtain additional class information, contact Jim Ross, 461-8741, or e-mail [jamesbrianross@gmail.com](mailto:jamesbrianross@gmail.com). ¡Bienvenido!



## Stained Glass

We are approaching another special time, St. Patrick's Day. Perhaps you'd like to make a stained glass shamrock to hang in your window, or display in your home. This you

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can do; join our club. We even have instruction classes for you to learn the basics and when you become a member you can expand on your new skills. Our existing members will be glad to help you if it is needed. We are located at the Mountain Shadows community center, in the craft wing. You also may call President Sam Policicchio, 253-988-8342, for information. Hope to see you there.

### Sun City Summerlin Charities

Charities provides residents who are unable to drive with transportation to medical appointments, shopping and other personal services. We also offer handyman services such as replacing light bulbs, fire alarm batteries, furnace filters and repairing cabinet hinges and drawer guides. We currently need more volunteers to handle a growing demand for handyman services. If you are interested in helping your fellow residents who cannot perform these tasks, please call us at 254-5831, or stop by our office adjacent to the Desert Vista picnic area, Monday to Friday, 8:30-11 a.m.

### Sunshine Service

We loan canes, walkers, wheelchairs and other medical equipment, as well as car seats, high chairs, strollers and mattresses to Sun City residents with a valid Association ID. We also collect aluminum tabs, Campbell's soup labels

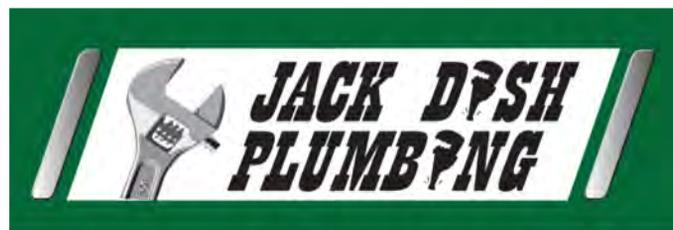
and food donations to be distributed to charity. Help us fill Salvation Army food barrels with non-perishable food items. The barrels are located at our warehouse and in the lobby of Mountain Shadows. Our equipment warehouse is located at Desert Vista, to the right of Security Patrol. We are open Monday to Saturday, 9-11 a.m. Our general meetings are open to prospective members and guests and are held the first Monday of the month, unless noted. On March 7, our meeting will be in Room 5 at Desert Vista, 10:30 a.m. The new Security Patrol Chief, Bill Henriod, is scheduled to speak. Call 341-9741.



### Swim

Our "2nd Tuesday Swim Club Lunch" will be on Tuesday, March 8, 11:30 a.m., at Edge of Town, NE corner of the 215 Beltway and Cheyenne Avenue.

Members and their guests are invited. The Annual Tecopa Hot Springs Trip will be Saturday, April 16. Speak with Freddy for more information. Anyone interested in joining the Club may contact any of us or just come on over to the Desert Vista indoor



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# CLUBS **Chartered Clubs**

pool during our regular swim time, Monday, Wednesday, and Friday, 9-10 a.m. We have swimmers at all levels and instructors who can teach swimming or improve your form. Beginner swim lessons are offered free to club members. Annual dues are \$10. Contact Carol Rudolph, 869-3303.

## Table Tennis

The newly elected 2016 officers are President Jim Ko, 586-7787; Vice President Jeff McCabe, 596-6405; Secretary Lauren Lentz; and Treasurer Harry Wulf. Members range from beginners to senior gold medal winners. Annual dues are \$10. The Club traditionally sponsors a buffet breakfast in March and a fall picnic in October. Club play occurs at Pinnacle (four tables) on Sunday, 8:30 a.m. to 1 p.m.; Monday, 9 a.m. to 12:20 p.m.; Tuesday 5-8 p.m.; Wednesday, 9 a.m. to 1 p.m.; Friday, 9 a.m. to 1 p.m.; and at Sun Shadows (1 table), Thursdays, 5-8 p.m. Other hours are available by arrangement with the Fitness Monitors. The Club holds internal tournaments monthly, generally on the first Sunday.

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Short form beginners: Wednesday and Friday, 4 p.m./Long form beginners: Wednesday and Friday, 2 p.m./24 and 48 forms for beginners: Monday, 2 p.m. at Desert Vista; Thursday, 2:45 p.m. at Pinnacle/Short form advanced: Monday

and Friday, 3 p.m./Long form advanced: Wednesday, 3 p.m., and Friday, 1 p.m. For information, call Mery Finkle, 228-8417, or Jim Ko, 586-7787.

## Tennis Club

Our club offers the opportunity to meet other players whom you will enjoy spending court time with. Annual dues of \$10 should be sent to Jo Morykwas, 228-8557. Joan Walling is the new league co-ordinator. Call her at 242-6184 to add your name to the Sunday 3.5 league roster. Look for details of a spring tournament coming soon. For information, contact Ellen Crawford, 478-8806.

## Theater (Community)

Have you ever wanted to be part of a fantasy? If the answer is yes, then we can help make your wish come true. Join us on

Thursday, March 3, 5:30 p.m., at the Starbright Theatre. We will be holding auditions for our production, which will be held on September 10-11. For more information, call Benny or Elaine, 838-3849.



*Engelbert Humperdinck*

**Travel**

The next meeting will be on Wednesday, March 9, 3:30 p.m., Desert Vista, Room 5. Bring your check-book. Checks are required at time of sign up. Make checks payable to Tours of Distinction. At the Smith Center, March 1 and 8, Frankie Moreno in Cabaret Jazz; March 19, Engelbert Humperdinck; March 21,

Yanni; March 25, Kristin Chenoweth; April 29, Liza Minnelli; and April 30, The Beach Boys. For information, call Marise, 242-2704, or Sharon, 838-4319.

**WaterObics**

Appropriate exercise can relieve the pain and stiffness of arthritis, improve mobility and function, help ward off heart disease, and lift your spirits and self-esteem. A gentle beginning exercise is the aquatic program offered by the Club in the Sun Shadows pool. Visit one of the eight weekly classes for a 45-minute workout led by a certified instructor Monday through Friday, 9 a.m.; Monday, Wednesday and Friday at 9 p.m. Dues of \$110 may be pro-rated. Call Club President Joan Lambert, 228-2060.

**Women's Club**

The March 17 meeting at Desert Vista falls on St. Patrick's Day. To celebrate the occasion, we will have a Wearing of the Green contest, with a prize awarded for the most creative green outfit. Entertainment will be provided by the popular tenor George DeMott of Poperazzi fame. Doors open at 11:30 a.m. and the program begins at 12:15 p.m. For information, call Judy, 242-0727, or Mary, 341-6734.



**Writer's Workshop**

If you love to write and want to be inspired by the most talented and friendly people in Sun City, come join us on the second, third and fourth Monday of each month at Sun Shadows, 9-11 a.m. Whether you're interested

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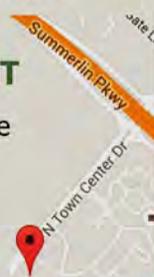


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- Update on New Crystal Esprit Yacht & itineraries
- Update on 2016-2017 Crystal Cruises itineraries
- Crystal Luxury Air

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**CLUB SPOTLIGHT: Book Club  
Inspiring Conversation a Real  
Page-Turner at Monthly Meetings**

**T**he Sun City Book Club is one of the oldest chartered clubs in our community. It was formed in 1991. The president is Jean Smith, who works very hard with the other officers to ensure members get a chance to share their opinions.

Jean says her goal is “to keep us reading all types of books that you might not otherwise read, and to share your thoughts with others.” The Club charges annual dues of \$2 and meets the second Thursday of the month at 2 p.m. At the beginning of the year (September/October), a committee meets and compiles a list of books that the members should consider reading. It is very important to note that the members are given a number of books to vote on and they decide what they are going to read the coming year.

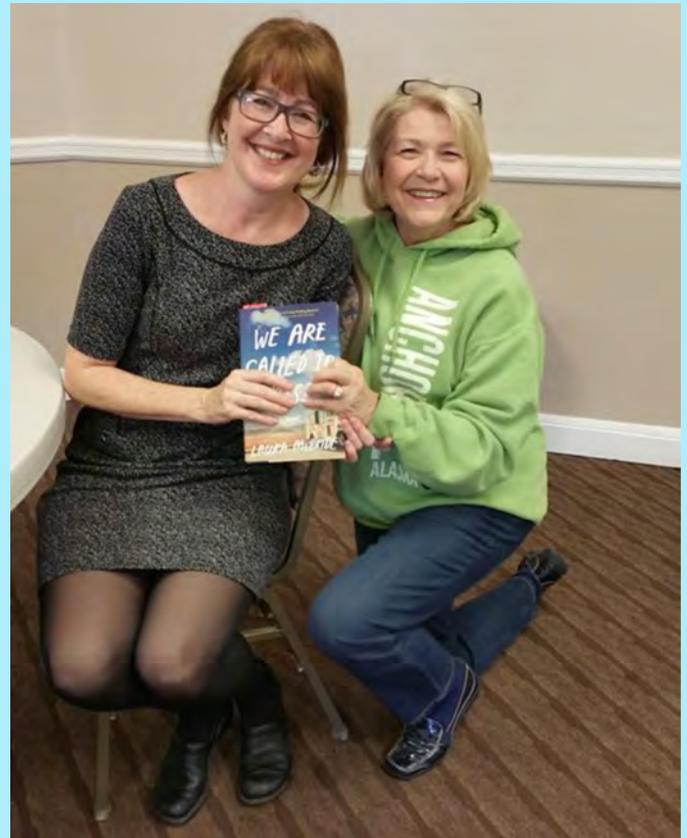
After the books have been selected, each is assigned a specific month and the members work through their lists on all sorts of devices – traditional paper, Kindle and audio. When the Club meets (at Sun Shadows) members discuss the book of the month, its author and any ideas related to the topic or writer.

Occasionally, the Club has a guest speaker, usually an author, who tells the members about his/her book, which usually includes a Q&A.

Last year local author Laura McBride, a teacher at the College of Southern Nevada, spoke to the Club. “She was bright, entertaining and very open to sharing the process of becoming a best-selling author,” said Jean. Her fictional novel, “We Are Called to Rise” is loosely based on a real event in Las Vegas history.

Club membership fluctuates depending upon the time of the year, and when the members meet, “it’s about friends sharing an experience.”

~ Stu Gershon/Link



*Above: Book Club members, from left, Judy Hirni, Helen Wilder, Jean Smith, Kathi Minsky, Cheryl Kidd and Fran Brown. Bottom: Guest author Laura McBride, left, and Book Club Secretary Kathi Minsky.*



Mark your calendar next month as the Art Club presents its annual juried fine arts show, this year titled “IMAGINE!” during the weekend of April 2-3, 10 a.m. to 3 p.m., at Desert Vista. Entries will include watercolor, acrylic, oil and mixed media. The much-anticipated show highlights the creativity of members and will again feature the popular Art Bin, where matted, unframed works will be available for sale. There will be raffle tickets to win paintings donated by Sun City’s professional instructors and refreshments. Admission is free.

# OPERATIONS Summary of Operations

Unaudited

## December 2015 Balance Sheet

Assets	Operating Fund	Reserve Fund	Fixed Asset Fund	Consolidated Funds
<b>Current Assets</b>				
Cash (Including Invested Cash)	\$4,663,908	\$12,087,713		\$16,751,621
Due From Funds		0	\$392,137	392,137
Other Current Assets	1,171,727		0	1,171,727
<b>Total Current Assets</b>	<b>5,835,635</b>	<b>12,087,713</b>	<b>392,137</b>	<b>18,315,485</b>
Investments		3,868,792		3,868,792
Land, Buildings & Equipment - Net			46,704,254	46,704,254
Other Assets	23,614		165,000	188,614
<b>Total Assets</b>	<b>\$5,859,249</b>	<b>\$15,956,505</b>	<b>\$47,261,391</b>	<b>\$69,077,145</b>
<b>Liabilities and Fund Balance</b>				
<b>Current Liabilities</b>				
Accounts Payable	\$1,309,501	4,882		\$1,314,383
Due To Funds	392,137			392,137
Deferred Income	2,815,123			2,815,123
Accrued Expenses	430,392			430,392
<b>Total Current Liabilities</b>	<b>4,947,153</b>			<b>4,952,035</b>
Other Liabilities	9,883			9,883
<b>Total Liabilities</b>	<b>4,957,036</b>			<b>4,957,036</b>
<b>Fund Balance Surplus/(Deficit)</b>	<b>902,213</b>	<b>15,951,623</b>	<b>47,261,391</b>	<b>64,115,227</b>
<b>Total Liabilities &amp; Fund Balance</b>	<b>\$5,859,249</b>	<b>\$15,956,505</b>	<b>\$47,261,391</b>	<b>\$69,077,145</b>

## December 2015 Summary of Operations

	Current Month			Fiscal Year To Date (July 2015 - December 2015)		
	Actual	Budget	Variance	Actual	Budget	Variance
			Favorable/ Unfavorable			Favorable/ Unfavorable
<b>REVENUES</b>						
Assessments	716,793	716,793	0	4,223,282	4,223,280	2
Golf Course	210,767	190,614	20,153	1,394,189	1,534,124	(139,935)
Restaurants	43,733	43,941	(208)	296,404	249,982	46,422
Newsletter/LINK	37,160	35,800	1,360	229,708	228,200	1,508
Interest Income	1,888	1,220	668	4,124	2,440	1,684
Other Income	86,943	69,352	17,591	477,981	387,822	90,159
<b>Subtotal</b>	<b>\$1,097,284</b>	<b>\$1,057,720</b>	<b>\$39,564</b>	<b>\$6,625,688</b>	<b>\$6,625,848</b>	<b>(\$160)</b>
<b>EXPENSES</b>						
Golf Course Pro Shops	109,145	109,474	329	654,752	702,192	47,440
Golf Course Maintenance	278,759	237,718	(41,041)	2,225,130	2,334,645	109,515
Restaurant	65,153	57,509	(7,644)	411,538	337,973	(73,565)
Newsletter/LINK	26,244	31,724	5,480	167,249	189,677	22,428
Administration	213,757	162,715	(51,042)	880,424	915,239	34,815
Information Technology	14,652	20,903	6,251	72,876	122,105	49,229
Landscaping	57,326	89,237	31,911	769,908	856,753	86,845
Community Service Programs	49,883	46,348	(3,535)	254,005	240,087	(13,918)
Facility Maintenance	158,763	180,887	22,124	955,399	1,064,944	109,545
Fitness	38,721	38,502	(219)	241,583	253,956	12,373
Security	7,602	6,435	(1,167)	42,862	49,226	6,364
<b>Subtotal</b>	<b>1,020,005</b>	<b>981,452</b>	<b>(38,553)</b>	<b>6,675,726</b>	<b>7,066,797</b>	<b>391,071</b>
<b>Total</b>	<b>77,279</b>	<b>76,268</b>	<b>1,011</b>	<b>(50,038)</b>	<b>(440,949)</b>	<b>390,911</b>

\* Less 800,000 transfer to Reserves = 268,845

For additional SCSCAI financial information, please log on to [www.scsc.ai.com](http://www.scsc.ai.com)

The Association is in compliance with paragraph (b) of subsection 2 of NRS 116.3115 and reserve funds have not been used for daily maintenance.

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# FOR SALE **Classified Ads**

Residents may submit classified ads to the **link** office at the **Mountain Shadows** community center, Monday-Friday, 8:30 a.m. to 4:30 p.m. **COST: Ads are \$2 per line** (30 characters per line = 30 letters, numbers, and/or spaces) **Services or offers of merchandise are considered business ads and will not be taken.** *No refunds are given for classified ads.* **SCSCAI card required at purchase.**

## REAL ESTATE

For rent: Long-Term Lease. Beautiful duplex, 2BD/2BA, all appliances, ceiling fans, and plantation shutters. Brand new plush carpet and fresh paint. Pristine! 1,250sqft. Call .....**233-1202**  
 Attention Water Lovers: Biennial timeshare until at London Bridge Resort on Lake Havasu, AZ. \$5,000. Call .....**838-6598**  
 10201 Crecent Creel. \$1,295/mo. 2BD. Age restricted, pets ok. Call .....**431-7300** ext. 6280  
 Available for lease 4/1/2016. Fully remodeled interior, 1,348sqft, 2BD/2BA. Partially furnished \$1500/mo. Call Patty ...**804-6364**  
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 For Rent: Patio Condo; sunny & clean! 2BD/2BA. Quiet Street. Furnished. Call .....**804-6670** or (858) **886-7724**  
 For Sale! Fully Remodeled Sandalwood - Brand New Inside! 1384sqft. Call Patty .....**804-6364**

## FOR SALE

Passover Dish with 6 Cups. All with gold trim by Mason from England. Firm at \$125. Call.....**256-9950**  
 2014 Buick Enclave SUV. 31K Miles, 1 owner, mobility seat. Asking \$42K – still under warranty. Call .....**(970) 948-1920**  
 GE Porfile smooth cooktop and wall oven, \$150ea or \$250 for both. New 3-in-1 Officejet printer \$75. Call Shirley .....**278-4994**  
 Pride Go-Go Elite Handicap Scooter fits in trunk of car; like new, asking \$750. Call.....**363-2894**  
 New craftsman pro rollaway toolbox. Tools Included \$1,500. ....**489-8429**

Light walnut dining room set. Beautiful wood design. 6 chairs (plastic still on chairs), extra table leaf. Must be seen to be appreciated. \$750. Call.....**363-2394**  
 2009 Club Car. Reconditioned w/warranty. \$4,500 ....**489-8429**  
 Kenmore white 20.6cuft. Refrigerator. Top freezer. No ice maker. Asking \$200. Call .....**243-2917**  
 Two Human Touch Robotic Massage Leather Chairs, \$800ea or \$1,500/both. Call .....**476-8819**  
 2008 Chrysler PT Cruiser. Low milage - under 20,000. Asking \$8,500 O.B.O. Call .....**256-7468**  
 2001 Club Car Electric Golf Car. 8hp-motor, Hi-speed gears (very fast), AM/FM & CD player. Custom Dash & tray. Street legal. Custom tires, wheels & seats. Winter cover & summer screen. Almost new. \$4,000 OBO. Call .....**232-5217** or **240-2969**  
 48" Diameter (4ft) Round, black, thick marble table on big pedestal; absolutely beautiful. Asking \$400. 2-Violono leather loveseats; real leather, dark color, originally purchased from RC Willeys. Asking \$400ea. Call .....**804-8852**

## WANTED

Garage space needed for VW Beetle from April 1st until September 1st. call .....**(406) 203-0058**  
 American Indian art, old Navajo rugs, Indian baskets, pots, turquoise jewelry, gold & silver coins, old watches, Sun City resident & collector, Mike.....**360-0949**  
 Collector buying old U.S. coins, currency, scrap jewelry, & guns. Sun City Resident. Call Bob & Linda at .....**243-0936**  
 Sun City collector wants pistols, rifles, shot guns, reloading equipment and ammo. Top \$ paid. Also, small handicap scooters..**363-2894**  
 SUN CITY COLLECTOR wants any toy soldier, trains, building sets, metal toys & Marx toys (playset) from 1950's & 60's **463-9921**  
 SC collector buying old casino chips & slot cards .....**228-2937**  
 Sun City Resident/Collector wants to buy silver or gold coins and old U.S. Paper money. Will pay cash. Call.....**241-4218**  
 Sun City Resident wants to buy GOOD used car, truck or SUV. Any year, make, model or age. Call.....**241-4218**  
 Collector buying old letters, postcards & stamps; especially from China, Japan & the U.S. Collector can pay much more than the dealer. Call Allen or Edward at .....**210-8161**

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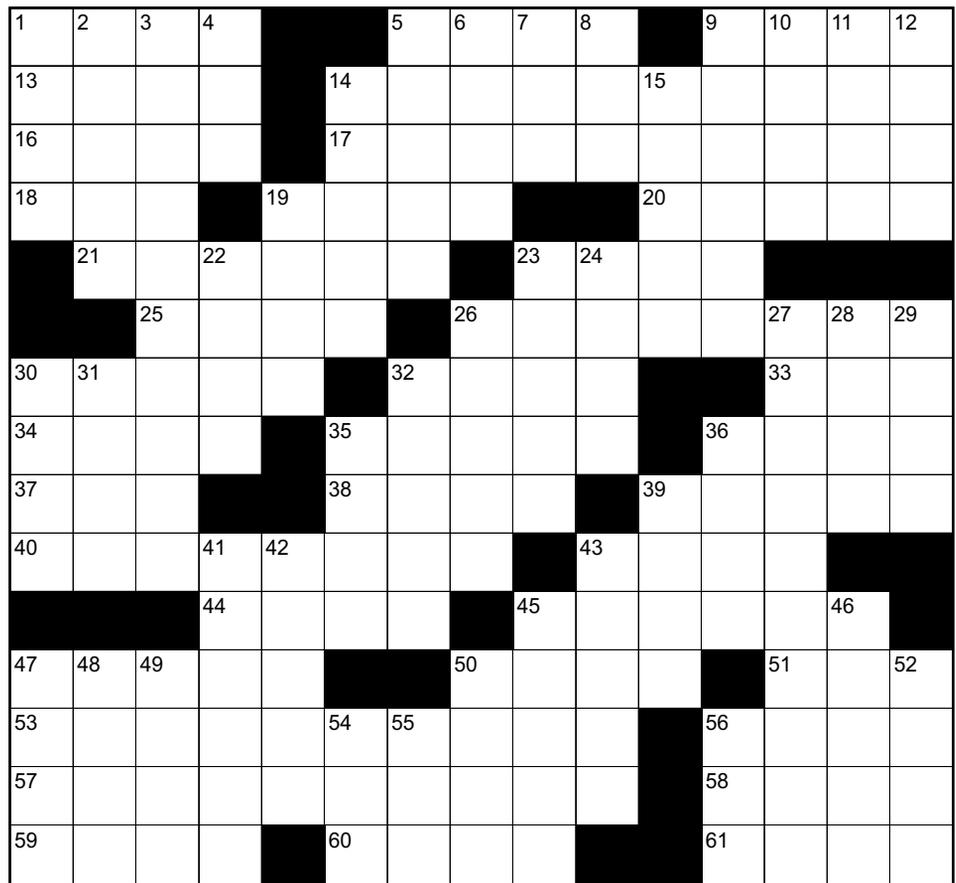
# WORDS Crossword

## Across

1. Isinglass
5. Ignore contemptuously
9. Clematis, for one
13. Skunk's funk
14. Lapping locales
16. Post-Mardi Gras period
17. What the letter C is?
18. '\_\_\_ me think about it'
19. Cut in half, as a log
20. Extreme pain
21. Warning sounds
23. Bombay garment
25. Some votes
26. Stud poker's elicitation
30. Pug's problem
32. Element removed from gasoline
33. \_\_\_ de mer (seasickness)
34. Impart temporarily
35. Tropical trees
36. \_\_\_ facto
37. Feed one's face
38. 'Them' insects
39. 'The Turn of the \_\_\_'
40. Evaluates
43. Head for the hills
44. Glasgow girl
45. Light pudding
47. Summer ermine
50. Type type
51. Mont Blanc, for one
53. Happening by chance
56. Herr's helpmate
57. Weakens
58. Ale serving
59. Spooks' sounds
60. Deuce topper
61. Rolling stone's lack, proverbially

## Down

1. Gangster's gal
2. Nice thoughts
3. Some massive land areas
4. Gallery objects



5. TV Guide listings
6. Rock, scissors, or paper
7. Ossuary
8. Wager
9. Richard Branson's airline
10. Wild about
11. Lighted sign contents
12. Get a glimpse of
14. Some medical procedures
15. Take lessons in
19. Goes out with
22. Word in seven Hope titles
23. False things
24. They might be visual
26. Whip marks
27. Stager
28. Life of Riley
29. Sluggish
30. Leaping insect
31. Meadows
32. Freeway divisions
35. Quarterback's call
36. Keeps cold
39. Slattern
41. Uplifts
42. Slipper material
43. Type types
45. Long green
46. Panaches
47. Sign of healing
48. Pooch in 'The Wizard of Oz'
49. Not fooled by
50. Lavish party
52. Positions
54. Kook
55. Long-nosed fish
56. 28,800 seconds before midnight

## ANSWER TO LAST MONTH'S PUZZLE

T	A	R	P		S	T	R	U	M		C	H	E	W					
O	G	E	E		T	E	A	S	E		L	O	P	E					
F	A	I	R		E	N	G	E	N	D	E	R	E	D					
U	R	N	S		A	D	S			O	A	S	E	S					
					S	O	C	K	S		D	A	M	N					
S	T	E	N	O	S					D	O	M	E	S	T	I	C		
A	R	R	A	Y			S	O	M	E		E	A	C	H				
R	A	T					S	H	E	E	N			B	I	O			
I	D	E	S			L	O	R	D		I	S	L	E	S				
S	E	D	U	C	E	R	S			C	O	H	E	R	E				
						R	U	D	E		V	A	N	E	S				
S	P	U	R	S						C	A	M		A	P	S	E		
I	R	R	E	S			S	O	L	U	T	E		T	O	O	K		
L	O	G	Y				P	A	T	I	O			H	O	L	E		
O	W	E	S							S	P	E	C	S		E	N	D	S

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# SERVICES

## Service Directory

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All telephone numbers published in the Link and at [suncitylink.com](http://suncitylink.com) are in the 702 area code unless noted otherwise.

#### ALTERATIONS/UPHOLSTERY

Alterations by Susan, Crown Dry Cleaners – sequoia . . . . . 294-1333  
Upholstery Servs, Indr & Outdr Furn. AG Interior Design . . . . . 596-7650

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Computer Tutoring & Help, Jim Ross . . . . . 461-8741  
Magic Marble PC & Network Repair. SR Disc. . . . . 725-696-2296  
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Transportation around Town, call Dennis . . . . . 812-5544

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Serl Keefer Welter Certified Public Accountants . . . . . 363-1971  
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Donohue Team/Berkshire Hathaway . . . . . 494-9105

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