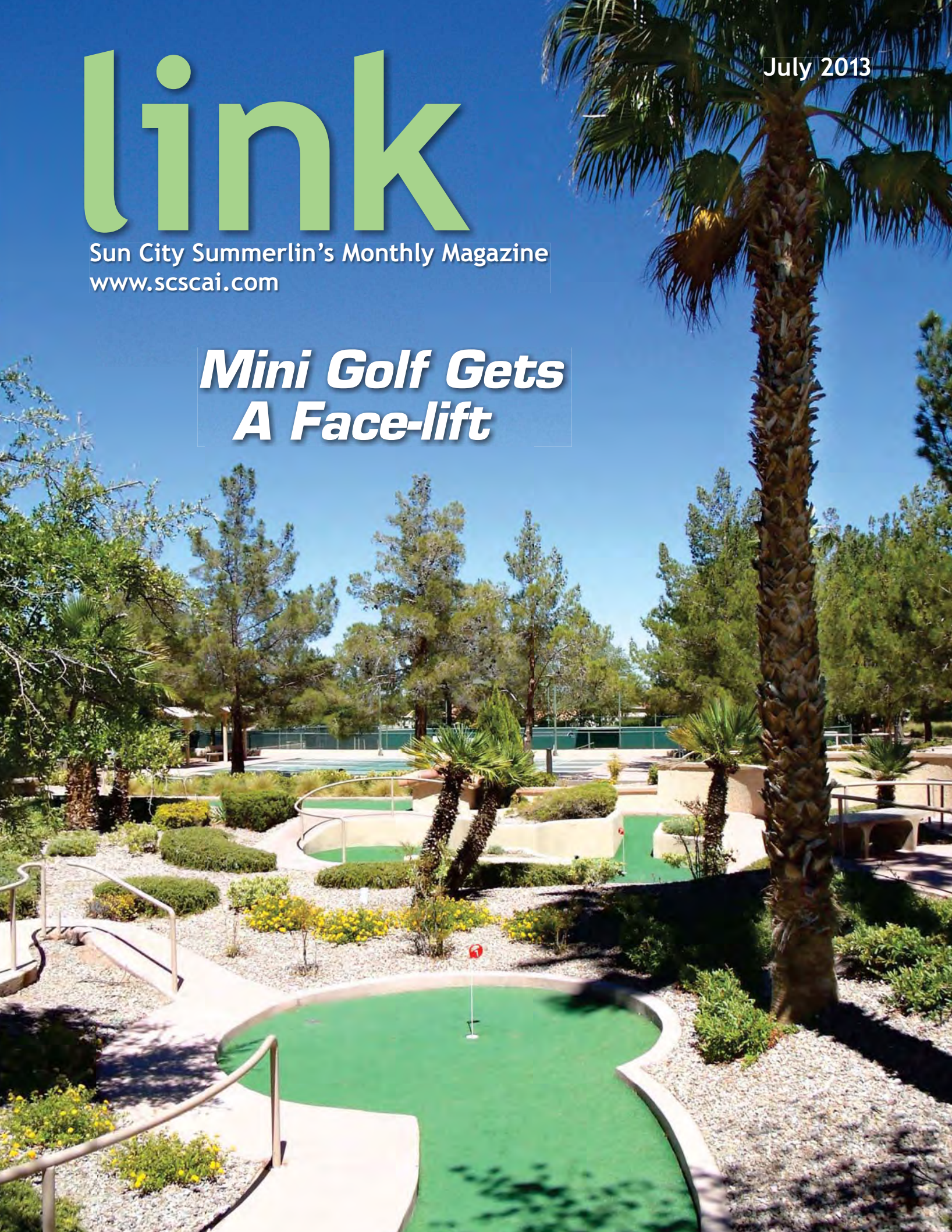


July 2013

# link

Sun City Summerlin's Monthly Magazine  
[www.scscai.com](http://www.scscai.com)

## *Mini Golf Gets A Face-lift*





# “Am I crazy?”



Scott Meier  
“The King of Cool”

I'm offering My Amazing \$149 Air Conditioner Tune-Up for only \$79... **AND I guarantee your system won't break down this Summer or my service is FREE!**

I must be crazy! Summer is often my busiest time of the year. So, why am I offering such a drastic discount on my Super-Tune-Ups? It's very simple. I want you as a client for life! So, I call this my INVESTMENT IN YOU!

I know that I run the tightest service company in the business. I belong to a National Organization of highly motivated and technically competent heating and air conditioning contractors. We are professionally and continually trained in the skills of service, repair, system replacement. If my technicians weren't the best in the industry I could not make such an amazing offer!

I am serious about my profession; proud of my entire staff; and completely dedicated to each and every one of my clients... new and old.

Now, how am I going to prove all this to you if I can't get your attention?

Right! I make you a spectacular offer you can't refuse and win you as a new client for life.

Back to my offer.

My Super-Tune-Up includes a painstaking and thorough 14 point examination of more than 50 potential problem areas in your air conditioner. I will inspect, adjust, and clean your system and if I find anything wrong, I'll bring it to your attention. I will guarantee that your system is fixed right and if it breaks down this summer my service is FREE!

This is a \$149 value for only \$79, when the warm weather hits I will be too busy to offer this super value, and since I have to limit how many of these we do each day, the schedule will fill quickly, so don't miss out!

Call 483-9908 now and ask for Cheryl, Tiffany or Michelle. They will set your appointment time.

## Your "Precision Tune-Up and Professional Cleaning" Consists of These 14 Individual Operations:

- ✓ Thoroughly Clean Condenser Coil
- ✓ Tighten Electrical Connections
- ✓ Lubricate All Motor Bearings
- ✓ Test Compressor Starter Components
- ✓ Verify Proper Supply Air Temperature
- ✓ Electronically Monitor Refrigerant Level
- ✓ Check System for Proper Air Flow
- ✓ Clean Air Filter
- ✓ Inspect Evaporator Coil performance
- ✓ Check Air Conditioner Condensate Drain
- ✓ Inspect Plenums For Air Leaks
- ✓ Clean debris from Air Conditioning Unit
- ✓ Check Calibration of Thermostat
- ✓ Check operation of electronic circuit board



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**CALL US RIGHT NOW  
483-9908**



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## HAPPY BIRTHDAY, AMERICA

*The staff of Sun City Summerlin would like to wish all residents and their families a safe and Happy Fourth of July. Photo by Adrian Cole/Link.*

## link News

**The deadline for September link articles is July 24.**

The link is designed to provide information about residents and activities in Sun City Summerlin. As with any monthly publication, it cannot provide up-to-the-minute news about our community. That information is available on our website, [www.scscai.com](http://www.scscai.com).

## CORRECTION

The May feature on the Dance Company contained an error regarding the ages of club members. Club dancers representing Act I, Act II, Act III, Act IV and the Drill Team range in age from 57 to 92 years old.

The June story "Volunteers at Heart of Sun City Experience" reported an incorrect number of information centers operated by the Sun City Security Patrol. The Patrol staffs three ICs in Sun City Summerlin.

*The Link corrects mistakes. Please bring any errors to the attention of Jeannette Carrillo, managing editor, 363-1546, [jeannettec@suncitylv.com](mailto:jeannettec@suncitylv.com).*

## Sun City Scenes



*Rush hour in Sun City doesn't apply only to automobiles, as this mother goose moves to get her chicks into the water at Palm Valley Golf Course before the afternoon sun kicks into high gear. Photo by Janine Lowen/Link.*

# How to Contact Us

## Get In Touch With the Board of Directors

Jim Akers	966-1458
Bruce Alitt (Treasurer), Legal Svcs. Committee: seawolf1963@aol.com	271-4795
Ellen Bachman (Secretary), CCOC: ebachman@embarqmail.com	966-1453
Ken Carocchia, Link/ARC: kcarocchia@cox.net	254-8852
Leo Crawford (President), IT/CPC: lecrawford@cox.net	468-0277
Dick Danzak (Assist. Treasurer), Fitness: rdanzak@cox.net	278-1007
Sue Papilion (Vice President), CAP, Finance Committee: scsuep@cox.net	838-9089
Ken Resnik, DRHC: resnik1@cox.net	366-0630
David Steinman (Asst. Treasurer): Golf Oversight: dwsteinman@cox.net	493-9728

## COMMUNITY CENTERS

### Mountain Shadows Community Center, 9107 Del Webb Blvd.

Administration Office	Mon.-Fri.	8 a.m.-5 p.m.	966-1401
	1st & 3rd Wed.	8 a.m.-6 p.m.	
Social Monitor Station	Mon.-Sat.	8 a.m.-10 p.m.	966-1410
	Sun.	8 a.m.-9 p.m.	
Fitness Monitor Station	Mon.-Sun.	6 a.m.-9 p.m.	966-1414
Community Standards	Mon.-Fri.	8 a.m.-4:30 p.m.	966-1411
		(Includes CC&R/Architectural Review Committee)	
Facility Maintenance	Mon.-Fri.	6:30 a.m.-3 p.m.	966-1417
Library	Mon.-Sat.	8 a.m.-10 p.m.	966-1410
	Sun.	8 a.m.-9 p.m.	

### Desert Vista Community Center, 10360 Sun City Blvd.

Link Magazine	Mon.-Fri.	8 a.m.-4:30 p.m.	363-1546
Community Services	Mon.-Fri.	8 a.m.-4:30 p.m.	363-3581
Room Scheduling	Mon.-Fri.	8 a.m.-4 p.m.	363-4790
Social Monitor Station	Mon.-Sat.	8 a.m.-10 p.m.	363-1341
	Sun.	8 a.m.-9 p.m.	
Fitness Monitor Station	Mon.-Sun.	6 a.m.-10 p.m.	363-1278
Director of Fitness	Mon.-Fri.	8 a.m.-4 p.m.	363-1486

### Pinnacle Community Center, 2215 Thomas Ryan Blvd.

Social Monitor Station	Mon.-Sun.	8 a.m.-9 p.m.	240-1301
Fitness Monitor Station	Mon.-Sun.	6 a.m.-9 p.m.	240-1326

### Sun Shadows Community Center, 8700 Del Webb Blvd.

Fitness Monitor Station	Mon.-Sun.	6 a.m.-9 p.m.	363-1719
Library	Mon.-Sun.	6 a.m.-9 p.m.	363-1719

## GOLF COURSES (Open 1/2 hour after daylight)

Highland Falls	Mon.-Sun.	Closes 6 p.m.	254-7010
Palm Valley	Mon.-Sun.	Closes 6 p.m.	363-4373
Eagle Crest	Mon.-Sun.	Closes 6 p.m.	240-1320
Golf Course/Landscape Maint.	Mon.-Fri.	6 a.m.-3 p.m.	363-7655

## RESTAURANTS

Vista Grille	Mon.-Sun.	6 a.m.-9 p.m.	363-5330
Tavern at the Falls	Mon.-Sun.	6:30 a.m.-3 p.m.	363-3281
		(Bev. svc. 5 p.m.)	
Eagle Crest Snack Bar	Mon.-Sun.	7 a.m.-3 p.m.	240-1313
Food and Beverage Manager			240-1311

## SECURITY PATROL

Located at the rear of Desert Vista, 10362 Sun City Blvd. 24 hour service

# link

Edition 274

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 Kim Tuel, (702) 363-5984  
 email kimt@suncitylv.com

Our office is located in the  
 Desert Vista Community Center

### Editorial Board

Tammy Collins, Stu Gershon, Barry Goldman, Ellen Greenspan, Marshall Sitrin, Betty Weltman, Aileen Zsenyuk, Ken Carocchia [SCSCAI Board Liaison]. The Editorial Board meets the third Friday of each month. The next meeting will be on Friday, July 19, 9 a.m., Desert Vista.

### Mission

The primary mission of the link is to provide unbiased communication and to inform residents of community news, events and services. The Association provides this publication for informational purposes only and neither endorses nor promotes any of the products or services advertised herein and assumes no responsibility or liability for the statements made in this publication. We reserve the right to edit, condense and verify all articles.

### Classified Advertisements

September deadline is July 24. Advertise your personal items for sale in the link. \$2 per line based on the required Classified Advertisement Form. This service is restricted to residents only and if space is available. Purchase ads at the link Office, located at Desert Vista Community Center. SCSCAI card required at purchase. No business advertisements.

### Credits

link Layout: Jeff Young Design  
 Cover: Sun City's mini-golf course is located at Mountain Shadows, and is open daily, 6 a.m. to 9 p.m..  
 Photo by Jeannette Carrillo.  
 Contributing photographers:  
 Adrian Cole, Stu Gershon.

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# STATION CASINOS

## FREE BINGO IN JULY!

**\$1,000 EVERY SESSION!  
TEN \$100 GAMES!**

**MONDAYS**

**FREE BINGO 7:30AM**  
RED ROCK & FIESTA RANCHO

**THURSDAYS & SUNDAYS**

**FREE BINGO 7:30AM**  
TEXAS

**SENIOR  
WEDNESDAYS**

**50 PLUS**

**JULY SPECIALS**

**FREE \$3,000  
SLOT TOURNAMENTS**

\$1,000 TOP PRIZE • 10AM-7PM

GET POINTS  
**3X  
FASTER**  
GET CASH BACK

**1/2 POINT DINING, BINGO  
& BOWLING**

Must purchase Bowling Plus and valid ID. Must be 50+ to be eligible for half point dining. Half point dining is available for 1/2 point dining & 1/2 point bowling. Complete rules available at the Sports Center at all Station Casinos and Fiesta. ©2013 Station Casinos LLC. Management reserves all rights.



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NORTH RANCHO AT LAKE MEAD



NORTH RANCHO AT LAKE MEAD

# From The Executive Director

---



**Patty Rosia**

*SCSCAI Executive Director*

## **Mountain Shadows Remodel**

The remodel of Mountain Shadows began on June 3, with construction expected to take approximately two months. The planning for the remodel has been in the works for some time. Throughout the renovation, we ask and appreciate residents' patience.

I, along with my staff, have been able to relocate most of the card clubs and open card players to other facilities to help ensure that there is minimal disruption during this time period. To further help, we have posted schedules throughout the community centers, and social monitors have been instructed on all changes so they can help answer any questions you may have.

I am truly looking forward to all of the upgrades that we will be making at Mountain Shadows and once completed I hope that you will enjoy them, too.

## **Vista Grille**

The Vista Grille underwent some changes to its service,

beginning in June. Breakfast is now being served from 5 to 11 a.m., with lunch available from 11 a.m. to 3 p.m. A new snack bar service was introduced and is open from 3 to 9 p.m. The snack bar stocks grab-and-go food items, such as hot dogs, salads, sandwiches, etc. The bar and gaming will be open to accommodate residents until 9 p.m. Dinner service is no longer available. Please check [www.scsc.ai.com](http://www.scsc.ai.com) for new menus. The changes were made due to budgetary reasons.

## **Dog Safety**

As a dog owner, you are responsible for any action taken by your pet. Your time with your dog on its walk should be enjoyable for both of you. When your beloved pet is on a leash, it is safe and so is everyone else.

So with summer just around the corner, please remember that the best way to keep your dog from becoming sick or injured is by keeping it on a leash. Dogs are known to eat many things they shouldn't, and roaming dogs could drink contaminated water, tread through pesticides or plants that have thorns or burrs.

Please ensure the safety of your pet and others by maintaining control of your dog at all times.

# SCSCAI President's Message

---



**Leo Crawford**

*President, SCSCAI  
Board of Directors*

Good day to all the residents of Sun City Summerlin. What a great place to live! One of the great challenges the board of directors and Patty Rosia (our executive director) have is keeping our residents up to date on what's happening in the community. The Link is our primary way of meeting that need. Also, we are required by Nevada

Revised Statute 116 to provide owners with certain information, such as a schedule of board meetings, and that is included in the Link. The Link is your "link" to what is happening in the community and we should all read it cover to cover. The Link includes the schedule for committee meetings (discussed last month), the

Starbright Theatre schedule, the results of the board of directors' meetings and so much more. In our home, we post the calendar page on our calendar so we can easily keep up with what's happening.

As I was reading the most recent Link, I was especially impressed by the section on our chartered clubs. We have 80 chartered clubs – something for everyone. And if you have a particular interest not represented, think about starting a club to meet that need. As an example, the Boomer Connection started about a year ago to fill a particular niche. Want to learn more about computers? Join the Computer Club. Want to practice your poker skills? How about practicing your French or Spanish for that next vacation?

Which leads me to my last topic, the Security Patrol. Although it's listed as a club, it's so much more. We all have some spare time – we're retired! Think about using some of that spare time by joining the Security Patrol and help make Sun City Summerlin a safe place to live.



# SCSCAI Board

## Board of Directors' Motions for May 2013 · [www.scsc.ai.com](http://www.scsc.ai.com)

Copies of the minutes in their entirety can be purchased for 10 cents per page at the Administration office 30 days after the meeting.

- ◆ The Board of Directors unanimously approved to table the acceptance of the Reserve Study by McCaffery Reserve Consulting for the fiscal year ending 2013.
- ◆ The Board of Directors unanimously approved to table the motion acknowledging that the Board of Directors have fulfilled their duty as a Board in reviewing the January, February and March 2013 Financial documents in accordance with NRS 116.31083(6). The Association is in compliance with paragraph (b) of the sub-section 2 of NRS 116.3115 and reserve funds have not been used for daily maintenance. (This motion occurred on May 7, 2013.)
- ◆ The Board of Directors approved a motion to confirm the expenditure of \$3,529.49 for annual Cyber Liability Insurance.
- ◆ The Board of Directors approved an age variance request.
- ◆ The Board of Directors unanimously approved a motion to acknowledge that the Board of Directors has fulfilled their duty as a Board in reviewing the January, February and March 2013 Financial documents in accordance with NRS 116.31083(6). The Association is in compliance with Paragraph (b) of the sub-section 2 of NRS 116.3115 and reserve funds have not been used for daily maintenance. (This motion occurred on May 21, 2013.)
- ◆ The Board of Directors unanimously approved a motion as follows: Motion that the BOD ask the Legal Services Committee to draft a policy concerning fines and liens. The guidelines for the policy to be drafted include 1.) An Intent to Lien letter will be sent to the unit owner when the amount reaches in the range of \$800 to \$1,500; 2.) The cost for the Intent to Lien letter will be \$45; and 3.) Recording and administrative costs will be \$75.
- ◆ The Board of Directors unanimously approved a motion as follows: Motion that the restaurant committee recommends to the Board of Directors to authorize the executive director to list the Sun City restaurants for lease at a nominal rate with a business agent who has expertise in the restaurant business.
- ◆ The Board of Directors unanimously approved the engagement letter/retention agreement of Hutchison & Steffen law firm.
- ◆ The Board of Directors unanimously approved the engagement letter/retention agreement of Kaempfer Crowell law firm.
- ◆ The Board of Directors approved the engagement letter/retention agreement of Jackson Lewis law firm.

### Residents' Forum Meetings

Residents' Forum Workshop  
Wednesday, July 3, 10:30 a.m., Pinnacle

Residents' Forum  
Wednesday, July 10, 7 p.m., Desert Vista

### SCSCAI Board and Committee Meetings

CPC	July 3	9 a.m. (D)
CCOC	CANCELLED	1 p.m. (D)
CAP	July 9	9 a.m. (D)
DRHC	July 9	10 a.m. (P)
Legal	July 10	10 a.m. (D)
ARC	July 11	1 p.m. (D)
IT	July 12	1 p.m. (D)
Board	July 16	9 a.m. (D)
Golf Oversight	July 17	10 a.m. (P)
Finance	CANCELLED	1 p.m. (D)

The Board agenda is posted on the Administrative bulletin board, on the website, and in the community centers. Copies may be obtained in the Administrative office on the Friday prior to the meeting. All meetings will be held at Desert Vista except where noted on the calendar. For updates, please visit [www.scsc.ai.com](http://www.scsc.ai.com).

### CORRECTION

The May 24, 2013, cover letter included in the June Link addressed to Sun City residents regarding the FY2014 Budget Summary inadvertently listed the fiscal year as 2013 in the 4th paragraph, second sentence.

The sentence should read:

At the end of the 2014 fiscal year, the Golf Course Reserve Fund, using among other factors the reserve study, will have an estimated ending balance of \$7,058,817 and the Capital Asset Replacement Fund will have an estimated ending balance of \$4,506,974.

## OFFICIAL NOTICE - BOARD OF DIRECTORS JULY – DECEMBER MEETING SCHEDULE

Month	Board Of Directors Meetings	Board Of Directors Meetings
July	07/16/13	
August	08/06/13	
September	9/10/13	
October	10/08/13 (Evening)	10/22/13
November	11/05/13	
December	12/03/13	

All daytime meetings will be held at Desert Vista, Room 5, at 9 a.m.

Executive sessions will be held typically after the general meetings (if an E.S. is scheduled); however, executive sessions are sometimes held during a recess of the general meeting for various reasons.

Evening meetings: All evening meetings will be held at Desert Vista, Room 5, at 6 p.m. Executive sessions are held prior to any evening meeting(s).

**Note: A resident has the right to:**

- ♦ Have a copy of the minutes, a summary of the minutes or a recording of the meeting upon request (\$.10 per page and \$1 for the recording per meeting) (NRS116.31083). Copies of the minutes and recordings of recent board meetings may be downloaded from the website without charge.
- ♦ Speak to the executive board, unless the executive board is meeting in executive session (NRS116.31085).
- ♦ The agenda is posted on the Association bulletin boards and website on the Friday prior to the meeting.

Recordings of board meetings will be made. The recordings will be kept for a period of 10 years in the Administration's executive director's office in the Mountain Shadows Community Center.

Recordings, minutes or a summary of minutes will be available not more than 30 days after the meeting (NRS116.31083). Depending upon meeting schedules, on occasion, the minutes or summary of the minutes may be in draft form.

### Supplemental Financial Information

**April 2013 NORA**  
Current YTD – \$489,745  
Prior YTD – \$377,198

**April 2013 Home Sales**  
Current YTD – 383  
Prior YTD – 300

**April 2013 Rounds of Golf**  
Current YTD – 69,919  
Prior YTD – 75,690



### Coffee With The Board: Keep Up With What's Going On In Sun City

*July 19, 10:30 a.m., Desert Vista*

Learn about what's going on in Sun City. Residents are welcome to address the Board of Directors in a casual setting. While board members are not allowed to vote on issues during the meeting, they are able to share back-ground information on key decisions, answer questions and ask a few of their own. Sweets and coffee are served.



# Summary of Operations

Unaudited  
April 2013 Balance Sheet

Assets	Operating Fund	Reserve Fund	Fixed Asset Fund	Consolidated Funds
<b>Current Assets</b>				
Cash (Including Invested Cash)	\$4,110,044	\$5,055,681		\$9,165,725
Due From/(To) Funds	(563,892)	355,599	\$208,293	0
Other Current Assets	1,189,013	7,371	0	1,196,384
<b>Total Current Assets</b>	<b>4,735,165</b>	<b>5,418,651</b>	<b>208,293</b>	<b>10,362,109</b>
Investments		7,252,565		7,252,565
Land, Buildings & Equipment - Net			47,924,073	47,924,073
Other Assets	38,432		165,000	203,432
<b>Total Assets</b>	<b>\$4,773,597</b>	<b>\$12,671,216</b>	<b>\$48,297,366</b>	<b>\$65,742,179</b>
<b>Liabilities and Fund Balance</b>				
<b>Current Liabilities</b>				
Accounts Payable	\$1,273,022			\$1,273,022
Deferred Income	2,427,134			2,427,134
<b>Total Current Liabilities</b>	<b>3,700,156</b>			<b>3,700,156</b>
Other Liabilities	2,483			2,483
<b>Total Liabilities</b>	<b>3,702,639</b>			<b>3,702,639</b>
<b>Fund Balance Surplus/(Deficit)</b>	<b>1,070,958</b>	<b>12,671,216</b>	<b>48,297,366</b>	<b>62,039,540</b>
<b>Total Liabilities &amp; Fund Balance</b>	<b>\$4,773,597</b>	<b>\$12,671,216</b>	<b>\$48,297,366</b>	<b>\$65,742,179</b>

Unaudited  
April 2013 Summary of Operations

	Current Month			Fiscal Year To Date (July 2012 - April 2013)		
	Actual	Budget	Variance Favorable/ Unfavorable	Actual	Budget	Variance Favorable/ Unfavorable
<b>REVENUES</b>						
Member Assessments	689,871	685,591	4,280	7,102,476	7,074,524	27,952
Golf Course	383,489	387,749	(4,260)	2,651,064	2,904,952	(253,888)
Restaurants	91,733	81,175	10,558	726,050	634,196	91,854
Newsletter/LINK	46,530	34,680	11,850	361,530	346,800	14,730
Interest Income	357	1,125	(768)	5,506	4,500	1,006
Other Income	78,482	66,886	11,596	707,309	678,366	28,943
<b>Subtotal</b>	<b>\$1,290,462</b>	<b>\$1,257,206</b>	<b>\$33,256</b>	<b>\$11,553,935</b>	<b>\$11,643,338</b>	<b>(\$89,403)</b>
<b>EXPENSES</b>						
Golf Course Pro Shops	116,189	122,314	6,125	1,079,273	1,123,087	43,814
Golf Course Maintenance	340,514	350,048	9,534	3,229,861	3,392,302	162,441
Restaurant	121,852	87,404	(34,448)	1,079,677	825,293	(254,384)
Newsletter/LINK	27,562	25,950	(1,612)	272,927	260,949	(11,978)
Administration	142,640	131,144	(11,496)	1,266,468	1,269,910	3,442
Information Technology	11,916	12,948	1,032	136,511	150,814	14,303
Landscaping	158,892	159,956	1,064	1,465,481	1,551,261	85,780
Community Service	24,201	26,220	2,019	246,150	258,658	12,508
Programs	19,314	14,656	(4,658)	126,935	149,861	22,926
Facility Maintenance	161,166	163,399	2,233	1,591,278	1,746,558	155,280
Fitness	40,829	40,209	(620)	379,336	394,447	15,111
Security	5,654	5,935	281	59,190	59,356	166
<b>Subtotal</b>	<b>1,170,729</b>	<b>1,140,188</b>	<b>(30,546)</b>	<b>10,933,091</b>	<b>11,182,496</b>	<b>249,409</b>
<b>Total</b>	<b>119,733</b>	<b>117,018</b>	<b>2,714</b>	<b>620,844</b>	<b>460,842</b>	<b>160,003</b>

For additional SCSCAI financial information, please log on to [www.scsc.ai](http://www.scsc.ai)

The Association is in compliance with paragraph (b) of subsection 2 of NRS 116.3115 and reserve funds have not been used for daily maintenance.

# RSVP FOR SCSCAI EVENTS

## Mid-Summer Bash

### Mountain Shadows Pool Party



**Wednesday, July 17,  
10 a.m. – 2 p.m.**

#### Free Admission

Join us at the Mountain Shadows fitness center for food, fun and games. Family and friends are welcome to attend. Try your skills at our shuffleboard and putt-putt tournaments. Children must be 42 inches tall for pool-area access, and their hours are extended until 2 p.m. Hamburger and hot dog lunch combos will be available for purchase, as well as sodas, bottled water, cotton candy and snow cones. No tickets or guest passes are needed.

**DON'T DELAY, THIS EVENT  
SELLS OUT QUICKLY.**

## Fall Arts & Crafts Fair Signup Day

**Wednesday, August 28, 8 a.m. · Desert Vista  
Community Center · \$25 per space (two space  
limit) · Includes a 6-foot table and two chairs**

Drop those sock monkeys! Put down your drill! Come and get in the early-bird line at Desert Vista to sign up for a booth at the Sun City Summerlin Arts & Crafts Fair, Wednesday, August 28. Spaces are available and sold to Sun City residents only. You must show your Association card at time of purchase. Hand-crafted items only; no prepared food sales are allowed. Spaces are extremely limited. The event is the perfect venue for you to show off your crafts and sell your work. This popular fair takes place on **Saturday, October 5, 9 a.m. to 3 p.m.** at the Desert Vista community center. Please bring a check or the exact cash. **NO REFUNDS.**





# AND MORE

Transportation to all events is provided. Unless otherwise specified, driver gratuity is not included in the ticket price. Tickets may be purchased at Desert Vista, Mountain Shadows and Pinnacle community centers.



## Makeovers & Mimosas at Saks

**Tuesday, August 13 · Bus departs Pinnacle at 10 a.m.; returns at approximately 2 p.m. · \$12 per person**

Ladies, here's your chance to enjoy some well-deserved pampering at Saks Fifth Avenue at the Fashion Show. Upon arrival, you will be greeted at the bus and ushered into this fun event by a Saks representative. Champagne mimosas and a continental breakfast will be served prior to the presentation. Estee Lauder will host this delightful and informative event, which will include color and skin treatment tips. Tickets go on sale June 25 at Desert Vista, Mountain Shadows and Pinnacle community centers.

## Luxor Hotel and Casino

**Thursday, August 22 · Bus departs Pinnacle at 4 p.m.; returns at approximately 8:30 p.m. · \$12 per person**

"Menopause The Musical," "Bodies . . . The Exhibition," "Titanic: The Artifact Exhibition," Score! The Ultimate Sports Fan Destination are all under one roof at Luxor. Some of the best restaurants in Las Vegas, including Tender (steak & seafood), Rice & Company, Public House and T&T (Tacos & Tequila), plus More The Buffet, Backstage Deli and the food court, as well as gambling galore are yours to choose from when you spend the day inside the Strip's one and only pyramid. We'll get you there and back, you decide what you want to do. Tickets go on sale June 25 at Desert Vista, Mountain Shadows and Pinnacle community centers.



## Golden Nugget Laughlin

**Tuesday, July 23  
Bus departs Pinnacle at 8:30 a.m.;  
returns at approximately 6:30 p.m.  
\$10 per person**

Get away for a nice relaxing day at the Golden Nugget by the Colorado River. Enjoy a leisurely day of gambling and shopping as you sit back and relax while we do the driving. Trip includes transportation and a \$5 food credit voucher that may be used in The Deli, Harlow's or Joe's Crab Shack. You must sign up for a players card in order to receive the food voucher. Tickets are on sale now at Desert Vista, Mountain Shadows and Pinnacle community centers.



# Putt-putt Ticket to Day, Nighttime Fun

If you have a visit from the grandkids planned this month, think of adding a day on the mini golf links to your list of activities.

Located behind the Mountain Shadows fitness center, directly behind the pool area, the mini golf course offers nine holes of challenging fun. Plus, its proximity to the pool area means you can take a break from the heat if the action on the greens gets too steamy. In addition, the mini golf course is lighted for nighttime play, so you can have fun working off that dinner or dessert.

SCSCAI's maintenance department completed a three-week renovation of the mini golf course at an approximate cost of \$10,000. The makeover included new paint, lighting (part of a larger project to upgrade lighting throughout Mountain Shadows) and turf carpet by Floor Works.

SCSCAI Maintenance Director Dennis McGrew said, "I've heard residents say they enjoy the heck out of playing it, and more people learn about the course whenever we do work on it, which is a good thing."

Mini golf clubs and balls are available for free from the Fitness Monitor at the Mountain Shadows fitness center. Residents need to show their Association card to check out equipment. The course is open daily from 6 a.m. to 9 p.m. For more information, call 966-1414.

~ Photos/Story by Jeannette Carrillo/Link



From left, Jeremy Phipps, Sun City resident Anna Lou deStefano, 4-year-old Marisa Praven, Mika Praven holding 9-month-old Ava Phipps, Wendy Phipps, Sun City resident Carl Leatherman, Jeremy Praven and Kai Praven, 7, enjoy a Friday afternoon game of mini golf.



Left: Kai Praven lines up his putt on hole No. 2.

Below: The newly renovated mini golf course at Mountain Shadows is open every day from 6 a.m. to 9 p.m.





# Health & Fitness

## Group Fitness Class Schedule

Effective Monday, July 1

	Mon	Tue	Wed	Thu	Fri
9 a.m.	Body Sculpting <i>Doris</i>		Core Strength & Balance <i>Doris</i>		
10 a.m.	Sit & Be Fit* <i>Doris</i>	Sit & Be Fit* <i>Kristie</i>	Sit & Be Fit* <i>Doris</i>	Sit & Be Fit* <i>Kristie</i>	Sit & Be Fit* <i>Doris</i>
11 a.m.	Body Sculpting <i>Heather</i>	Int. Body Sculpting <i>Kristie</i>	Body Sculpting <i>Doris</i>	Int. Body Sculpting <i>Kristie</i>	Body Sculpting <i>Doris</i>

All classes are held at Desert Vista and are subject to change. See online schedule for updates.

- ◆ Please check with your physician before starting an exercise program.
- ◆ Class space is limited due to safety reasons.
- ◆ Please pick up a numbered ticket from the Fitness Monitor no more than 30 minutes prior to class. Residents must be present. No cards will be held.
- ◆ Classes are 50 minutes long. Classes are closed 3 minutes after they begin.
- ◆ Participants must wear appropriate workout clothing and athletic shoes.
- ◆ Please bring water and a towel to class for your health, safety and comfort.
- ◆ \* Priority is given to participants of limited physical abilities and those who require a chair for a majority of their activities. Residents who attend Core Strength & Balance, Body Sculpting and other fitness classes will be able to sign up on a waiting list in order to attend the Sit & Be Fit class if there is space available.

**Body Sculpting:** Use dumbbells, bands, tubing, body bars, gliding discs and balls to tone, shape and strengthen the muscles of your upper and lower body. All fitness levels are welcome. *Increase the intensity of your workout with the Intermediate Body Sculpting class!*

**Core Strength & Balance:** A standing and floor class that focuses on strengthening your core and improving your balance through the use of gliding discs, tubing and dumbbells.

\* **Sit & Be Fit:** Easy on the joints, this class is gentle, yet effective. Join us to develop your muscular strength and flexibility as you move all your joints through an appropriate range of motion **while seated.**

## Knowledge Is Power When Dealing With Diabetes



**Kristie McWhorter**  
Director of Fitness  
[kristiem@suncitylv.com](mailto:kristiem@suncitylv.com)

Millions of Americans have been diagnosed with type 2 diabetes, and many more are unaware they are at high risk. Although there are two types of diabetes, type 2 is the more common form. Seniors are at a higher risk of developing type 2 diabetes. Of all people over the age of 60, 12.2 million, or 23.1 percent have diabetes. It is important for those who have diabetes or pre-diabetes to learn all that they can about how to manage the condition.

The Fitness Department is sponsoring a diabetes educational seminar series in Sun City that will be conducted by CareMore Health Plan of Nevada. The program will include one-hour sessions that will cover the following areas: the ABCs of diabetes, the effects of whole grains, keeping your heart healthy, healthy fats and why they are good for you, and foot care for those with diabetes. Join us the second Monday of every month for the remainder of the year (dark in November) at 12 noon at the Desert Vista Community Center. Be sure to check your monthly Link magazine for exact dates.

## Mr. Gym Etiquette



**Tip:** Please keep cell phone use out of the exercise rooms. Conversations are disruptive and rude to those who are exercising nearby. It is also very unsafe to talk on cell phones while walking on a treadmill or to use them while in the pool. Talk on your cell phone only in the lobbies of the fitness centers.

# Health & Fitness

## Seminars & Events

All seminars are held at Desert Vista and **require registration** with the Social Monitor at the Desert Vista, Mountain Shadows or Pinnacle community centers beginning the first of the month, unless otherwise indicated. Space is limited.

### The ABCs of Diabetes

Monday, July 8, 12 noon

More than 18.8 million people were diagnosed with diabetes last year; 7 million people went undiagnosed. Join CareMore Health Plan of Nevada for a six-month educational seminar series on managing diabetes. This month you will learn what diabetes is, how it works and what symptoms to look for. Light refreshments will be served.

### Alzheimer's Update

Thursday, July 11, 12 noon

Join Summerlin Hospital for a seminar on Alzheimer's and dementia. Learn the signs and symptoms and treatment options. Learn about the resources that are available to the patient and the caregiver. Light lunch will be provided to those who sign up in advance.

### Arthritis & Physical Therapy

Thursday, July 12, 12 noon

Join Joe Indrieri, MSPT, DPT, owner of Dynamic Spine & Sport, for a seminar on arthritis and how physical therapy can help those suffering with joint pain.

### Eye Health

Thursday, July 25, 12 noon

Desert Vista Community Center  
Join CareMore Health Plan of Nevada for a seminar on eye health. Learn the different types of eye problems

associated with aging and diabetes, how they are diagnosed and treated. Light refreshments will be served.

### Recognizing & Preventing Elder Exploitation

Friday, July 26, 12 noon

Join attorney Lee A. Drizin for a seminar on recognizing and preventing elder exploitation. This seminar will discuss the prevalence of exploitation and abuse, who are the exploiters and why they target seniors, reasons for unreported incidents, where to report exploiters, warning signs of fraudulent offers and identity theft prevention. A special guest from Victim Advocate of Las Vegas Metro Police Department, Special Victims Unit, will highlight the Victim/Witness Assistance Program.

### Wellness Screenings

Tuesday, July 30, 12 noon

Join Valhalla Wellness Center and Dr. Weingrow for blood pressure checks, blood sugar checks and heart rate checks. Following your screening you will have a five-minute consultation with the doctor to discuss any concerns. Sign up with the Desert Vista Social Monitor for an appointment.

## Tennis Ball Machine



Thursdays, 4:30 to 8:30 p.m.

Practice on your own with our tennis ball machine. The cost is \$4 per half hour, per person. Advance signup is required at the Mountain Shadows fitness center.

## FEE SERVICES

### Certified Personal Trainers

All trainers are insured and certified through nationally accredited programs and are authorized to train residents in all Sun City fitness centers.

Cece Ceccarini, Balance & Personal Trainer . 326-3236  
Daria Clarke, Personal Fitness Training . . . . 375-7154  
Melissa Blynn, Holistic Nutritionist & Personal  
Trainer . . . . . 30 0 - 7 3

### Massage Therapy

Molly Sher, L.M.T., \$60 per 1 hr, no gratuity . . . . 240-1327  
L.V. Bus. Lic. No. M12-00314-3-085104  
NV St. Lic. No. NVMT 037



## Blood Pressure Screenings

Provided by Summerlin Hospital

1st Wednesday 9 -10 a.m.  
Mountain Shadows Fitness Center  
2nd Tuesday 9:30-10:30 a.m.  
Sun Shadows Fitness Center  
3rd Wednesday 9 -10 a.m.  
Desert Vista Fitness Center



## Pool Schedule



### Desert Vista Fitness Center

(Indoor and Outdoor Pool & Spa – Salt)

Hours:	Monday – Sunday	6 a.m. – 10 p.m.
Children:	Monday – Sunday	1 – 4 p.m.
	<i>(Indoor pool only)</i>	
Aquacize:	Monday – Saturday	8 – 8:45 a.m.
Arthritis:	Tuesday & Thursday	10:30 – 11:30 a.m.
Swim Club:	Mon., Wed., Fri.	9 – 10 a.m.
Lap Swim:	Monday – Sunday	6 – 8 a.m.
	Monday – Sunday	4 – 6 p.m.

(Indoor pool lanes 1-3 reserved for lap swimming and lane 4 reserved for walking during lap swim times)

### Pinnacle Fitness Center

(Outdoor Pool – Salt, Spa – Chlorine)

Hours:	Monday – Sunday	6 a.m. – 9 p.m.
Children:	Monday – Sunday	10 a.m. – 1 p.m.

### Sun Shadows Fitness Center

(Indoor Pool & Spa – Salt)

Hours:	Monday – Sunday	6 a.m. – 9 p.m.
Aquacize:	Monday – Saturday	10 – 10:45 a.m.
Waterobics:	Monday – Friday	9 – 9:45 a.m.
	Mon., Wed., Fri.	1 – 1:45 p.m.
Lap Swim:	Monday – Friday	6 – 8 a.m.
	Monday – Friday	4 – 6 p.m.

(Lanes 2-4 reserved for lap swimming and lane 1 reserved for walking during lap swim times)

### Mountain Shadows Fitness Center

(Outdoor Pool & Indoor Spa – Salt)

Hours:	Monday – Sunday	6 a.m. – 9 p.m.
Children:	Monday – Sunday	10 a.m. – 1 p.m.
Aquacize:	Monday – Saturday	8:30 – 9:15 a.m.
	Monday – Saturday	7 – 7:45 p.m.
Lap Swim:	Monday – Friday	6 – 8 a.m.
	Monday – Friday	4 – 6 p.m.

**Children must be 42" tall without shoes.**

**Outdoor pools and spas are OPEN for the season.**

## Welcome Heather Jahanbin Fitness Assistant



Sun City Summerlin welcomes Heather Jahanbin to the fitness department. Heather has lived in Las Vegas for five years and enjoys working out, hiking, snowboarding and riding roller coasters on the Strip. She holds personal training certificates from the National

Council on Strength & Fitness, World Instructor Training Schools and the National Exercise & Sports Trainers Association, and she has earned three associate degrees from the College of Southern Nevada.

Heather's goals are to own a dalmatian, grow her own garden, earn a bachelor's degree in business administration and psychology, and complete a marathon in the next five years. She is excited to get to know the residents at Sun City Summerlin. Heather will be teaching group fitness and equipment orientation classes for the fitness department. She also will play a key role in coordinating the monthly Health & Fitness seminars and the annual health fair that's held in the fall. Be sure to welcome Heather to Sun City Summerlin when you see her in the fitness centers.

## Equipment Orientation

Learn how to use the strength and cardio equipment in each fitness center. A fitness specialist will demonstrate proper equipment usage and answer your exercise questions. Classes are limited to five participants and are 60 minutes long. **Must wear closed-toed, closed-heeled shoes. Advance signup is required with the Fitness Monitor prior to day of class.**

**First and third Wednesdays**  
Desert Vista – 9 a.m. · Pinnacle – 10:15 a.m.  
Mountain Shadows – 2 p.m.

## Religious Services Directory

### Mtn View Presbyterian

Pastor Rev. Dr. Ray Schroeder  
 Assoc. Pastor Linda A. Kelly  
 Sundays, 8:30, & 10:30 a.m.  
 341-7800, 8601 Del Webb Blvd.

### St. Andrew Lutheran

Rev. Phillip Stuart,  
 255-1990  
 Sundays, 8:30, 10 a.m.  
 Sunday School 10 a.m.  
 8901 Del Webb Blvd.

### S.C. Community Church

255-PRAY (7729)  
 Sunday Worship 11 a.m.  
 Bible Study Sunday 9:45 a.m.  
 Tuesday 1:30 p.m.

### Temple Bet Emet

Rabbi Craig Rosenstein  
 Janet Seidel, 240-3719  
 1st & 3rd Fridays, 7:30 p.m.  
 at Mountain Shadows

### Temple Bet Knesset Bamidbar

Rabbi Elaine Schnee, 778-1071  
 Bob Schulman, 294-3132  
 2nd & 4th Fridays, 7:30 p.m.  
 at Desert Vista

## Driver Safety Program at Desert Vista Community Center

*\$12 AARP members, \$14 non-members (by check to AARP)*

July 10, 8:30 a.m.

July 24, 5:30 p.m.

August 7, 12 p.m.

August 14, 8:30 a.m.



Drop by the Desert Vista monitor station to sign up for this classroom refresher course designed for those 50 years old and over. Improve your knowledge of traffic laws, learn to anticipate the actions of other drivers, and identify and correct poor driving habits. Upon completion of the four-hour course taught by an AARP-certified instructor, you will receive a certificate that may qualify you for an insurance premium reduction for up to three years. Max: 30. Signup is available now at Desert Vista community center.



## Living With Coyotes

Sun City Summerlin Security Patrol driver Mike Wuebker, who lives on Hanging Rock Drive above the Desert Vista Community Center, snapped this early morning photo of a coyote in May. The animal routinely walks through his back yard. Mike said there are usually two coyotes, one that weighs around 70 pounds and the other roughly 40 pounds. According to Mike, both coyotes were living in nearby bushes. The coyotes easily jump his 4-foot-high wall to get into and out of his yard. As always, SCSCAI recommends residents take precautions when walking small dogs, or leaving them outside unattended.

## Regional Transportation Commission (RTC)

**228-7433**

*General information on all RTC programs.*

### Flexible Demand Response (FDR)

**228-7433**

Flexible Demand Response is a curb-to-curb service operated by the RTC for trips to the doctor's office, grocery store, etc. Riders must register for the service at 228-7433 and press 8. RSVP taken three days in advance. Phone lines are open seven days, 7 a.m. to 6 p.m. The ride costs .50 cents each way. Exact change is required.

### Paratransit

**228-4800**

A reservation-based, door-to-door program for those unable to use the RTC's fixed-route system independently. Service operates 24 hours a day, 365 days per year.

## Nevada Taxicab Authority Aging and Disability Service

**486-3581**

Income-based program where seniors 60 years old and over receive taxi vouchers good for fares and tips. Program requires registration. Recognized by all Clark County taxi companies. Vouchers cost \$30 for \$60 worth. Nevada ID required.

### Westcliff Airport Express · 228-7433

[www.rtcnv.com](http://www.rtcnv.com) (plan your route)

Catch a ride to the airport on board this RTC express that runs weekdays from the Suncoast to McCarran International Airport, starting at 4:58 a.m. to 10:06 p.m., and from McCarran airport to Suncoast starting at 5:53 a.m. to 11:07 p.m. On weekends, the bus leaves the Suncoast from 6:09 to 11:09 a.m.; and returns from McCarran to the Suncoast from 7:05 to 11:05 a.m. Trips take roughly an hour to reach each destination. Parking is available at Suncoast in a patrolled lot.

## CASINO SHUTTLE SERVICES

*All casino shuttles pick up and return to the Mountain Shadows Fitness Center.*

### Cannery

Tuesday and Friday pickup at 10 a.m. Departs casino at 2:15 p.m.; returns to Sun City at 2:45 p.m. (Each passenger receives a FREE food coupon for Vito's Deli or \$2 off at Victory Café or the buffet. CAN Club members receive bingo session discounts and FREE kiosk offers each week.)

### Rampart

Monday, Wednesday, Friday pickup at noon. Departs casino at 3:45 p.m.; returns to Sun City at 4 p.m.

### Red Rock

Daily pickup at 12:30 p.m. Departs casino at 4:10 p.m.; returns to Sun City at 4:30 p.m.



# Community News



## The Residents' Forum Is in the Spirit of Independence

Join us July 10, 7 p.m., Desert Vista Ballroom for free hot dogs and beer with live music by In the Mood

Entrance tickets are required and are available at the social monitor stations inside all Sun City Summerlin community centers. Seating is limited to 220 residents – two tickets per resident.

### COMING ATTRACTIONS

**AUGUST: MEET U.S. CONGRESSMAN STEVEN HORSFORD AT THE ICE CREAM SOCIAL**

## Residents Deliver for Post Office Food Drive



Sun City residents did their part on Saturday, May 11, to help Stamp Out Hunger, leaving bags full of non-perishable food for their mail carriers to pick up as they delivered the mail during the annual National Association of Letter Carriers' Food Drive.

A quick count of a roughly three-mile-square-area near Mountain Shadows community center around 11:30 a.m. totaled 62 homes with one or more bags full of cans and boxed items set out for collection.

Two mail carriers stopping to deliver mail confirmed that while they had just begun their shifts, their trucks were already nearly full with bags of food.

"Usually, it's very busy up here in Sun City (for the food drive)," said one mail carrier. "People up here really give a lot."

As for residents, two who have participated in the drive since its inception 21 years ago, said they do it because, "It's so easy and

when you donate in kind you know that your contribution is going where it is needed and not for any administrative costs."

~ Jeannette Carrillo/Link



## Sign Welcomes Visitors to Vista Grille

The Vista Grille and Gaming monument sign at the corner of Echo Mesa Drive and Del Webb Boulevard was completed in March. The sign was created by Sierra Masonry of Las Vegas at a total cost of \$8,150, which included construction and lettering.

## Sun City Service Organizations

### Sun City Newcomers

If you are a new resident, our volunteers would like to present you with information and gifts from clubs and local merchants. Call Jerry Willik, 271-3702, 10 a.m. – 5 p.m.

### Sun City Summerlin Charities

10362 Sun City Blvd.  
Mon. - Fri., 8:30 - 11 a.m.  
254-5831

Website: [suncitycharities.org](http://suncitycharities.org)  
Provides residents unable to drive transportation to medical appts., shopping; offers handyman service and assists in contacting local and government services.

### Sunshine Service Club

10362 Sun City Blvd.  
Near Desert Vista  
Mon.-Sat., 9-11 a.m.  
341-9741

Provides medical and children's equipment for resident use. An Association ID card is required. The warehouse will be closed Thursday, July 4th.

## Support Groups

### Alcoholics Anonymous

Thursdays, 12 & 7:30 p.m.  
St. Andrew Lutheran Church  
Pam 823-2735, Stan, 809-7475

### Alzheimer's

First & Third Wednesday of the month, 10 a.m., Desert Vista  
Marlene Wilson, 254-6144

### Bereavement/Grief Support

Every other Tuesday, 3 p.m.  
Tech Center Executive Suites  
Call Harriet Miller, 471-0203

## Notary Public

Available by appointment only at the Administration offices located in the Mountain Shadows community center. Please call 966-1401. Regular fees apply.

## Sun City Tradition Salutes the Flag



*Flag stands at all Highland Falls greens ensure the U.S. flag has a place to rest while golf is in play.*

Many residents have noticed that SCSCAI recently began a flag program at Highland Falls Golf Course to honor military personnel. The program has been such a success at Highland Falls that SCSCAI is working toward expanding it to all three courses. Flag stands have been provided at all Highland Falls greens to

ensure that the American flag does not touch the ground when pulled up from the hole. The Association appreciates

everyone's help in honoring this new Sun City Summerlin tradition. SCSCAI is very proud of the residents who have served and continue to serve our nation. Thank you for your service, and happy Independence Day!

### **American Flag Days in Sun City:**

July Fourth – Independence Day

September 2 – Labor Day

November 5 – Election Day

November 11 – Veterans Day

December 7 – Pearl Harbor Day

February 17 – Presidents Day

May 17 – Armed Forces Day

May 26 – Memorial Day

June 14 – Flag Day

A graphic celebrating a hole in one. It features a golf ball on a tee box with a hole in the background. The text reads: "HOLE IN ONE", "Tom Mohen No. 8, Highland Falls May 23", "Phyllis Resnik No. 14, Highland Falls May 24", and "CONGRATULATIONS!".

**HOLE IN ONE**

**Tom Mohen**  
No. 8, Highland Falls  
May 23

**Phyllis Resnik**  
No. 14, Highland Falls  
May 24

**CONGRATULATIONS!**

## **BERMUDA ON MY MIND, JULY 9-10**

Now that summer is here, it is Bermuda growing time! On the golf courses we will be stripping sod from out-of-play areas to improve the areas that are in play. The areas that we remove will grow back in before summer's end. We also will do aerification when we can to encourage Bermuda growth. Greens aerification will be at Highland Falls on July 9-10.

Hope everyone has a great summer.

Brian Bagwell

*Director of Golf Course Maintenance*

## Golf Course Vandalism



Residents are killing trees on the golf courses, especially on Highland Falls' 14th fairway. Five to seven trees were destroyed recently. This criminal act is done in the

name of a four-letter word – view.

No guarantee of a view was made by Del Webb. Resellers may have sold to residents on that premise. However, the destruction of Association property is a criminal offense, a violation of the law. These trees were not planted to punish those who live on the golf course; they provide a natural shield to protect golfers on an

adjacent fairway, to guard against injury to residents, or damage to residents' homes. The recent destruction of trees by residents has been for their own self-interest.

This is not the first time residents have destroyed Association property with criminal behavior. Law-abiding residents need to supply any information that will assist the Association in identifying these perpetrators. The Association will prosecute the residents involved to the fullest extent of the law.

The Association has no tolerance for this sort of action, and has a standing \$1,000 reward for information leading to the arrest and prosecution of any persons guilty of this type of criminal act.

*~ Jim Akers, SCSCAI Board member*





**Bill Schoening**

*Sun City Security Patrol Chief*

Sun City Summerlin residents who subscribe to Internet crime reporting sites may not always be aware that the data they receive may be inclusive of a much larger search area than their immediate neighborhood, said Security Patrol Chief Bill Schoening, who receives regular burglary stats from such websites as Spot Crime and Alert ID, as well as information collected directly by Security Patrol members.

This possible misunderstanding may account for the large number of burglaries some residents cite when talking about the “rash” or “rampant” burglaries in Sun City, Bill said.

For example, when using Internet sites to obtain crime information, users must input a search parameter, which is usually a certain distance from a specific address. In most cases, two- and three-mile radiuses pull from neighborhoods outside Sun City, namely Desert Shores, The Trails and along Lake Mead Drive, Rampart Boulevard and Cheyenne Avenue.

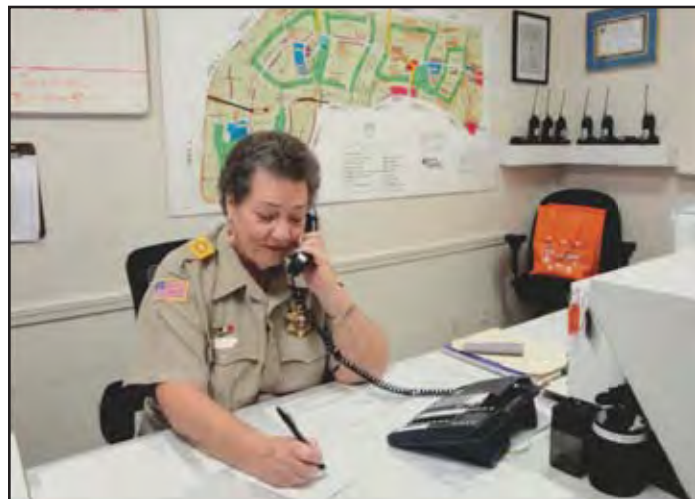
The likelihood that some residents are reading burglary reports that include statistics from surrounding areas and mistaking them for happening in Sun City is a real possibility, Bill said.

Bill added that unlike Security Patrol members, residents are often unfamiliar with the names of Sun City streets. He said that Security Patrol officers meticulously study daily crime reports and are not seeing the high number of burglaries in the community that some residents insist are happening here. Bill does acknowledge that burglaries occur in Sun City and added that the Las Vegas Metropolitan Police Department continues to rank Sun City among the lowest crime areas in the city.

Recently, while covering the community, a Security Patrol driver spotted the flashing lights of four Metro police cars parked outside a Sun City home. The Patrol driver asked police officers what was happening and if she could be of help – the Security Patrol’s dispatcher often can provide vital information to police, allowing them to reach a designated contact person with information about a homeowner and, if a worrisome situation exists, the contact person can help police gain entry into the home. In this case, police officers advised the Patrol driver that the person inside the home had died.

Of course, the situation begs the question: Were there residents who saw the police activity and incorrectly assumed that a burglary had taken place?

Per Security Patrol policy, the driver radioed correct information to the dispatcher so that she could properly answer questions from any residents who might have called in.



*Patrol dispatcher Audrey Male.*

The Security Patrol is all about neighbors helping neighbors. If Security Patrol knows the facts of an incident occurring in Sun City, with respect to proper confidentiality concerns, they will share them with you.

If you ever need to contact Security Patrol, you may do so at 254-2303. A dispatcher is always there to talk with you.

*~ Ellen Greenspan/Link*

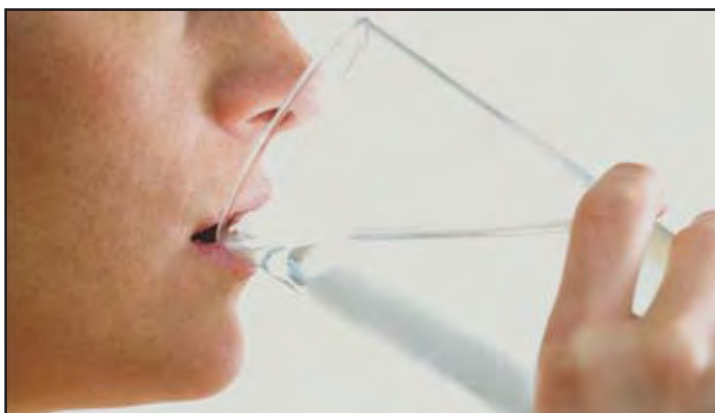
## SECURITY STATISTICS



In one month, **290** residents were alerted that their garage doors had been left open after dark. Patrol officers checked **408** homes for vacationing homeowners and **337** motorists stopped for directions at the three Information Centers. The Patrol also recorded **15,117** miles while driving along every street in the community looking for anything out of the ordinary.

# Community Preparedness Committee

## Summer First Aid: Heat Exhaustion



### Heat Cramps

Heat cramps are painful spasms in a muscle caused by excessive salt loss due to profuse sweating. Heat cramps are usually brought on by strenuous physical activity in extreme heat. The condition may occur by itself or as a symptom of heat exhaustion or heat stroke.

**Treatment (and prevention) consists of the use of weak salt tablets** or drinking enough of a weak salt solution (0.25 teaspoon of salt to a pint of cold water) to keep the urine pale.

**Acclimation: Most heat disorders can be prevented** by gradual acclimatization to hot conditions. Full acclimatization takes one to three weeks. It involves spending gradually longer periods in the heat, alternating with rest periods in cool conditions. Strenuous exercise should be avoided.

### Heat Exhaustion

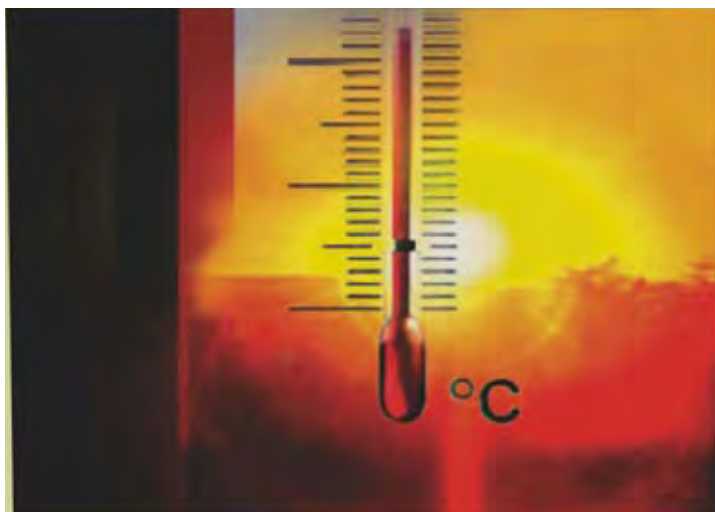
Heat exhaustion is defined by fatigue, sometimes culminating in collapse, caused by overexposure to heat.

It is most common in people unaccustomed to working in a hot environment. Unless treated, heat exhaustion may develop into heat stroke, which is a life-threatening condition.

**Causes: There are three principal causes** of heat exhaustion – insufficient water intake, insufficient salt intake and a deficiency in the production of sweat, the evaporation of which helps to cool the body.

**Symptoms and Signs: Heat exhaustion causes fatigue,** faintness, dizziness, nausea, restlessness, headache and, when salt loss is heavy, heat cramps in the legs, arms, back or abdomen. The skin is usually pale and clammy, breathing is fast and shallow, and the pulse is rapid and weak. Victims also may vomit or even faint.

**Treatment: The victim should lie down in a cool** place and, if conscious, should take 1 to 2 grams of sodium chloride (salt) or continual sips of a weak salt solution made up of 0.25 level teaspoon of salt to a pint of cold water. If the victim is unconscious, he or she should be placed in the recovery position until consciousness returns, when salt can be administered. With rest and replacement of lost water and salt, a full recovery usually takes place.



### SUMMERTIME SAFETY PROGRAM, JULY 9

Learn how to guard against heat sickness with an emphasis on heat-related medical issues for seniors, presented by Tim Szymanski, public education and information officer for Las Vegas Fire & Rescue. The event gets under way in the Committee Room at Desert Vista community center, **Tuesday, July 9, 6:30 p.m.**

**The Community Preparedness Committee will meet on Wednesday, July 3, 9 a.m., in the Committee Room at Desert Vista.**



# Landscape Department

## A Little Bit About Department Operations



*Landscape department crew members Marciano Oliva, left, and Oracio Ordonez reslope the area above the Desert Vista parking lot. New plantings will help to maintain homeowners' views, plus ensure a safe work area for staff.*

The landscape department maintains the grounds around the four recreation/fitness centers, as well as the three golf course pro shops. My staff works to keep up to parks/greenbelts and the main streets through and

around Sun City Summerlin, including Rampart, Lake Mead, Del Webb, Sun City, Anasazi and Thomas Ryan boulevards. I have certain workers who are assigned to particular areas, and the location they are assigned to is all they do unless a special project comes up.

For example, Mountain Shadows has a worker assigned to it named Victor, and Victor's goal at Sun City Summerlin is to make Mountain Shadows as beautiful as possible. Most crews are made up of one person, but some streets may have two workers depending on their size. This type of assigning helps provide a sense of pride among the workers, and residents will almost always see someone in their respective area.

In addition, a floating crew works on concrete and new landscaping projects, in addition to their assigned areas. Lastly, a three-man crew mows and line-trims the turf areas during the summer months. In the winter, they help other crews.

Hopefully, this will help everyone understand how we operate to keep Sun City Summerlin the beautiful community that it is.

*~ Louis Darling, Director of Landscaping*

## Common Area Properties (CAP)

### Upkeep Key to Preserving Resort Lifestyle, Home Values

Sun City Summerlin is over 20 years old, and just as you can count on problems with your 20-year-old home, the Common Area Properties Committee can count on aging problems with the facilities and landscape. The board of directors, with oversight of all common areas, which includes the golf courses, restaurants, clubhouses, fitness centers and landscape, authorizes the CAP Committee to act on its behalf. Funds are reserved to fix the unexpected problems such as broken air conditioners, plumbing and equipment, as well as long-term needs to improve and rejuvenate buildings and grounds. Recently, Sun Shadows and Mountain Shadows fitness centers and the Mountain Shadows clubhouse were remodeled.

Remodeling and repairing are expensive. CAP Committee members are often questioned as to whether a

specific piece of equipment was needed or why a facility was remodeled. The answer is a simple one: Upkeep and modernization of the community is necessary to attract people to live here. All Sun City residents bought here to enjoy a resort-like retirement, and they expect the value of their homes to be preserved and even to increase. Home values are based on location and upkeep of the homes and the community.

If you are in a facility or walking somewhere in the community and see anything broken, dirty or unsafe, please report the problem to Sue Papilion, CAP chairwoman, 838-9089.

**The Common Area Properties Committee will meet on July 9, 9 a.m., Desert Vista Community Center.**

# Neighbors

## Shock Attack:

### *Sound Effects Engineers Immortalize 'Jaws,' 'My Fair Lady,' 'Gunsmoke'*

Do you remember what the top movie of the summer of 1975 was?

It was “Jaws.”

Now do you remember the opening sound: DAH – UMP DAH – UMP, DAH – UMP DAH – UMP?

Well, we have three guys living in Sun City whose job it was to work with that sound in the sound labs of Zanuck/Brown Productions, the production company behind such unforgettable films as “The Sting” and “Cocoon.” While they never saw the movie’s stars – Roy Scheider, Richard Dreyfuss or the shark – they developed the key sound effects that terrified moviegoers that summer.

Vincent Melandri moved to Sun City from Los Angeles following his retirement in 1994; John Stacy began enjoying his golden years in Sun City in 1999; and Jeff Gall retired here in 1999.

Sitting poolside at the Pinnacle in April, the trio recounted their fondest film memories:

One of Vincent’s first major movies was “My Fair Lady,” starring Rex Harrison and Audrey Hepburn. His assignment was to supervise the sound transitions and dialogue dubbing. According to Vincent, Warner Brothers was experimenting with sound transmitters because Harrison wanted to do his dialogue “on the first take” instead of having sound engineers put the dialogue in after the movie was filmed. Since this was a new “science” in the movie industry (1964), the film recorders were surprised to hear police and fire calls and airplane voices on their soundtrack, which was the case when all recorders were transmitting on the same frequency.

Vincent finished his movie career in 1984 with “Weird Science,” but went on to do more than 500 TV shows by the time he retired a decade later.

John began his career working for Universal Studios and remembered that “Animal House” (1978) was the first major feature where he was the supervising sound editor. That was after he had been part of the sound effects team for “Jaws” in 1975. John worked for Universal on many TV series, including “Rockford Files,” “Columbo” and



*From left, Jeff Gall, 71, John Stacy, 77, and Vincent Melandri, 81, gather at the Pinnacle pool to recall how they brought the sounds of the sinister star of “Jaws” to life. Photo by Stu Gershon/Photo illustration by Mary Miles/Link.*

winning an Emmy for “Duel” (1971), which was Steven Spielberg’s first TV film, and “Amazing Stories” (1986), Spielberg’s anthology series.

John culminated his career with supervising the sound effects for “Shawshank Redemption” (1994).

The youngest member of this illustrious trio, Jeff started working in the mail room right out of college and became a sound editor within weeks of being hired. He worked for CBS on “Gunsmoke” near the end of its run in 1975 and did some work for Universal Studios with “Jaws,” “Jaws 2” and “Jaws 3D.” He later worked for Stephen J. Cannell on “Hunter,” “The A-Team” and “21 Jump Street.”

It is important to understand that during the three decades in which Vincent, John and Jeff worked, technology was expanding by leaps and bounds. All three men learned their trade in various ways, and they shared how they advanced along the way.

Once you pinned the “sound of a shark in the water or the AK-47 for ‘The A-Team’ it was yours, which gave you work on the sequels and all the films that followed in that genre,” Jeff said.

By the way, none of these three gentlemen or any of their crew developed the DAH – UMP DAH – UMP, DAH – UMP DAH – UMP, that was in John William’s movie soundtrack. But the “glub,” the “scream” and the “shark underwater” were products of their talent and imaginations.

~ Stu Gershon/Link



# Calendar

# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b> CPC 9 a.m. (D) Residents' Forum Workshop 10:30 a.m. (P)	<b>4</b> <b>HAPPY FOURTH OF JULY</b> Administrative offices closed	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> The ABCs of Diabetes 12 p.m. (D), pg 14 "Mulan," Tuacahn bus trip 12 p.m. (P)	<b>9</b> CAP 9 a.m. (D) DRHC 10 a.m. (P)	<b>10</b> Driver safety 10:30 a.m. (D) Legal 10 a.m. (D) Residents' Forum 7 p.m. (D)	<b>11</b> Alzheimer's 12 p.m. (D) pg 14 ARC 1 p.m. (D)	<b>12</b> Arthritis & Physical Therapy, 12 p.m. (D) pg 14 IT, 1 p.m. (D)	<b>13</b> Blame It on the Walleye 7 p.m. (SBT)
<b>14</b>	<b>15</b>	<b>16</b> Board 9 a.m. (D)	<b>17</b> Golf Oversight 10 a.m. (P) Mid-summer Bash pool party 10 a.m. (MS)	<b>18</b>	<b>19</b> Link editorial meeting 9 a.m. (D) Coffee With the Board, 10:30 a.m. (D)	<b>20</b>
Joe Trammel TV Guy 3 p.m. (SBT) <b>21</b>	<b>22</b>	<b>23</b> Laughlin bus trip 8:30 a.m. (P)	<b>24</b> CPC Hams 9 a.m. (P) Link edit & ad deadlines 4 p.m. Driver safety 5:30 p.m. (D)	<b>25</b> Eye Health 12 p.m. (D), pg 14	<b>26</b> Recognizing & Preventing Elder Exploitation, 12 p.m. (D) pg 14	<b>27</b> Wild Bill Tucker's Comedy Tour, 7 p.m. (SBT)
<b>28</b>	<b>29</b> Wellness Screenings 11 a.m. (D) pg 14	<b>30</b>	<b>31</b>	<b>LOCATION OF EVENT</b> Desert Vista . . . . . (D) Desert Vista Fitness Center . . (DF) Highland Falls. . . . . (HF) Mountain Shadows . . . . . (MS) Mtn. Shadows Fitness Center (MF) Pinnacle . . . . . (P) Starbright Theatre. . . . . (ST) Sun Shadows . . . . . (S)		

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# Starbright



*The Silver Statesmen p*

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*Saturday, August 10, 7 p.m. · \$*

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## BLAME IT ON THE WALLEYE

*Saturday, July 13, 7 p.m.*  
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## AM

*Saturday, September 7,*  
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“American Trilogy” is a n the greatest and most b history: Frank Sinatra, I show focuses on the mutu for one another, as well as their country. Aside fro interaction between the Tickets go on sale June 25 and Pinnacle community ce

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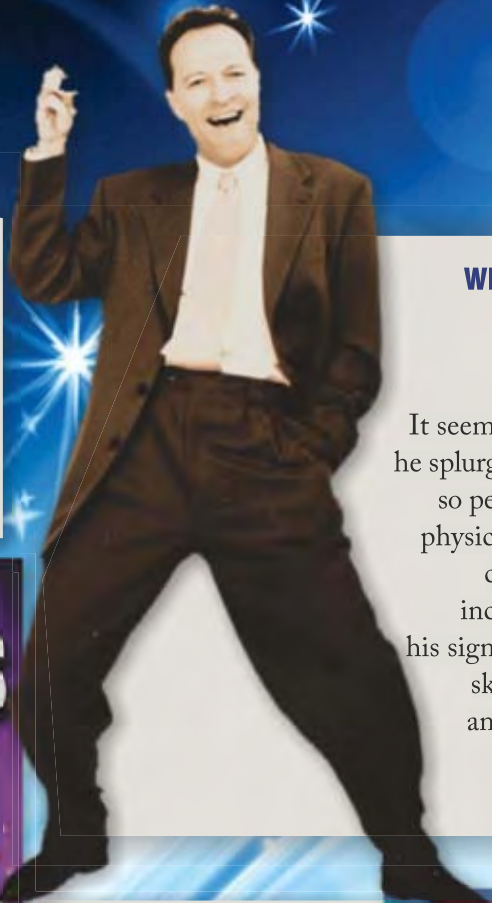


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*Saturday, July 27, 7 p.m.*  
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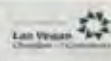
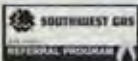
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# Chartered Clubs

## Mountain Shadows Display Case Quilting Club



A collaborative effort by skilled Quilting Club members has produced an intricately designed, queen-sized quilt that a lucky raffle winner is going to win at Sun City Summerlin's annual fall craft show scheduled for October at Desert Vista. Raffle tickets are \$1 and are on sale now. Funds raised from the sale of raffle tickets will pay for fabric and supplies to sponsor the Club's charitable projects.

Quilters make baby-sized quilts for Clark County's Family Services Parenting Project. The program is a teaching setup for expecting or new parents who learn positive strategies on how to provide nurturing care for their baby. Quilting Club members also make quilts for patients undergoing chemotherapy treatments at the Cancer Center.

Members create quilts that qualify as artwork crafted in fabric. They also turn out lap robes, auto steering wheel covers, table runners, pot holders, place mats and holiday-themed specialty items. Quilts for sale are displayed in the clubroom located at the Pinnacle. Club Treasurer Karen Kretchmar emphasized that experience is not necessary to join the Quilting Club. "We hold classes for beginners, and there is a vast library of quilting reference books," she said.

For information about joining the club, call Millie Taylor, 242-2871. When members were asked what they most enjoy about the Club, they cited the opportunity to be creative in an extensively equipped facility.

"It's a place to go that is well supplied with everything we need," said quilter Diane Dempsey. There are 89 members and annual dues are \$10. Sun City residents can see samples of the Quilting Club's best work on display in the lobby showcases at Mountain Shadows throughout July.

~ Ellen Greenspan/Link

*(The deadline for September chartered club articles is Wednesday, July 24. If you have any questions, call Jeannette Carrillo, 363-1546, or email jeannette@suncitylv.com.)*

### Aerobics

Sun Shadows morning exercise to keep you feeling good! Wednesday and Friday, 7 to 8 a.m., gentle cardio routine with weights; Monday, Wednesday and Friday, 8 to 9:30 a.m., advanced cardio routine/weights/mat workout. **Instructor: Ruth Wilson. Cost is \$2 per class.** For information, call Margaret Helsper, 562-9027.

### Aquacize

On Thursday, July 4, there will be a potluck and fireworks party at Rich and Sally's home from 7-9 p.m. There will not be a 7 p.m. Aquacize class that night. The annual club dues are only \$10 and will get you into any of our classes. Try one or two free classes to see if you like the Club. Classes are offered at 8 a.m., Desert Vista; 8:30 a.m. and 7 p.m., Mountain Shadows; 10 a.m., Sun Shadows. Classes run Monday-Saturday. For further information, contact your class representative or call Shirley Hildreth, 256-8129.

### Art

Our next meeting will be at 1 p.m., Monday, September 16, Desert Vista. Our teachers will discuss their classes and have signup sheets. Officers elections will be held in November. To date, the proposed slate is: First Vice President Sandy Karpel; 2ND Vice President Quwatha Valentine; Treasurer Edie Bush; Secretary Charmaine Endres. **Note: We still need a president, so while you're having fun this summer and your brushes are dancing, please consider serving.** In order to keep our club as vibrant as it is, we need new blood and fresh ideas. Remember: Without a president, we don't have a club. It's rewarding and fun, and the current board will be there to assist at any time. For questions, call Patty Stroupe, 233-0130.

### Arthritis

This low-impact pool exercise meets Tuesday and Thursday, 10:30-11:30 a.m., Desert Vista indoor pool. Workouts include stretching, range of motion and balance exercises designed to help you feel better. **The members voted for a one-time donation of \$20 to fund our changes until 2014.** Next year, an annual charge will be decided on depending on the average number of members. New members between now and January 2014 will pay \$20 plus modest dues. For information, call Peggy Powell, 489-3586.



# Chartered Clubs

## Beading and Jewelry

Annual dues are \$5. There are no business meetings in July or August. We will be in the silver room at Mountain Shadows (crafts building) every Tuesday during the summer from 1-3 p.m. Come in and catch up on projects you missed during the spring. To register for our next beading introductory class (no previous experience required), please call Ellen Crawford, 478-8806. For any other information, call Vicki Socol, 256-6247.



## Billiards

The Club shoots pool every Monday, Wednesday and Friday, noon to 4 p.m., in the billiard room at Desert Vista. For questions, call Bob Richardson, 286-1448.

## Bocci Ball

Open Bocci: Mondays and Thursdays, 6:45 p.m. sharp at Sun Shadows. We welcome new members. If you know how to play, great; if not, it's easy to learn. For information, call Rose Manning, 463-9861, or President Henrietta Rapp, 987-3456.

## Book

The Sun City Book Club meets on the second Thursday of each month at 2 p.m., Sun Shadows. At the July 11 meeting, we will be discussing "Death at La Fenice" by Donna Leon. Members and guests are encouraged to read the book beforehand, but this is not required. Come early to enjoy snacks and to visit with old and new friends. Dues are only \$1. For more information, call President Connie Sieber, 750-0754.

## Boomer Connection

Are you new to Sun City? Are you young at heart? If so, the Boomer Connection is the club for you. We're a fun group that loves to meet new people in lots of different social settings. We publish a monthly newsletter that is emailed to all members, letting them know of that month's events. For more information, contact President Lynda Carpenter, 838-0233, or VP/Social Chair Julie Zerbel, (512) 775-1309 or juliezerbel@yahoo.com.

## Bridge: Couples

Join us for a rousing game of bridge! We play on Fridays, 7 p.m., at Mountain Shadows. Annual dues are \$5 and weekly play is \$1. Singles are welcome. Want to find a foursome or partner? Call Mary Jo Spigelmyer, 254-4540.

Congratulations to our recent winners: Bob & Peggy Cushman, Bruce & Sherry Gunderson, Ed & Diana Saltzman, and Mary Jo Spigelmyer & Susan Holsonbake. For information, call President Sue Papiion, 838-9089.

## Bridge: Duplicate

Duplicate bridge is played on Wednesdays and Saturdays at Mountain Shadows, 12:15 p.m. For partners, contact Adele Gall, 242-6655. Great games: Jerrie Phillips & Carolyn Palubinskas, 66%; Ruth Golden & Helene Cohen, 66% (twice); Murray Goldman & Shelly Peretz, 66%; Graham & Bob Butler, 66%; Nancy Wruck & Gail Yangas, 66%; Sima Obadal & Anita Reichard, 68%; Ann Albin & Sima Obadal, 74%. For inquiries, call President Rita Barcus, 540-5747.

## Bridge: Rubber

Come play rubber bridge on Mondays and Thursdays. If you have any questions, call Sydney, 240-6504. Mary Jo Spigelmyer will be setting up foursomes. Call 254-4640.

## Bunco

The Sun City Bunco Club meets the fourth Saturday of each month at Mountain Shadows High Sierra Room. Check-in starts at 6:30 p.m. Remember to bring your Sun City Association card for the monitor to see. Annual dues are \$2. Refreshments, \$1; game, \$3. The game starts at 7 p.m. and is finished by 9:30 p.m. For information, call Trudy Durden, secretary, 838-9959.

## Canasta

The Club meets every Thursday at 6 p.m., Mountain Shadows, in the High Sierra Room. Free coffee and cake are served the first Thursday of each month for members to celebrate the month's birthdays. For information on lessons, call Judy Ferraro, president, 483-6842; or Donna Earhart, Treasurer, 240-9748.

## Ceramics

Our membership meeting will take place on Thursday, July 24, Desert Vista. The breakfast meeting will start at 9:30 a.m. All members are urged to attend. We will be selecting a nominating committee for next year's officers. The club still needs volunteer monitors. Please check the calendar in the ceramics room and sign up. The cooperation of each one of us is needed to keep our club doors open five days a week. For more information about the club, call President Beverly Pasco, 838-2621.

# Chartered Clubs

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## Chicago/Midwest

**The club will go dark for the summer.** We'll bid a fond farewell to our snowbirds and wish all of our friends a wonderful summer. We'll reconvene in September and hopefully see all of our members back and perhaps a few new ones. Stay well, stay cool. If you would like more information about this dynamic club, call President Walter Bearer, 485-3774.



## Classical Music

**Voltaire Verzosa, keyboard principal, with the Las Vegas Philharmonic comes to the Classical Music Club and our Starbright Theatre, Monday, July 29.** Mr. Verzosa's talent is well known throughout the Las Vegas Valley. Don't miss this very special concert. All Sun City residents and their guests are invited to join club members for this event. Seating begins at 6:30 p.m., and the concert at 7 p.m. Dues for the Classical Music Club are \$1 per person, per calendar year. For additional information, contact Tammy Collins, candtcollins@mac.com, or 838-0830.

## Computer

**There will be no general meetings held for the months of July and August.** Seminars and classes will continue to be held as announced. For Club information, visit [www.scs-cc.com](http://www.scs-cc.com), or contact Tom Burt, acting president, 341-7095, [tomburt89134@cox.net](mailto:tomburt89134@cox.net).

## Conservatives

Our July meeting is scheduled for **Thursday, July 25, Desert Vista. The meeting will start at 6:30 p.m. Andy Matthews will be our keynote speaker.** Andy is the president of Nevada Policy Research Institute (NPRI), a conservative think tank. Andy is the fourth president in NPRI history. Over the years, the Institute has built an impressive record as a champion for limited government and individual liberty. Meeting details and more can be found on our website, [www.scsconservatives.com](http://www.scsconservatives.com). For information, call President Bob Hiltz, 255-2372, or Vice President Ida Rosen, 821-1901.

## Cribbage

The Cribbage Club meets at **Mountain Shadows on Wednesdays and play starts promptly at 6:30 p.m.** We welcome new members and lessons are available for novices or just to refresh your skills. We have three players achieving the 400 game for May – Harry

Grabarek, 405 and 418; Nadine Robetor, 409; and Betty Turner, 401. George Pollak, 416, Sandy Feather, 415, and Clarence Hoynes, 408, for February/March games. Congratulations to all. For information about the Club, call Pat Risler, president, 252-7351.

## Cruise & Foreign Travel

**Yearly dues are \$5. We meet on the fourth Monday of the month at 7 p.m., Desert Vista, unless noted differently.** Refreshments will be served along with the presentation by a travel agent. For information, call Hershel, 360-0484.

## Dance Company, "A Class Act"

The Dance Company is on summer break, so no business meeting is scheduled. There are summer tap classes, please check with your teacher. **Our membership is taking part in the Fourth of July Summerlin Patriotic Parade.** Welcome to our new members! Notice: In October, new officers will be nominated and in November elections will be held. Check out our website, [suncitydanceco.org](http://suncitydanceco.org), for pictures and information about our sponsors and club. Community members interested in learning to tap, please contact our President, Judy Walker, 240-3359.

## Dance Connection

Suzy Lane, our longtime line dance teacher has moved on to sunnier places in Arizona. Barbara Lombardi and Dottie Blinn have volunteered to teach beginner and intermediate classes for an undetermined time. Class times remain the same. Please join us as we search for a permanent line dance teacher at this time. **Our next quarterly meeting is Monday, July 8, 1 p.m., Desert Vista, Room 5.** As always our club is looking for new members who want to have fun! For more information, call the numbers below. Let's dance! Ballroom (Herme, 255-5827); Belly Dance (Ruth, 255-6911); Boogie (Vivian, 255-9988); Hula (Thomas, 834-6114); Jazz (Lynn, 869-0426); Latin Line (Judy, 267-0674); Line Dance, (Barbara, 228-8020); Square Dance (Donna, 240-4914).

## Euchre

Euchre is a card game usually played with four people per table (two partnerships). It is a trick-taking game with a trump suit and is played with only 24 cards (all cards below 9 are removed from the deck). We rotate tables and partners, so Euchre is a very social game for all levels of play. **No partners are necessary. Lessons are available. Join us at 6 p.m. every Wednesday at Mountain Shadows.** For more information, call Karl or Julie, 256-1944.



# Chartered Clubs

## Fishermen & Friends

The Fishing Club meets the second **Saturday of each month, 10 a.m., Desert Vista**. At our meetings we share fishing information and make plans for local group trips. Our contact person is Bob McCauley, 242-4240; e-mail bobmccauley2@cox.net.

## Fitness

Happy Fourth. We're offering our full slate of yoga, strength and toning, cardio, flexibility and dance classes in air-conditioned comfort all summer long. Come join us. **For just \$3, Club members can drop in on any class that isn't full (\$5 for non-members)**. Get in shape while staying out of the heat. Visit our website, [scsfitnessclub.us](http://scsfitnessclub.us), or email us at [scsfit@fastmail.us](mailto:scsfit@fastmail.us). We look forward to seeing you in class.

## French

**We will be dark in July**. We will return Friday, August 2. We meet every Friday, 2-4 p.m., Sun Shadows. We have classes for beginners, intermediate and advanced. For more information on *LeCercle Français*, call Danielle Luthy, 360-5141, or Teresa Perz, 631-7872.

## Gin Rummy

The Club meets every Sunday night at Mountain Shadows. Singles and couples are welcome. **Sign in between 6-6:20 p.m. Play starts promptly at 6:30 p.m.** If you are a beginner and need information, call President Linda Ray, 586-1007, or Secretary Micki Collins, 804-6962.

## Golf (Guys and Gals)

**Enjoy a fun-filled day of golf on Sunday, July 14, at Palm Valley Golf Course. 7 a.m. shotgun start.** Everyone is welcome, couples as well as singles. Sign up at the Palm Valley bulletin board and deposit your check in the Guys & Gals' drawer. For information, call Neska Delasanta, 545-0895, or Amos Barcus, 463-1046.

## Golf (Ladies) 18 Hole

There will be no board meetings or general meetings in the months of July and August. The golf courses are in great shape and **tee times for the summer continue at 7 a.m.; check-in at 6:30 a.m.** Please stay for lunch after golf at one of our Sun City golf restaurants. Enjoy good food, good company and lots of fun. Congratulations to our Sun City



*Photos by Stu Gershon/Link*

## Senior Sensational

The heart of the Sun City Dance Company is people. The Sun City Dance Company has 104 members ranging in age from 57 to 92 years old. Some members have been with the company since its inception 22 years ago. For others, the 2013 "SENIOR SENSATIONS" show was their first performance. A few of the dancers have been performing since their early youth, but the majority never had danced before joining the club. The Dance Co. desires to showcase a variety of dance numbers and specialty acts, offering new dance

routines at each show. President Judy Walker said, "We are indebted to our sponsors and enthusiastic audiences for their generous support. Ticket sales (for "SENIOR SENSATIONS") were excellent, and our last performance was a sellout in the Starbright Theatre. Proceeds from the show allow us to rent the buses that take us to new venues from Mesquite to Nellis Air Force Base and schools to nursing homes throughout the valley, and to perform at charity events."

# Chartered Clubs

women's golf team. Although the results are not final as of this writing, our ladies are doing very well, vying for first place net. For information, call Rita Barcus, 540-5707.

## Golf (Ladies) Executive

Summer is here! Glorious sunshine, great golf. Anyone interested in joining us for golf and fun, contact membership chairwoman Sydney Keffury, 240-5604. Check our website, [www.scslegc.com](http://www.scslegc.com), for information. **Our tee times remain at 7 a.m., check-in at 6:30 a.m. No general meetings for July or August.** Monday, September 9 is our barbeque at Desert Vista. More details to follow. Happy 4th of July!

## Golf (Men's) 18 Hole

We start the month off with a special event on Monday, July 1, 7 a.m., Palm Valley. There will not be a tournament on Thursday, the Fourth of July. The rest of the month, all Thursday tournaments will start at 7 a.m. Want to have more fun with your game? Try playing from the gold tees. There is no longer an age requirement. You only have to have a 23 handicap to play from the golds. You may have a mixed foursome or play in the gold flight. When you have lost some distance in your drives this can make

those long holes more fun. For more information, visit [www.18holers.com](http://www.18holers.com), or call Paul Hughes, 233-4933.

## Golf (Men's) Niners

Regardless of your golfing ability, the Niners have a place for you where you can enjoy playing with golfers of your skill level. **We play a different tournament format, including scrambles every Thursday at 7:30 or 9 a.m.** In addition, we have an Oktoberfest and holiday party each year. Dues are \$25 per year. If our program sounds interesting and if you want to know more about the Niners, visit [www.scsniners.com](http://www.scsniners.com), or call Bob Scherer, 341-6576.

## Hawaiian

Aloha! **The club will not meet in July.** Have a safe summer. For more information, call Thomas Spencer, 834-6114.

## Hiking

Summer hikers enjoy cool, high-elevation trails (7,000-foot plus) near Mount Charleston of the Spring Mountains National Recreation Area. Usually carpools depart Desert Vista's lowest parking lot at 7 a.m. on a day the coordinator announces in an email. **Open hikes or adventures**

# SCSCAI Chartered Clubs & Community Organizations\* Directory

## AEROBICS

Margaret Helsper, 562-9027

## AQUACIZE

Shirley Hildreth, 256-8129  
*July 4, potluck party*

## ART

Patty Stroupe, 233-0130

## ARTHRITIS

Peggy Powell, 489-3586

## BEADING & JEWELRY

Victoria Socol, 256-6247

## BILLIARDS

Robert Richardson, 286-1448

## BOCCI

Henrietta Rapp, 987-3456

## BOOK

Connie Sieber, 750-0754  
*July 11*

## BOOMER CONNECTION

Lynda Carpenter, 838-0233

## BRIDGE: COUPLES

Sue Papilion, 838-9089

## BRIDGE-DUPLICATE

Rita Barcus, 540-5707

## BRIDGE: RUBBER

Sydney Keffury, 240-6504

## BUNCO

Charles Durden, 838-9959

## CANASTA

Judy Ferraro, 483-6842

## CERAMICS

Beverly Sue Pasco, 838-2621  
*July 24*

## CHICAGO/MIDWEST

Walter H. Bearer, Jr., 485-3774

## CLASSICAL MUSIC

Tammy Collins, 838-0830  
[candtcollins@mac.com](mailto:candtcollins@mac.com)  
*July 29*

## COMPUTER

Tom Burt, acting president,  
341-7095

## CONSERVATIVES

Robert Hiltz, 255-2372  
*July 25*

## CRIBBAGE

Pat Risler, 252-7351

## CRUISE & FOREIGN TRAVEL

Hershel Aron, 360-0484  
*July 22*

## DANCE CO. "A CLASS ACT"

Judy Walker, 240-3359

## DANCE CONNECTION

Donna Bradshaw, 982-0415  
*July 8*

## EUCHRE

Karl Wiedemann, 256-1944

## FISHERMEN & FRIENDS

Bob McCauley, 242-4240  
*July 13*

## FITNESS

Jeanette Bucklew, 778-4977

## FRENCH

Danielle Luthy, 360-5141

## GIN RUMMY

Linda Ray, 586-1007

## GOLF (GUYS & GALS)

Amos Barcus, 463-1046  
*July 14*

## GOLF (LADIES) 18 HOLE

Eileen DeDoelder, 255-1168

## GOLF (LADIES) EXECUTIVE

Jane Grimes, 242-0034

## GOLF (MEN'S) 18 HOLE

Paul Kessinger, 898-7033  
*July 1*

## GOLF (MEN'S) NINERS

William Zsenyuk, 255-3184

## HAWAIIAN

Thomas Spencer, 834-6114

## HIKING

Patricia Horsfall, 685-4429

## HORSESHOES

Ralph McGee, 341-7418

## INVESTMENT

Steve Commander, 304-1768

## ITALIAN

George Pucine, 242-3707



# Chartered Clubs

are listed for members on our website, <http://groups.yahoo.com/group/lonemthikingclub/>. The next meeting will be Thursday, September 12, Desert Vista. That is a week later than usual. For information, call President Patricia Horsfall, 685-4429.



## Horseshoes

Another good showing by the Sun City Horseshoe Club at the Las Vegas Leavitt Park open tournament – a monthly summer series. Ray Leavitt took second place; Virgil Birgen took third place – great fun. **Join us every day except Sundays, 8 a.m., Mountain Shadow pits.** For information or to join the Club, call Ralph McGee, 341-7418.

## Investment

**The Investment Club will not meet in July and August.** However, be prepared for a special guest speaker on September 18, 7 p.m., Desert Vista. Details will be in the September Link. You do not want to miss it. Bring your neighbors and other Sun City residents. Nomination of Club officers for 2014 will take place during that evening and also on October 16. Election of officers for 2014 will occur at our November 20 meeting. We will

have our free Dow Jones contest and 50/50 raffle at each meeting. Have a great summer. For information, call Steve Commander, 304-1768.

## Italian

**The Italian Club will be on vacation status until our Italian BBQ meeting on September 20.** Goda il Suo tempo di vacanza! For Club information, call George Pucine, 242-3707, or Helen Zannotti, 341-5836.

## Jewish Friendship

Hey members, fireworks and feasting go together on the Fourth. **Only \$15 per person. Be at the Summit Restaurant at 6 p.m., Thursday, July 4.** For reservations or information, call Gladys, 256-8269. Our club's planning session is the second Monday of the month, July 14, 2 p.m., Sun Shadows. For more information, call Ed Turken, 341-9516.

## Krafty Kritters

**No general meeting to be held in July.** Regular hours Tuesday, 1-3 p.m.; Toile painters, Thursdays 9-11 a.m. and 12:30-3 p.m., and Saturday, 9 a.m. to 1 p.m. We will be working on projects for the craft fair in October on Tuesdays and Saturdays. Items in the club room window

## JEWISH FRIENDSHIP

Ed Turken, 341-9516  
*July 4, dinner at Summit;  
July 14 planning meeting*

## KRAFTY KRITTERS

Noreen Washington, 292-3092

## MAH JONGG

Betsy Braus, 341-5950

## MILITARY & FRIENDS

Carl Martin, 228-5828

## MODEL BUILDERS

Fred Vincent, 256-7468

## MUSICMAKERS

John Harris, 255-4738

## NEW YORK

Estelle Cohen, 869-6021

## ORGAN

Freyda Wayne, 243-5216

## PADDLE TENNIS

August Costanzo, 375-4533

## PAN GAMES

Linda Harrington, 778-1436

## PHILIPPINE-AMERICAN

Herme Labsan, 255-5827  
*July 30*

## PHOTOGRAPHY

Bill Lane, 233-9363

## PINOCHLE

Richard Mitchell, 341-5314

## POKER

Jean Modes, 363-1939  
*July 6 & 20*

## QUILTING

Lin Stahlhut, 334-4283  
*July 8*

## RACQUETBALL

Bob Altomondo, 341-0153

## \*RESIDENTS' FORUM

Glenda Rogers, 255-7755  
*July 10*

## R.V.

Gene Grefrath, 233-9870

## SAWDUSTERS

Bob Pitlor, 838-9282

## \*SECURITY PATROL

Bill Schoening, 243-0599  
*July 30*

## SEWING (JUST SEW)

Julia Lorensen, 255-9898

## SHOOTING

Gerald Daino, 360-0466

## SHUFFLEBOARD

Stan Chupnick, 233-4043

## SILVER FOXES

Jean Modes, 363-1939

## SILVER, LAPIDARY & GLASS FUSION

Bob Miller, 612-3277

## SILVERTONES

Roger Storkamp, 228-1477

## SOFTBALL-LADIES

Betty McCauley, 242-4240

## SOFTBALL-MEN'S

Tom Popek, 788-6077

## SPANISH

Ray LeMay, 254-1499

## STAINED GLASS

Dale Kavula, 240-6257

## \*SUNSHINE SERVICE

Marsha Rosenfeld, 242-5284

## SWIM

Dick Edmister, 243-9497

## TABLE TENNIS

George Konrad, 363-5414

## TAI CHI

James Ko, 586-7787

## TEAM TENNIS

Pam Clifford, 838-6607

## TENNIS

David Wells, 233-6032

## THEATER (COMMUNITY)

Judy Berkowitz, (614) 822-9044

## TRAVEL

Marise Mizel, 242-2704  
*July 10*

## WATEROBICS

Joan Lambert, 228-2060

## WOMEN'S

Judy Auerbach, 242-0727

## WRITER'S WORKSHOP

Jerry Silvers, 489-3305

## YOGA

Carolyn Palubinskas, 243-3758

# Chartered Clubs

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are for sale. We are looking for outside craft teachers. New members welcome.

## Mah Jongg

The Club meets every Tuesday, 11 a.m. to 4 p.m., Mountain Shadows. Free coffee and cake will be served by the Club the first Tuesday of each month in honor of those members celebrating a birthday that month. **Betsy Braus, our club president, gives lessons on Fridays, 10 a.m. to noon, Mountain Shadows.** Call her at 341-5950 to make arrangements. Gloria Meyers, 869-4550, and Joyce Beckerman, 360-4330, are co-vice presidents; Arleen Tutt, 331-6333, is treasurer; and Sara Benson, 562-0035, is secretary. Dues are \$10 for the year.

## Military and Friends

The members that attended our annual picnic enjoyed the food, games and comradeship. **July will be dark.** Have a healthy, safe and cool summer. For information, call Carl Martin, 228-5828.



## Model Builders

**Our club will not have a business meeting in July.** However, a visit to our club rooms located at the north end of Desert Vista can be made **Monday through Friday, 9 a.m. to mid-afternoon.** Members will be at work on model ships, aircraft, doll houses, wood carvings and leather work. Our centerpiece, four-track, HO model railroad can be run any time. We welcome visitors and prospective members of all skill levels at any time. For information, call President Fred Vincent, 256-7468.

## Musicmakers

Thank you, Sun City residents, for attending our spring concert. We are off duty until September 9, when we begin rehearsals for the holiday concert, which will pay tribute to both Christmas and Hanukah. **Rehearsals are held at the Pinnacle's music room, 1-3 p.m., on Mondays.** We welcome all residents interested in singing to sit in on a rehearsal and decide if they'd like to join us, especially more tenors and bass singers. For more information, feel free to call our President John Harris, 255-4738.

## New York

**There are no meetings of The New York Club in July and August.** Our regular September meeting will be on

Tuesday, September 10, instead of Wednesday, September 4. We will meet at 7 p.m., Room 5, Desert Vista. On Wednesday, November 6, our regular meeting night, we will hold our club elections for 2014, Room 5, Desert Vista, 7 p.m. Refreshments will be served. For information, call Linda, 363-7377, or Fred, 869-6021. Have a nice summer.

## Organ

Update your piano and keyboard skills, and learn to play pop/jazz with chords. **Visitors interested in joining are welcome to try the group lessons every Tuesday, 9-11 a.m.,** in the music room at the Pinnacle. Music listeners also are invited to join the fun when the Club meets the second Thursday of the month, 7 p.m., in the Pinnacle music room. Bring unwanted sheet music, music books or keyboards to trade. For information, call Freyda, 243-5216.

## Paddle Tennis

The summer months are enabling us to extend our playing hours at our lighted courts at Desert Vista. I've heard from some members that there have been a few mixed couples developing an undefeated dynasty, so I guess the levels of play are improving. **We are now meeting for games Tuesday and Thursday, 6 p.m.** Of course, we haven't changed our Saturday/Sunday time, 8 a.m. We also meet indoors at the Veteran's Senior Center, next door to Palo Verde High School, 101 N. Pavilion Center Drive, daily at 8 a.m. You can catch up on the goings-on by calling any of our board members: President Augie Costanzo, 301-2183; Vice President Jo Ramsey, 460-0812; or Secretary/Treasurer Bob Altomondo, 341-0153.

## Pan Games

Pan is played at Mountain Shadows. Club hours are Monday, 5-9 p.m., and Tuesday, 11 a.m. to 3:30 p.m. Dues are \$10. **Due to the restoration of Mountain Shadows, the tournament with prizes will be either July 16 or August 20** for registered Pan Club members only. The forms will be passed out to each table one month in advance. Check-in time is 11 a.m. You bring lunch and we provide dessert. Learn to play pan with Al Weiner, 256-9415, on Thursdays, 11:30 a.m. to 1:30 p.m. For condolence/get well cards, call Lanore Neiman, 228-6727. For questions, call Linda, 778-1436.

## Philippine-American

**Social meeting on Sunday, July 28, 5 p.m. Desert Vista.** Phil-Am DJ will provide music for your listening and



# Chartered Clubs

dancing pleasure. Bring your own snacks and soft drinks. Any Sun City resident who loves social dancing, especially ballroom dancing (Latin, swing, waltz, fox trot, etc.) is welcome to join the Club. Membership dues are \$10 a year per person. For information, call Herme Labsan, 255-5827.



## Photography Club

**The Club does not meet during July and August.** We will meet on September 12, 7 p.m., Desert Vista (see the September Link). Each month we have a different meeting topic, plus we show member print enlargements and digital images. We have educational presentations, photo trips, a portrait studio and more. Meetings are on the second Thursday of each month except July and August. For information, call Sy Bensky, 242-6695.

## Pinochle (Single and Double Deck)

Meet Tuesday evenings at 5:30 p.m., Mountain Shadows. If you're an experienced pinochle player (single or double deck), we would love to have you join us. **New members always are welcome. Play begins at 5:30 p.m. Come 15 minutes early to register.** Call Richard Mitchell, 341-5314.

## Poker

Where would you like to be on a hot Saturday night? Why, of course, in a nice, air-conditioned room playing poker! Come join us at Mountain Shadows at 6:30 p.m. Our next sessions are July 6 and 20. Club dues are \$12, and \$1 is collected at each session for refreshments. For more information, call Jean Modes, 363-1939.

## Quilting

The Board meeting is Wednesday, July 3, at 1 p.m. in the Quilt Room. **The general meeting is Monday, July 8, 9:15 a.m., Desert Vista.** Classes are available for beginners as well as experienced quilters. Residents are welcome to come to the quilt room and view the quilted items for sale. For more information, call President Lin Stahlhut, 334-4283, or the quilt room, 240-1322.

## Racquetball

We have four levels of play and if you'd like to jump in and give it a go, come on down. The summer months are the perfect time to get your exercise in A/C comfort. Yes, we have an air-conditioned court at the Mountain Shadows fitness center. You can peruse our

## New Instructor to Lead Arthritis Club Workouts



Tim Cummings

At a congenial and successful spring picnic on May 20, the members of the arthritis pool club held a meeting and voted on changes. Mary Van Schoick, our volunteer and dedicated professional exercise leader and teacher, is retiring. The Club has voted to switch from a volunteer to a paid professional for the Club. Members agreed to hire Tim Cummings as our new leader, starting June 11. He will train with Mary until they both feel comfortable that Tim can lead with the current routine. Tim is certified as a water instructor and holds Red Cross life guard and first aid certificates. He is currently teaching at Desert Shores. We know you will enjoy working with Tim who, with his wife and three children, are longtime residents of Las Vegas.

website for more details, [scsracquetball.com](http://scsracquetball.com), or call President Bob Altomondo, 341-0153, or email [raltomondo@cox.net](mailto:raltomondo@cox.net). See you at the Mountain Shadows fitness center racquetball court.

## Residents' Forum

Every resident is a member of the Residents' Forum and it is free. Join your neighbors for refreshments, guest speakers and programs on topics of interest to our community. **This month, the Residents' Forum is celebrating Independence Day with free hot dogs and beer.** There will be live music by *In the Mood* to add to this social event. Wednesday, July 10, 7 p.m., Desert Vista. Eat, visit with friends and maybe even dance. Free tickets are required and are available at social monitor stations. There is a limit of two tickets per resident. You're also invited to come to the monthly planning sessions, the first Wednesday of the month, 10:30 a.m., Pinnacle. We need volunteers and program ideas. Call President Glenda Rogers, 255-7755.

## R.V.

**The R.V. Club is dark for the summer. There are no meetings or planned trips/outings during July and August.** This is the time most of our members go and visit family and friends living in cooler climates. For information, contact our president, Gene, 233-9870.

# Chartered Clubs



## Sawdusters

If you have a desire to make things out of wood, give us a try. We will help you.

**Safety classes, conducted on the last Saturday of each month, are required for**

**all new members** and are available to current members for refresher training. To arrange for safety training, call the wood shop at 240-1325.

## Security Patrol

The Security Patrol's general membership meeting is **Tuesday, July 30, 7 p.m., Desert Vista**. Security Patrol is a community organization whose volunteers make Sun City Summerlin a safer place to live. If you appreciate the concept of neighbors helping neighbors, you might make an excellent Security Patrol volunteer. Call 254-2303. A dispatcher is always there to help you. It could be you who answers the phone.

## Sewing (Just Sew)

Happy Summer! **There are no general meetings in July and August**, but save Wednesday, September 4, for our first autumn meeting at 1 p.m., Desert Vista. Crafts continue to meet the first and third Thursdays; Charity on the second, fourth and fifth Thursdays, at 9 a.m. Education and Make-and-Take classes will begin on Monday, September 9, at 1 p.m. For information, call President Julia Lorensen, 255-9898.

## Shooting Club

**The Shooting Club will be dark until September 13**. We welcome anyone interested in gun ownership, concealed carry permits and safe handling practices. For information, call Cary Rudolph, 869-3303, or Jerry Daino, 493-3341.

## Shuffleboard

Treat yourself to a fun game of shuffleboard! The Shuffleboard Club meets on **Tuesdays, Thursdays and Saturdays at 7 a.m.** We also play in the evening. You may choose to play on any or all days depending on your schedule. We encourage anyone interested to give the game a try. It takes only a few minutes to learn. The shuffleboard courts are located behind Mountain Shadows, between the tennis courts and putt-putt golf. New members are always welcome. For more information, call Stan Chupnick, 233-4043.

## Silver Foxes

Please join us for exercise classes to **Richard Simmons' tapes at Sun Shadows**. We welcome new members to get

moving and enjoy our classes on Mondays, 10-11 a.m., Tuesdays and Thursdays, 9-10 a.m. and 10-11 a.m.; and Saturdays, 10-11 a.m. The Club's yearly dues are \$8. For more information, call Gloria, 228-9061.

## Silver, Lapidary & Glass Fusion

**Happy Fourth of July. Stop by our club rooms at Mountain Shadows to see what our artisan crafters have produced.** For you newcomers to Sun City, welcome. Come visit to see what you can create. For the procrastinators, come on. You won't know how creative you are until you get started. Contact Bob Miller, 612-3277, to sign up for classes. Our rooms are open every day except Tuesday and Sunday, 8 a.m. to noon. See you there!

## Silvertones

The Silvertones are currently taking time off to play and rest so they can be ready for another concert season that begins in the fall. We are always looking for new members who would like to be part of a group that enjoys making beautiful music together. **If you like to sing, can carry a tune and can commit to weekly rehearsals on Thursday afternoons from 1-3 p.m. in the Music Room at the Pinnacle**, we would love to have you join us this fall. For more information, please call Roger, 228-1477.

## Softball-Men's

We have wrapped up our 2012-2013 season and congratulations go to the NL white team and the NL red team winners. Also, a tip o' the cap to our new board members for 2013-2014: Ed McKeown, president; Charlie Bush, vice president; Augie Castanzo, treasurer; and Bob Altomondo, secretary. **We have pickup games on Saturday at 9:30 a.m. after a quick round of batting practice.** It's going to be a warm summer, but now is the time to get your swing back that you had when you were a kid. Always remember that stretching helps to prevent pulled muscles. The new season starts in September. More information at [scssoftball.com](http://scssoftball.com), or call Ed McKeown, 287-2888.

## Softball-Women's

We're coming back with new faces and the old bodies of the veteran players. **Practices/games start at 9 a.m. and will continue at those times until it's too hot out**, then we'll be out there in the early morning. We have extra mitts and loads of tolerance for the rusty new/old players. Officers can be reached through Betty, 242-4240, or Nadine, 326-1429.



# Chartered Clubs

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## Spanish

In the Spanish Club it's Spanish full-speed ahead. We have four classes going strong. If you wish to speak in Spanish in the open conversation group, we have it! **Come in any Wednesday or Friday at 9 a.m., Sun Shadows, and ask for Ray.** We'll be looking for you. You can contact Ray, 254-1499, or raylemay@gmail.com.



## Stained Glass

It's hot outside; it's cool inside. **Think of all the Christmas and holiday presents you can make for family and friends** in the cool studio at Mountain Shadows.

Get a head start on your stained glass projects. We are open all summer long, and classes will resume in September. For more information, call President Dale Kavula, 240-6257.

## Sunshine Service

**This is our annual vacation – no general meeting in July.** The warehouse will be closed on Thursday, July 4. Happy Independence Day! (See you on Monday, August 5.) We lend medical and children's equipment for resident use. Hours: Monday to Saturday, 9-11 a.m., 10362 Sun City Blvd. Aluminum tabs, toiletries, Campbell's soup labels and greeting cards are accepted for various charities. Help fill Salvation Army barrels with non-perishable food at our warehouse, or in the High Sierra Room kitchen at Mountain Shadows. For information, call 341-9741.

## Swim

**Casa Blanca Adventure, Tuesday, September 17. Members and their guests only. Call Carol for ride information.** Anyone interested in joining the Club may contact any of us or just come on over to the indoor pool during our regular swim time on Monday, Wednesday or Friday, 9-10 a.m., Desert Vista. We have swimmers at all levels and instructors who can teach swimming or improve your form. Beginner swim lessons are offered free to Club members. Contact Carol Rudolph, 869-3303.

## Table Tennis

Sun City Anthem held onto the S.A.M. trophy by beating Sun City Summerlin once again. Summerlin won the first tournament and Anthem the next three. We hosted our friends from Henderson at the Pinnacle fitness center on May 14. Tournament director Henry Blankenship did an outstanding job running the tournament. Henry also

offered his services to provide a free lesson to all of our members who attended the event. **Come join us Monday, Wednesday, Friday and Sunday at the Pinnacle, 9 a.m. to 1 p.m.** For information, call Jeff, 596-6405.

## Tai Chi

Traditional Short Form-Advanced: Monday, 3 p.m., and Friday, 2 p.m. Traditional Yang Short Form-Beginners: Wednesday, 4 p.m., and Friday, 3 p.m. Traditional Yang Family Long Form: Wednesday, 3 p.m., and Friday, 1 p.m. Andy's Form: Monday and Wednesday, 2 p.m. **Classes at Desert Vista. Dues for 2013 are \$5, payable only by check.** For information, call Jim Ko, 586-7787; Mary Catherine Straka, 256-1119; or Mery Finkle, 228-8417.

## Team Tennis

The heat has come. Early morning or late afternoon is the time for some great tennis. Bring plenty of water and sun block. Come meet some new people and get some exercise. **Annual dues are \$10 and three great parties.** For more information, call Pam Clifford, 838-6607.

## Tennis Club

The Sun City Tennis Club caters to all levels of play, from beginners on up. **Dues are only \$10, which includes league play and parties.** The next meeting will be on Tuesday, September 24, 7 p.m., Desert Vista. Visit us at [www.suncitytennisclub.com](http://www.suncitytennisclub.com). For information, call David Wells, 233-6032, or Don Pallack, 480-1992.

## Theater (Community)

**"The Paradise Retirement Village Annual Yard Sale" is like no other you've ever been to. It takes place on Saturday, September 21, 7 p.m., and Sunday, September 22, 2 p.m.** For \$8 you can laugh, sing and have the time of your life watching the antics of your friends and neighbors on stage. We're always looking for more members to join us on stage or back stage, so if you are interested in participating in our shenanigans or just want more information, call Joan Messineo, 363-3330.

## Travel

**The next meeting is Wednesday, July 10, 3:30 p.m., Desert Vista, Room 5. Checks are required** at time of show signup. At the Smith Center: June 15, "American Idiot"; June 20, "Catch Me If You Can"; July 8, "Weird Al" Yankovic - The Alpocalypse Tour; August 3, "Dixie's

6			1	8	2		3
	2			4			9
8		3			5	4	
5		4	6	7			9
	3						5
7			8	3	1		2
		1	7			9	6
	8			3			2
3		2	9		4		5

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## Chartered Clubs

Tupperware Party”; Saturday performance in the Troesh Studio: August 13, Willie Nelson & Family; August 16, Lyle Lovett & Large Family Band. Broadway shows, starting in August through June 2014: July 18, “Priscilla, Queen of the Desert” at The Venetian (old “Phantom” theater). For more information, call Marise, 242-2704, Sharon, 838-4319, or Shirley, 656-1850.

### WaterRobics

Come enjoy climate-controlled exercise in the pool. Check us out one on one. We welcome all residents to participate in classes twice before joining. You can’t beat the water for getting more out of a workout. Eight 45-minute workouts weekly at 9 a.m., Monday to Friday; plus Monday, Wednesday and Friday afternoons at 1 p.m. All sessions are designed and led by certified instructors in the Sun Shadows pool. Dues are \$110 per year and pro-rated each month. Plus, we have fun activities throughout the year. For more information, call Adrienne, 228-5673.

### Women’s Club

We will next meet at Desert Vista on Thursday, September 19, and wish our members and their families a relaxing and enjoyable summer. There is an exciting lineup of members-only programs for the fall, including a luncheon, a catered high tea and a fashion show. For membership and club information, contact Judy Auerbach, 242-0727.

### Writers Workshop

If you love to write and want to be inspired by a group of talented members, you are invited to join us twice a month. We even have a new creative writing class that will help improve your writing skills. Our meetings are the second and fourth Mondays of each month, Sun Shadows, 9 a.m. Our members are published and novice writers. We have classes on short stories, memoirs, poetry, children’s stories, etc. Annual dues are \$15. Contact President Jerry Silvers, 489-3305, or visit our blog: [suncityww.blogspot.com](http://suncityww.blogspot.com).



### Yoga

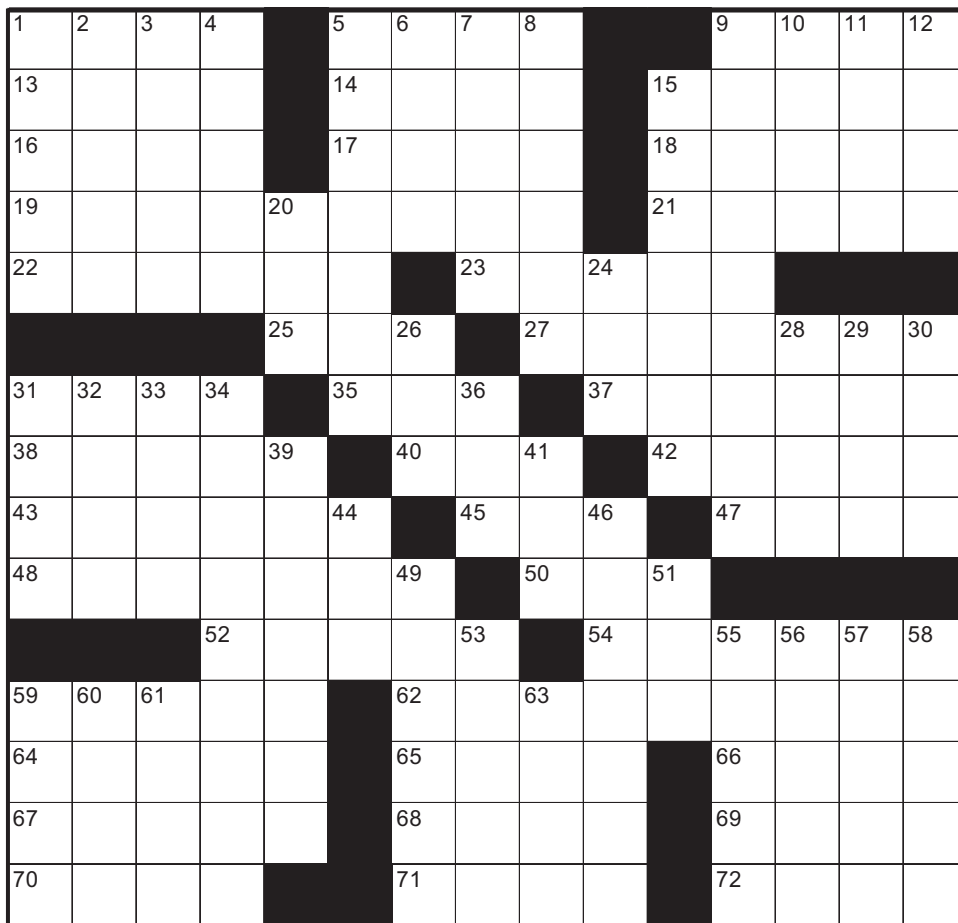
All classes are held at Desert Vista on Tuesdays, Thursdays and Saturdays, 8:15-10 a.m. Beginners are welcome in all classes. The only requirement is that you can get up and down from the floor without assistance. Monthly fees: one class weekly, \$20; two classes weekly, \$30; three classes weekly, \$45. Walk-ins any time are \$5 per class. Call Carolyn, 243-3758, or Marilyn, 254-6280.



# Crossword

## Across

1. 'I'm better than you' sort
5. Identical
9. Pet rocks and Beanie Babies
13. All-conquering emotion
14. Whom the yoke's on?
15. Fit for polite society
16. Enthusiastic
17. Merge
18. Appetite stimulant
19. Marx/Engels creation
21. Informative
22. Looked like
23. Whacks
25. Chess piece
27. Break up
31. Cat's eye, sometimes
35. Reaction to a hotfoot, perhaps
37. One of a Columbia Pictures trio
38. Kind of down
40. Blob of used gum
42. Gas used in arc welding
43. Battlement opening
45. Touch of winter
47. Naval post?
48. Mexican food
50. Fare for the toothless
52. Pet store purchases
54. Like the least convincing excuses
59. Rural landing place
62. Water down
64. Informal goodbyes
65. Champagne type
66. On the house
67. Quarrel
68. Right, on the map
69. Adolescent
70. Snapple selections



71. Levee
72. Without expending much energy
30. Monthly payment, for many
31. Quakers or Shakers
32. Former capital of Italy?
33. Footnote word
34. Dogged
36. Lurid
39. Recovery setback
41. Tango maneuver
44. Part of a journey
46. Artist's accessory
49. Wet bottom?
51. Spider in the kitchen
53. Dogcatcher's quarry, at times
55. Civilian clothes
56. Dog-\_\_\_
57. Iron alloy
58. Itty-bitty
59. 'Flee, feline!'
60. Word before irons or chains
61. Indian music
63. Long tooth

## Down

1. Doesn't just close
2. Super stars
3. Just like ewe?
4. Lower, as a light
5. When your prince will come
6. Gives the heave-ho
7. Kind of grilled sandwiches
8. Funds
9. Outburst of controversy
10. Declare openly
11. Softens, as lights
12. Delight, as a comedy club crowd
15. Bach's 'Coffee \_\_\_'
20. Not masc.
24. Starts of sneezes
26. When most children want things
28. Roman wrap
29. Qualities of the conceited





El Doctor Habla Espanol

# IN PAIN? ASK ALAIN...

Do you live with occasional or chronic pain? Do you suffer from shoulder pain, knee pain, back pain, or leg and foot pain? Tired of taking prescription pain medication?

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Dr. Coppel has been a resident and active participant in the Las Vegas community since 2006. He was born in Mexico from which he later moved with his family to the United States. They made their first home in Tucson, AZ. Dr. Coppel graduated with honors from the University of Arizona, with a bachelor's degree in Chemical Engineering. He continued his education at the University Of Arizona School Of Medicine, where he received his medical degree in 1996.

He continued his medical schooling by the completion of his residency in Anesthesiology and Critical Care at the University of Chicago Hospital in 2005. The pinnacle of his medical education career came at the prestigious Johns Hopkins University in Baltimore, Maryland in 2006, where he sub-specialized in the field of pain medicine by completing his fellowship in interventional spine and pain management.

Dr Coppel is Board certified by the American Board of medical Specialists in both the fields of Anesthesiology with Critical Care, and Pain Medicine. He has an impeccable reputation among his peers. He has become a recognized leader in pain management by providing optimal, thorough, and compassionate medical care to our patients through the incorporation and utilization of the multidisciplinary approach to the treatment of pain.

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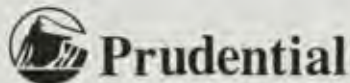


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Alterations by Susan, Crown Dry Cleaners ..... 294-1333  
 Mary Kay Cosmetics, Liz Claggett ..... 362-5685

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**Computer Tutoring & Help, Jim Ross ..... 461-8741**

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**Serl Keefer Welter Certified Public Accountants ..... 363-1971**  
 Wells Fargo Advisors, Tom Dunaway ..... 562-3920

## HOME SERVICES

**1-800-GOT- JUNK? Goodbye Junk/Hello Relief ..... 271-9333**  
**AAA Garage door & Opener repair 24/7 ..... 568-7401**  
**A-A Plumbing, Drain Cleaning, Senior Discounts ..... 776-7033**  
**A Able GE Appliance Serv, Jeff, Ret GE tech/24/7 ..... 533-3136**  
**A-Newman's Pest Control, \$20/mo. for Sun City Res ..... 682-7541**  
**A Water Heater Pros, lic # 72616, Sr. discount ..... 767-5453**  
**A Western Garage Door and Gate LLC ..... 839-3600**  
**Affordable A/C, heating, repair by A.C.S. .... 328-3002**  
**Air Duct Cleaning and Carpet Cleaning ..... 616-0011**  
 Air One Heating & Air Conditioning 15% disc on repairs ..... 384-2471  
**Al Zatkoff Painting/Wallpaper since 67, lic # 63982 ..... 610-4953**  
 All Home Appliance Services, Sr. discount, call Keith ..... 366-1861  
**All toilets, faucets, drains & elec, S.C. Resident ..... 355-1302**  
**All water softener & drinking water needs \$49 ..... 737-1957**  
**American Leak & Plumbing Repair ..... 878-3060**  
**Anytime Garage Doors ..... (702) 269-9713**  
**Appliance Repair ..... 259-8988**  
 Art's Handyman Service ..... 242-0966  
 Atomic Solar Screens (see display ad) ..... 869-2083  
 BLIND DOCTOR, window covering repair/replacement ..... 838-1001  
**Butter Plumbing, Sr. Disc. Lic/Ins. 24 hr service ..... 655-5214**  
**Carpet Guy, carpet & tile cleaning, member BBB ..... 645-3092**  
**Custom Blind Repair – All Types & Services ..... 498-9055**  
 Day & Night Handyman, Always a senior discount ..... 521-4105  
 D&B Electric, serving Sun City since '89 ..... 870-7310  
**Del Packer, handyman, menu available, \$10-\$25 ..... 203-7169**  
**Electrician Steve #72389, bond/ins, Sr. disc. .... 580-1414**  
 Garage Door Service, D&G Garage Doors, lic 62304 ..... 558-5000  
**GC Glass, windows, showers, doors, mirrors, lic. .... 281-6890**  
**Handyman Dave, tile spec., 30 yrs exp, reasonable ..... 232-2510**  
**It's Your Bugman, Sun City res, starting at \$22 ..... 341-9414**  
 Kitchen & Bathroom Cabinets refinished, refs. .... 642-8323  
**Lee's Heating & Cooling, lic/bonded ..... 378-6872**  
 Lone Mountain Pest Control, Todd ..... 240-0724  
**NOW! Electric, Sr. disc., lic/ins, 24hr ..... 736-4040**  
**Pacific Electric #23856 SR Disc. .... 433-8777**  
**PCI - Pest Control Inc. "Sun City's Primary Provider" ..... 228-4394**  
**Reliable Repair Services ..... 883-4270**  
**Titan Roofing Specialist ..... 597-0878**  
 Top Quality Cabinets, Furniture, Handy work ..... 239-2664  
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**Benita's House Cleaning licensed/insured ..... 396-7279**  
 Cleaning Ladies of Summerlin, We Like to Help. Mary ..... 755-8425  
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**Maria's Cleaning, competitive prices, lic/ins/bonded. .... 339-7977**  
 Water Softener Specialists ..... 795-4442  
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**2 Green Doctors Tree Trimming and Removal ..... 544-2355**  
**2 White Guys Landscape Maintenance, Lawn Care ..... 544-2355**  
**A-A Sprinkler Repairs, Senior discount ..... 596-5466**  
**Earthworks Landscaping, Sun City Specialist ..... 474-1599**  
 Ezequiel Lawn Care Service ..... 807-4217  
**Jeff's Lawn & Landscaping, lic # 0031233 ..... 243-2924**  
 Parra Lawn Care, sprinkler repair ..... 365-9329 or cell 250-0225  
 S & S Sprinkler, all repairs, lowest disc, Res. .... 363-1883

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 Colostomy/Urostomy Care & Teaching. Retired RN ..... 685-6924  
 Comfort Keepers, non-med, lic. w/hlth dept in home care .... 385-1000  
 Cook meals, shop, drive, refs ..... 818-5688  
 Counseling @ Kayenta, S.C. \$25 Student Interns. .... 513-0508  
 Diane's Care Giving, Sr. discount ..... 773-1100  
**EKO CAREGIVING, I live in Sun City, res. services \$12.50/hr. 689-5693**  
 Loving Assisted Care, Retired RN ..... 839-1953  
**My Personal Assistant LV(see ad pg 33 for disc) Anna .... 458-7552**  
**Renee's Caregiving – Sun City res, services \$12.50/hr .. 419-0606**  
 Rhonda's Helping Hand Care Giver 25 yrs exp. Lic ..... 493-2965  
**Retired Nurse/Home health care, low rates. Debbie. .... 580-6337**  
 Rose's Helping Hand and Hairdresser. .... 463-9861  
 Valerie's Caring Hands, Personal Care ..... 530-4629

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 Custom Electric Cars ..... 558-1546  
 Golf Cart Battery Sales & Installation ..... 531-8550  
**Estate Sales by Toni ..... (702) 271-3475**  
**Notary Services, house calls, reasonable ..... 203-4534**  
 Senior Law Center ..... 731-0000  
 Transportation around town, Dennis. .... 812-5544

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**D.C. Calder, Elite Realty, dccalder@cox.net ..... (702) 274-7850**  
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For Sale: 2486 sf home, 3 br, granite kit, tile, East patio, palms, mtn. views! Call to view. Own/lic 702-245-4249

For Rent: Unfurn. condo, 2Bd/2Ba, 1380sf on golf course, mtn views, front & back patios 804-6670

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Wanted: vintage Mah Jong set. Call Yvette 506-7890

Wanted: American Indian art, old Navajo rugs, Indian baskets, pots, turquoise jewelry, gold & silver coins, old watches, Sun City resident & collector, Mike 360-0949

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Wanted: Old casino chips and slot cards 228-2937

Wanted: Collector buying old letters, postcards & stamps, especially from China, Japan & the U.S. Collector can pay much more than dealer. Call Allen or Edward 210-8161

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